

Additions and Changes to the Spring 2018 Catalog

COURSE ADDED:

Fifteen Centuries of Christian Thought

Mondays, 11:30 a.m.-1:30 p.m.

8 weeks: March 26, April 2, 9, 16, 23, 30, May 7, 14

Christian thought has developed in relation to a variety of historical settings. We will look at the issues involved and the thinkers who addressed them, from the beginnings of Christianity through the Reformation. Among topics to be covered are the Trinitarian and Christological controversies, the debate over human nature by Augustine and Pelagius, and the assimilation of Aristotle into Christian Platonism by Thomas Aquinas.

—Instructor: Farley Snell

5Rhythms: Movement Exploration for Baby Boomers

Wednesdays, 11:30 a.m.-1:30 p.m.

8 weeks: March 28, April 4, 11, 18, 25, May 2, 9, 16, 2018

Location: Sherrill Center, Room 306A

5Rhythms (5R) is a dynamic movement practice of becoming aware and present in our bodies. Appropriate for all body types and abilities, 5R does not require a partner or learning routines, and each person moves at his or her own pace. Movement can also be done in chairs. 5R offers the opportunity to explore our aging bodies as we work through the five stages: flow, staccato, chaos, lyrical and stillness. Bring your open mind and heart, water, and a sense of humor. Be ready to have fun!

—Instructor: Barbara Marlowe

COURSE WITHDRAWN:

Appreciating Asheville's Appalachian Music

Mondays, 11:30 am-1:30 pm, 8 weeks: March 26, April 2, 9, 16, 23, 30, May 7, 14

—Instructor: Lewis Wills

GROOVING and Moving

Wednesdays, 11:30 am-1:30 pm, 7 weeks: March 28, April 11, 18, 25, May 2, 9, 16

—Instructor: JoAnna Fireman

AARP-Foundations of Finance

Tuesdays, 9 -11 pm, 8 weeks: March 27, April 3, 10, 17, 24, May 1, 8, 15,

—Instructor: Leslie Apple

SCHEDULE CHANGES:

The Hollywood Blacklist

4 weeks: March 27, April 3, 10, 24

NOTE: No class on April 17, First class session is mandatory

Tuesdays, 9-11 a.m.

—Instructor: Jim Lawrence