

Sneak Peek at College for Seniors Courses

Fall 2018 term dates: September 17 – November 9

Fall catalog available at OLLI and online August 3; Initial Allocation Registration August 9-16

MONDAYS

Morning

Architectural History of Asheville.....Dick Hansley
*Breaking 100 (10 a.m.–noon).....John Himmelheber
Classical Music Forms Evolve in the 20th Century.....Ted McIrvine
Embellish with Embroidery Stitches.....Jill Breaux
*Grilling with Mars and Venus (9 a.m.-noon).....Dennis & Sheila Murphy
Mindfulness-Based Stress Reduction (8:45-11:15 a.m.)....Tam O'Shaughnessy
*Practical Chess.....Mark Labinov
Paper Buffet Part 1: Appetizers.....Barbara E. Mueller
So It Goes: The Novels of Kurt Vonnegut, Jr. (Section 1).....Tom Hearron

Midday

5Rhythms Movement Exploration for Baby Boomers (12-1:30 p.m.)
.....Barbara Marlowe
Beginning Genealogy.....Mark Speer
Classical Yoga (noon-1:30 p.m.).....Wes Sparks
Compassionate Communication.....Jeff Jones
*The Emergence of Japan as a World Power.....Bradley Fuller
*Emotional Intelligence: How Emotions Affect Financial
Decisions (11:45 a.m.-1:30 p.m.).....Rick Manske
Giuseppe Verdi: His Life, Times and Operas.....Evan Baker
*Global Climate Change: A Disaster with Solutions.....Roger Helm
The Sonnet.....Bill Moore

Afternoon

Beginning French 1B.....Michael Kegan
Color Knitting Techniques.....Gail Solomon
*Joseph Campbell: The Power of Myth.....Bob Falanga
*The Sanskrit Effect: Sanskrit for Brain Health.....Linda Go
Stage to Screen: Film Adaptations of the Plays of
Tennessee Williams (2-5 p.m.).....Bill Swarts

TUESDAYS

Morning

Big History and the Meaning of Life.....Davidson Loehr
*Drawing Animals.....Bill LaRocque
*Ecology of Southern Appalachia.....Mountain True
*The Joy of Watercolor.....Sharon Kopstein
*Point-Shoot-Share.....Dennis Murphy
*The Red Scare: HUAC, Blacklists and McCarthyism.....Jim Lawrence
Search for the Historical Paul.....Harold Littleton

Midday

Appreciating Asheville's Appalachian Music.....Lewis Wills
*Best American Short Stories of the 20th Century: Part 1.....Sylvie Horvath
*Dancing on a Razor's Edge: How True Intimacy Works...Susan Trammell
Docent's Journey: American Artists and their Masterpieces.....Ari Landau
Navigating Windows 10.....Bob Davis
Photography Fundamentals.....Susanna Euston
*Christmas Music for Piano, Level 2 (12-1 p.m.).....Bobbie Rockwell
*Piano Instruction, Early Intermediate Level (12-1 p.m.)..Bobbie Rockwell

Afternoon

Design and Make Pop-Ups (2-5 p.m.).....Angelyn Whitmeyer
Energizing Yoga (2-3:30 p.m.).....Fran Ross
Good Yoga for the Elder Being (2-3:30 p.m.).....Kelly McKibben
*New Trends in West Coast Wines.....John Kerr
Making Knitted Felted Items.....Sally Pete
The Met at the Movies (2-5 p.m.).....Bill & Pat Heuermann
Robin Williams: Comic Prodigy (2-5 p.m.).....Randy Robins
*Turgenev's *Sketches from a Hunter's Album*.....Doug Cooper
*Small Changes for Healthful Living.....Deborah Freeman

WEDNESDAYS

Morning

*Acupressure for Well-Being & Better Health.....SuShen Huang
Advanced Intermediate French 3B.....Leslie Bradshaw
*Changing Times, Changing Music.....Lee Cooper
*Geology of North Carolina.....Richard Wiener
Mapping the West.....Brad Allen
Performing Stand-Up Comedy 101.....Randy Robins
*To Be Younger Next Year.....Chris Lonish, Marcia Markowitz, Barbara Rapchak
Virginia Woolf in a Course of Her Own.....Paula Osborn

Midday

*Becoming an Informed Advocate for Your Own
Healthcare—Part 2.....Karen Sanders
The Book of Genesis.....Farley Snell
Chair Yoga for Your Aging Body (11:30 a.m.-1 p.m.).....Darleen Benson
Exploring Homer's Odyssey.....Brenda Bryant

WEDNESDAYS (continued)

*Global Climate Change.....Roger Helm
*iPhone Photography.....Wiley Loughran
*Keeping Your Mind Sharp with Logic Puzzles.....Bruce Jones
*Mrs. Gaskell and the Industrial Novel.....David Barratt
*Trains & the Transformation of Western North Carolina.....Ray Rapp
*Walking Asheville's Art (11:30 a.m.-2 p.m.).....Linda Orowitz

Afternoon

The Art of Solving Crosswords, Level 1.....Lewis Rothlein
*The Business of Art and Craft in Asheville (2-4:30 p.m.)...Elizabeth Pou
*The Art & Science of Tough Conversations (2-5 p.m.).....Esther Pittman
*Happy Feet.....Jacquie Wollins
*Hiking for Beginners Level 1 (2-5:30 p.m.).....Lori Postal/Lee Orowitz
Intermediate French 2B.....Renee Raffini
*Media Influence in U.S. History: A Seminar.....Cindy Berryman-Fink
The Mystical Zen of Dainin Katagiri.....Bill Walz
Qigong and Tai Chi Basics (2-3:30 p.m.).....Liz Ridley
Silent Films from Europe & Asia (2-4:30 p.m.).....Chip Kaufmann
Strength Training for Healthy Aging, Level 1 (2-3 p.m.).....Stacie Smith
Strength Training for Healthy Aging, Level 2 (3:15-4:15 p.m.)...Stacie Smith
Yoga for Posture 101 (2-3:30 p.m.).....Annelise Mundy

THURSDAYS

Morning

Astronomy: The Planets.....Mark Whipple
Beginning Bridge.....Bob & Marilyn Evans
*Breaking 100 (10 a.m.-12 p.m.).....John Himmelheber
I Would Lie to You If I Could: A Poetry Writing Course.....Mike Ross
*Prints and Printmaking: A Brief History.....Jenny Wilker
So It Goes: The Novels of Kurt Vonnegut, Jr. (Section 2)....Tom Hearron
Versions of the Socratic.....Ron Manheimer
Yoga for Beginners.....Barbara Rapchak

Midday

*Advertising: An Illustrated History of Spectacular Successes
& Dismal Failures.....Ron Schon
Appalachian Sampler: Appreciating Appalachian Cultures
.....Carol Culler & Meridith Miller
*Best Travel Apps for iPhone & Android.....Julia & Wiley Loughran
An Encounter: Making Art into Poetry.....Bruce Spang
Great Short Stories.....Dan Damerville
*Joan Baez: Queen of Folk.....Margaret Davis
Politics: Is This What the Founders Had in Mind?.....Joe Mazelis
*What Is My Life Expectancy?.....Bob Rietz

Afternoon

French 4: *Écoutez, Parlons et Écrivons*.....Betty Carver
The Global Arms Trade, Defense Spending & the Challenge
of Restraint.....Dot Sulock & Mike Dickinson
*Masking It.....Nels Arnold
Master of Suspense: Hitchcock in his Golden Years (2-5 p.m.).....Barbara Jaslow
Milestones & Challenges of Late Life.....Meridith Miller & Carole Spainhour
*Observing the Night Sky.....Bernard Arghiere & Dominic Lesnar
*Plant-Based Cuisine Around the World (2-5 p.m.).....Bonnie Wheeler

FRIDAYS

Morning

*Acupressure for Well-Being & Better Health.....SuShen Huang
Creating Art Inspired by Poetry in Triptych
Format (9-11:30 a.m.).....Debbie Reynolds & Barbara Mueller
*Drôme: The Other Provence.....Sylvie Delaunay
*Functional Meditation (9 a.m. – noon).....Jacquie Wollins
History of Lighthouses: From Bonfires to Satellites.....Wayne Wheeler
*Taking Control of Your Retirement Planning.....John Coleman
*Tap Dancing for Fun.....Mary Walker
*To Be Younger Next Year.....Chris Lonish, Marcia Markowitz, Barbara Rapchak
*Walt Whitman: Civil War Chaplain & Freethinker.....Chris Highland

Afternoon

*Christmas Music for Piano, Level 2 (noon-1 p.m.).....Bobbie Rockwell
*Piano Instruction, Early Level (noon-1 p.m.).....Bobbie Rockwell

Unless otherwise noted class times are as follows:

Morning - 9-11 a.m.

Midday - 11:30 a.m.-1:30 p.m.

Afternoon – 2-4 p.m.

* Course does not meet for full eight weeks – check description for dates