

CFS - Curriculum Committee Descriptions

Business, Law and Finance:

Business: Courses that examine generally accepted business practices and how business operates.

Law: Courses may include development and analysis of the US Constitution, examination of the Supreme Court, as well as specific applications of the law.

Finance: Courses may focus on individual finance and investing as well as national and global financial issues.

Health and Fitness:

Health and Fitness: Courses that promote a healthy lifestyle through appropriate physical and mental stimulation including nutrition and meditation.

Dance: Courses involving physical movement including line dance, tap dance, ballroom dance, folk dance, etc.

History:

Courses that investigate, study and explain the past.

Languages, Literature and Writing:

Literature and Writing: Courses for reflective study through reading and/or writing of narrative fiction, non-fiction, short story, poetry, and memoir.

Languages: Courses in storytelling and etymology, as well as introductory, intermediate and advanced courses in World languages.

Life Transitions: (in coordination with life transitions programming across OLLI)

Geriatrics: Courses that deal with the biology and health issues of aging.

Social gerontology: Courses on social, psychological, behavioral and demographic topics specifically related to aging. These themes include grandparenting, relationships, spirituality and lifestyle topics.

End of Life: Courses that look at issues related to the final stages of life; anticipating and preparing for the end of life.

Aging in Communities: Courses that address aging in place and the support needed for sustaining elders in their neighborhoods. These community supports may be environmental, architectural, technological, economic, policy or other resources, and includes volunteering.

Math, Science and Technology:

Math: Courses including traditional subjects such as algebra and statistics, etc.

Sciences: Courses including astronomy, biology, chemistry, physics, environmental sciences, etc.

Technology: Courses including computers, mobile devices, programming, technical aspects of digital photography, etc. Courses may have a lecture, demonstration or hands-on format.

Performing Arts:

Music: Courses including music history, opera, instrumental courses, and musical theater.

Theater: Courses including acting, theater production, readers' theater, stand-up comedy, clowning, etc.

Performance Art: Lecture and discussion courses only. Dance courses involving movement are supported by the Health and Fitness committee.

Film: Courses that deal with cinema studies.

Personal Development:

Personal Development: Courses that offer participants the opportunity to learn personal and practical applications for everyday living in courses such as cooking, gardening, genealogy, beekeeping, meditation, etc.

Personal Skills Development: Courses that involve learning communication and relationship-building skills as well as self-awareness and mental development skills.

Recreation: Courses involving activities and games for leisure, fun and play.

Religion and Philosophy:

Religion: Courses pertaining to the belief in or worship of a god or gods; the service and worship of God or the supernatural. Topics may also include courses that pertain to a set of beliefs concerning the cause, nature and purpose of the universe.

Philosophy: Topics that deal with what we can know and how we know it. This may include the study of general and fundamental problems such as those connected with reality, existence, knowledge, values, reason and mind.

Social Sciences:

Sociology: Courses that discuss the origin, development, organization and functioning of human society as well as the science of the fundamental laws of social relations.

Economics: Courses examine the basic elements in the economy and markets as well as the entire economy and issues affecting it.

Political Science: Courses pertaining to the study of the process, principles, and structure of government and of political institutions; politics.

Anthropology and Archaeology: Courses that deal with the origins, physical and cultural development, biological characteristics, social customs and beliefs of humankind.

Gender Studies: Courses of an interdisciplinary nature devoted to gender identity and gender representation.

Psychology: Courses that focus on the motivation of human behavior, why we act as we do and ways of constructively dealing with ourselves, others and the human situation.

Regional Cultures: Courses in which the confluence of many social sciences leads to a unique understanding of a local or international region and the people who live there. *Appalachian Studies* is a long-standing theme of OLLI that looks at Appalachia and its history, art, music, food practices, social norms, etc.

Visual Arts:

Architecture: Courses including the art and science of designing and construction of buildings, famous architects, architectural history, etc.

Art History: Courses exploring art in terms of historical development and stylistic context.

Crafts: Courses including skill building and the construction of a product (sewing, beading, knitting).

Studio Arts: Hands-on courses that result in a finished work of art (painting, sculpture, etc.).

Photography: Courses including photography as art, digital photography and photo composition.