from the director

I recently spent some time in our archives and ran across a catalog from Spring 1998, when the NC Center for Creative Retirement was 10 years old, 15 years ago. While you are reading a 44-page catalog, the catalog then was 12 pages long. While you can read about Workshops, Life Transition Programs, a stellar line-up of special events with many community partners, Fab Friday lectures, 22 Special Interest Groups, and 106 courses offered through the College for Seniors, the course catalog in Spring 1998 included 44 courses. Courses in 2013 are offered for the most part at the Reuter Center, a “place to call home” built by the efforts and financial contributions of members. Courses in 1998 were offered in Carmichael Hall, Owen Hall, Karpen Hall, Rhoades Hall, and Humanities Lecture Hall on the UNC Asheville campus, at First Baptist Church, Grace Covenant Presbyterian Church, and the Montford Community Center. In 1998 instructors included Ann Karson, Mary Lasher, Bert Lockwood, and Tom Sanders; you can also take courses from these talented teachers in 2013. Our challenge is to continue to evolve, while we maintain those core values (including innovation, creativity, intellectual curiosity, and member involvement) and honor the vibrant people who volunteered and worked to make the North Carolina Center for Creative Retirement a model program in lifelong learning and will continue to make OLLI at UNC Asheville a creative and innovative place.

Catherine Frank
Executive Director, OLLI at UNC Asheville

about our programs

COLLEGE FOR SENIORS is your opportunity to learn something just for the fun of it. Courses in this program are drawn from members’ experiences and professional expertise as well as from the UNC Asheville faculty and the interests of independent scholars in our area. Courses range from Chaucer to computers, foreign affairs to opera, yoga to history. We offer four terms throughout the year, each one with different courses and opportunities.

LIFE TRANSITIONS PROGRAMS include Paths to Creative Retirement (Paths), Creative Retirement Exploration Weekend (CREW), Exploring CCRCs, and The Gift of Time. These programs are structured as thought-provoking seminars and workshops designed to challenge and inspire you to make the retirement phase of your life as fulfilling as you had always hoped and to help you find the tools to navigate change.

WORKSHOPS provide short-term, concentrated, hands-on learning opportunities for those with busy schedules looking for evening and weekend offerings. Whether you want to learn new computer skills or how to make jewelry, there is a workshop for you. You don’t even have to be an OLLI member to participate.

LEADERSHIP ASHEVILLE SENIORS is your chance to become engaged within the Asheville community. This program consists of a series of day-long seminars held at various sites in Buncombe County. Each of the sessions in the 9-week program acquaints you with the area’s history, people, institutions, and challenges by providing opportunities to meet with community leaders, activists, and politicians. One of the main goals of the program is to open the door to civic engagement and volunteering for participants eager to bring a lifetime of experience to improve their community.
**spring 2013 events calendar**

**February**
- February 26  Spring 2013 Registration, 8 am
- February 26  World Affairs Council, 7:30 pm

**March**
- March 5  World Affairs Council, 7:30 pm
- March 7  Astronomy Club of Asheville, 7 pm
- March 8  Safe Driving Program, 9 am
- March 12  World Affairs Council, 7:30 pm
- March 13  Blue Ridge Orchestra Open Rehearsal, 7 pm
- March 13  f/32 Photography Group, 7 pm
- March 15  Symphony Talk with Daniel Meyer, 3 pm
- March 17  Autumn Readers Theatre, 2:30 pm
- March 18  RSVP Information Session, 9:30 am
- March 18  Safe Driving Program, 1 pm
- March 19  Elisha Mitchell Audubon Society Meeting, 7 pm
- March 19  World Affairs Council Meeting, 7:30 pm
- March 20  Blue Ridge Orchestra Open Rehearsal, 7 pm
- March 22  New Member Welcome, 10 am
- March 25  Spring 2013 College for Seniors Classes Begin
- March 27  Blue Ridge Orchestra Open Rehearsal, 7 pm
- March 28  OLLI Town Hall Meeting, 4:15 pm
- March 29  Fab Friday Lunch and Learn Lecture, 11:30 am

**April**
- April 2  World Affairs Council, 7:30 pm
- April 3  Blue Ridge Orchestra Open Rehearsal, 7 pm
- April 4  Astronomy Club of Asheville, 7 pm
- April 5  Fab Friday Lunch and Learn Lecture, 11:30 am
- April 10  Blue Ridge Orchestra Open Rehearsal, 7 pm
- April 10  f/32 Photography Group, 7 pm
- April 12-14  Paths Workshop; Reuter Center closed for all other events
- April 15  RSVP Information Session, 9:30 am
- April 16  Elisha Mitchell Audubon Society, 7 pm
- April 17  Blue Ridge Orchestra Open Rehearsal, 7 pm
- April 19  Fab Friday Lunch and Learn Lecture, 11:30 am
- April 19  New to Medicare, 2 pm
- April 19  Symphony Talk with Daniel Meyer, 3 pm
- April 24  Blue Ridge Orchestra Open Rehearsal, 7 pm
- April 26  OLLI Arts Bazaar, 11:30 am
- April 26  New to Medicare, 2 pm
- April 28  Pan Harmonia Elegy Concert, 5 pm

**May**
- May 1  Blue Ridge Orchestra Open Rehearsal, 7 pm
- May 2  Astronomy Club of Asheville, 7 pm
- May 3  Fab Friday Lunch and Learn Lecture, 11:30 am
- May 4  Notables in WNC Lecture, 2 pm
- May 5  Asheville Living Treasures Recognition Ceremony, 1 pm
- May 7  World Affairs Council, 7:30 pm
- May 8  f/32 Photography Group, 7 pm
- May 10  Summer 2013 Catalog mails and on-line
- May 10  Fab Friday Lunch and Learn Lecture, 11:30 am
- May 10  Symphony Talk with Daniel Meyer, 3 pm
- May 13  Volunteer to Teach Idea Exchange, 4:30 pm
- May 17  Spring 2013 College for Seniors Classes end
- May 18  Reuter Center Singers Spring Concert, 3 pm
- May 20  RSVP Information Session, 9:30 am
- May 21  Summer Registration, 8 am
- May 21  Elisha Mitchell Audubon Society Meeting, 7 pm

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**Center Steering Council 2012-13**
- Chair: Cindy Berryman-Fink
- Chair-Elect: Jim Lenburg
- Secretary: Matt Mengel
- Ex officio: Dick Murray
- OLLI Executive Director: Catherine Frank
- CFS Director: Susan Poole

**Committee Chairs**
- Civic Engagement: Chuck Rosenblum
- College for Seniors: Sandra Brown & Charlotte Moore
- Facilities: Stan Glickman
- Finance: Larry Haas
- Life Transitions: Ken Macfarlane
- Marketing: Carol Gillen
- Membership: Babs Guardenier & Kathy Rouse
- Nominating: Jim Lenburg
- Planning: Barry Mundt
- Research: Steve Schleifer

**Mission:** Creating opportunities for people to thrive in life’s second half through learning, leadership, service, and research, the North Carolina Center for Creative Retirement was established in 1988 as an integral part of UNC Asheville. In 2012, we became the Osher Lifelong Learning Institute (OLLI) at UNC Asheville.

OLLI participants help develop and implement programs and policies through the Steering Council in collaboration with OLLI’s professional staff. OLLI at UNC Asheville is supported by a combination of participant fees, public funding, consulting services, gifts, and foundation grants.

WWW.OLLIASHEVILLE.COM | 3
Your gateway to **OLLI at UNC Asheville (OLLI)** programs and events is annual membership. A fee of $60 covers the period of August 1 to July 31. Member benefits include:

- **UNC Asheville parking decal**
- **UNC Asheville Photo ID (One Card)**
- **UNC Asheville Ramsey Library borrowing privileges**
- Quarterly course catalogs
- **OLLI at UNC Asheville weekly electronic newsletter**
- Rental use of the Reuter Center for personal events after one year of membership

**PARKING:** OLLI members may park in any white-lined space (not marked as visitor parking) on campus, provided they display a current OLLI parking decal on their rear window. Complete a parking form in the Reuter Center office to obtain your decal. Every member is entitled to one decal. There are additional fees for multiple and replacement decals.

**SHUTTLE:** A free UNC Asheville shuttle provides transportation around campus from 7:30 am to 5:30 pm, Monday through Friday, except during university holidays and breaks. There are stops at most parking lots, buildings, and places of interest on campus. There is a shuttle stop outside the Reuter Center upper level entrance; the shuttle typically arrives every 20 minutes.

**NAMETAGS:** Leave your name on the list at the desk outside the Reuter Center office, and we will make you a nametag. Wearing a nametag at all OLLI events and classes helps people get to know you.

**ONECARDS:** OLLI members may obtain a OneCard, the official UNC Asheville photo ID card, in Highsmith Union. With a OneCard you may receive UNC Asheville discounts at local businesses and at university special events. You may deposit funds on the OneCard either in the OneCard office or in Automatic Deposit Machines in Highsmith Union or Ramsey Library, to be used in any of the campus dining venues, including the Reuter Café. If you obtain an annual sticker for your OneCard through Campus Police, you may ride Asheville Transit at no cost.

**RAMSEY LIBRARY:** OLLI members may receive borrowing privileges at UNC Asheville’s Ramsey Library. The OneCard is your library card.

**WIRELESS INTERNET ACCESS:** You may register to use the campus wireless network by stopping by the Reuter Center front desk and asking for instructions and a password. You will have to repeat this procedure each term, because the passwords will change.

**EATING ON CAMPUS:** The Reuter Café on the Center’s lower level is open during College for Seniors Fall, Winter, and Spring terms, from mid-morning to mid-afternoon, and there are beverage and snack vending machines on the Center’s lower level. You may also eat at the dining hall in Brown Hall, the Highsmith Union Food Court, the Wellness Café in the Sherrill Center, and Ramsey Café in the Library.

**NEED MORE INFORMATION? Check out these resources:**
- Center Website: www.olliasheville.com
- Campus Map: www.unca.edu/campusmap
- UNC Asheville Events: www.unca.edu/calendar
- The Reuter Center Office—Open weekdays, 8 am to 5 pm 828-251-6140

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**registration—spring 2013 term**

**INITIATE or RENEW your Center membership (or proceed to next step if you are a 2012-13 member)**

- Complete membership form, p. 19 or 21
- Pay $60 membership fee and receive membership through July 31, 2013
- Mail in or drop off form and payment at the Reuter Center office anytime (cash or check payable to OLLI only—we do not accept debit or credit cards)

**REGISTER for classes starting Tuesday, February 26, 8 am, for best availability**

*Note:* Registration forms will be processed in order of date received at the Reuter Center on or after February 26. Forms submitted during registration on February 26 will be processed before registrations mailed or received receive prior to February 26.

- View catalog (hard copy or online at www.olliasheville.com)
- Complete registration form, p. 19 or 21
- Mail in or drop off at the Reuter Center office with payment (cash or check payable to OLLI only—we do not accept debit or credit cards)
- To apply for a scholarship for College for Seniors program fees, submit a scholarship application with your registration form. See p. 13 for details

**RECEIVE registration confirmation to be sent, Tuesday, March 12**

- Registration and drop/add begins Wednesday, March 13, and continues through the first week of classes
Involving yourself with the OLLI at UNC Asheville community is stimulating, challenging, and fun. In addition to classes we offer through the College for Seniors and Workshops, there is a wide variety of activities that offer the opportunity to learn and socialize.

**Seniors’ Health Insurance Information Program**

Older adults need accurate information about Medicare and insurance. If you would like to help seniors in our community with these often confusing and intimidating issues, the Seniors’ Health Insurance Information Program (SHIIP) needs you. Contact OLLI member Kenn Haring at kennharing@charter.net for more information; this project is part of OLLI’s Civic Engagement Committee.

### Health and Fitness Center Membership

OLLI members are invited to join the UNC Asheville Health and Fitness Center with facilities in the Sherrill Center and the Justice Center on campus. Use the registration form on page 19 or 21 to join. You will be asked to fill out an additional form outlining the terms of the membership, including information about hours of access. Membership is valid for one year from the date of enrollment. For more information, contact Ann Cadle at 828-251-6384 or acadle@unca.edu.

### Reuter Center Singers

The Reuter Center Singers, directed by Chuck Taft, study and perform classical, popular, and show tunes. They rehearse on Monday, 6:15 – 8:15 pm, and perform regularly. Participants must be OLLI at UNC Asheville members. There is a $40 fee for music, $30 for those registered for College for Seniors courses during the current term, payable to the RC Singers treasurer at your first meeting. Call Jessika Carney at 828-251-6140 for more information. Also see p. 7 for information about the group’s performances scheduled for this spring.

### special interest groups—SIGs

Once you’re an OLLI member, you may join Special Interest Groups (SIGs) as another way to learn and develop friendships based on shared interests. All SIGs are approved and evaluated by the Membership Committee and are member-organized. To find detailed information about SIGs and information about how to initiate a SIG, call 828-251-6140 or visit our website at www.olliasheville.com and look for SIGs under “Center Groups.”

**Apple SIG**

2nd Fridays, 1:30-3:30 pm
Information: Paula Withrow, 350-8406, pwwithrow@aol.com or Bob Mellor, 253-5031, BM.NCCCR@charter.net

**Backgammon**

Tuesdays, 2 pm
Information: Bruce Jones, 338-0265, bruce_e_jones@yahoo.com

**Bridge Buddies**

Wednesdays, 2:15-5 pm
Information: Debra Benjamin, 650-0311, debrabenjamin100@gmail.com

**Bridge Grads**

Thursdays, 2-5 pm
Information: Nina Hansen, 299-7711, hansenn@charter.net or Kay Harrold, 257-4027, karonharrold@gmail.com

**Creative Singles**

1st Wednesdays, 5:30 pm, potluck at the Reuter Center; 3rd Wednesdays, 5:30 pm at a restaurant. Information: Linda Lewandowski, 665-1787, themerrywanderer@yahoo.com

**Financial Strategies in Retirement**

1st Fridays, 1:30 pm
Information: Kate Beatty, 231-7710, kkbmbom@yahoo.com

**The Forum: Dialogue to Challenge Our Thinking**

Fridays, 1 pm
Information: Lou Millin, 298-3863, lmillin@bellsouth.net

**Intermediate Bridge**

Fridays, 1-4 pm
Information: Catherine Alter, 253-2342, caalter@du.edu

**Making Art Together**

Fridays, 1-4 pm
Information: Barbara Brennen, 505-1544, bbrennen33912@charter.net

**Men’s Wisdom Works**

Call or email for meeting times
Information: Chuck Fink, 713-2112, chuck@ascentleadership.com

**Mountain Dulcimer**

2nd & 4th Mondays, 3-5 pm
Information: Mary Bryant, 505-4747, mj2bryant@gmail.com

**Poetry Lovers**

3rd Fridays, 3-5 pm
Information: Pete Olevnik, 281-0774, olevnik@att.net

**Reuter Center Bowlers (Lane Bowling)**

Mondays, 1 pm
Information: Jan Guichard, 253-8776, lifebegins70001@yahoo.com

**Texas Hold’Em Poker**

Mondays, 4:15-6 pm
Information: Bruce Jones, 338-0265, bruce_e_jones@yahoo.com

**Tile Clickers (Mah Jongg)**

Wednesdays, 2-5 pm
Information: Rosemary Walton, 667-8979, rh68@bellsouth.net

**We’re Not Kidding (Support for singles and couples without children)**

Call or email for get togethers and upcoming events
Information: Dennis Desimone, 683-1454, myfrienddennis@att.net

**Wine Tasting**

2nd Sundays, 7 pm at a member’s home
Information: Mary Scott, mac8@psu.edu

**Women’s Group**

Call or email for meeting times
Information: Bobbie Bowen, 693-1523, ravery09@gmail.com

**A Writers’ Gathering**

2nd & 4th Thursdays, 4:15 pm
Information: John Himmelheber, johnhimmelheber@aol.com or Bobbie Rockwell, bobbiemayrockwell@gmail.com

**Stories for the Third Act**

2nd Wednesdays, 5-6 pm
Information: Tom Bushar, 254-4108, tbushar@gmail.com or Debbie Gurriere, 505-7453, dmgurriere@aol.com

**Making Art Together**

Thursdays, 2-5 pm
Information: Mary Bryant, 505-4747, mj2bryant@gmail.com

**Men’s Wisdom Works**

Call or email for meeting times
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**Poetry Lovers**

3rd Fridays, 3-5 pm
Information: Pete Olevnik, 281-0774, olevnik@att.net

**Reuter Center Bowlers (Lane Bowling)**

Mondays, 1 pm
Information: Jan Guichard, 253-8776, lifebegins70001@yahoo.com

**Spiritual Inquirers**

2nd & 4th Fridays, 2-4 pm
Information: T. S. Pennington, 338-0407, pennints@gmail.com

**Stories for the Third Act**

2nd Wednesdays, 5-6 pm
Information: Tom Bushar, 254-4108, tbushar@gmail.com or Debbie Gurriere, 505-7453, dmgurriere@aol.com

**Texas Hold’Em Poker**

Mondays, 4:15-6 pm
Information: Bruce Jones, 338-0265, bruce_e_jones@yahoo.com

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**We’re Not Kidding (Support for singles and couples without children)**

Call or email for get togethers and upcoming events
Information: Dennis Desimone, 683-1454, myfrienddennis@att.net

**The Wild Bunch (Hiking and naturalist programs)**

Meeting times are announced.
Information: Mary Scott, mac8@psu.edu

**Wine Tasting**

2nd Sundays, 7 pm at a member’s home
Information: Ulana Mellor, 253-5031, Ulana.Mellor@charter.net

**Women’s Group**

Call or email for meeting times
Information: Bobbie Bowen, 693-1523, ravery09@gmail.com

**A Writers’ Gathering**

2nd & 4th Thursdays, 4:15 pm
Information: John Himmelheber, johnhimmelheber@aol.com or Bobbie Rockwell, bobbiemayrockwell@gmail.com
**Astronomy Club of Asheville**
The Astronomy Club of Asheville meets the 1st Thursday of each month, 7-9 pm, and offers an interesting line-up of speakers and topics. OLLI members are welcomed to attend the club meetings and star gazes with club members on hand to advise and assist them in the basics of astronomy and the techniques of observing celestial phenomena. Participation at club meetings and events is free to OLLI members. For more information: www.AstroAsheville.org

- **Thursday, March 7, 7 pm**, Dr. Aaron Laduyze, UNC Chapel Hill, on “The Trajectory of Observational Astronomy”
- **Thursday, April 4, 7 pm**, Dr. Richard Gray, Appalachian State University, on “Young Solar Analogs”
- **Thursday, May 2, 7 pm**, Paul Gilster, journalist, Tau Zero Foundation, on “Interstellar Flight.”

**Blue Ridge Orchestra**
The Blue Ridge Orchestra is comprised of over 70 volunteers, nearly half of whom trained for a profession in music. Their passion for performing symphonic music of a high caliber at a high level brings them together at the Reuter Center’s Manheimer Room most Wednesday evenings. OLLI members are encouraged to drop by rehearsals -- especially the last in a sequence. Full rehearsals for the winter concert, featuring selections from Bizet’s Carmen Suites No. 1 and Beethoven’s Symphony No. 3 “Eroica,” run Wednesdays through February 27 at 7 pm. Full rehearsals for Mendelsohn’s Symphony No. 5, “Reformation,” and Bach’s Cantata No. 80 will take place Wednesdays between March 20 and April 24 at 7 pm. Details at blueridgeorchestra.org.

**Asheville Living Treasures Program**
Asheville Living Treasures (ALT) is an organization whose mission is to honor the elders of Asheville and Buncombe County, who have devoted their lives to making our communities a better place to live, by publicly honoring them and their achievements and recording their stories for future generations. Any senior, age 70 and above, who resides in Asheville/Buncombe County, is eligible for nomination. Nominations open January 15—March 5 for the spring nomination period. A Recognition Ceremony honoring the Treasures will be held at the Reuter Center, Sunday, May 5, 1-4 pm. The public is invited to attend. For more information visit ashevillelivingtreasures.com or contact ALT Chair, Marnie Walsh, 828-298-2231, mprescottwalsh@yahoo.com, or Committee Member, Carmen Ramos-Kennedy, 828-423-6476.

**Elisha Mitchell Audubon Society**
The mission of the Elisha Mitchell Audubon Society (EMAS) is to promote an awareness and appreciation of nature, to preserve and protect wildlife and natural ecosystems, and to encourage responsible environmental stewardship. EMAS general meetings are held at the Reuter Center the third Tuesday of the month, 7 pm. These meetings are open to the public. For more information visit the EMAS website: www.emasnc.org

- **Tuesday, March 19, 7 pm**, Lou Dwarshuis and Marilyn Kolton on “Bird Identification”
- **Tuesday, April 16, 7 pm**, UNC Asheville’s Chris Nicolay on “Bats and White-nose Syndrome”
- **Tuesday, May 21, 7 pm**, Charlotte Goedsche on her cerulean warbler research

**f/32 Photography**
f/32 is a diverse group that shares an appreciation and love of photography. Members range from amateurs who like to take point-and-shoot snapshots to working professional photographers. At monthly meetings, they share their work, learn new methods, and keep abreast of the latest industry news and equipment. OLLI members are offered free membership in f/32. Attend on Wednesdays, March 13, April 10, and May 8; all meetings begin at 7 pm. For more information: www.f32nc.com

**Medicare Choices Made Easy!**
Are you new to Medicare? Are you confused by the many choices? Unbiased and accurate information is available from trained volunteers from the North Carolina Seniors’ Health Insurance Information Program. In partnership with OLLI, free classes will be held on successive Fridays, April 19 and 26, 2-4 pm at the Reuter Center. The first session will be an overview (plans, parts, and policies) of Medicare. The second session will be in the computer lab, where we will learn how to use the resources on the Internet to compare benefits, answer questions, and enroll when you are ready. Spaces are limited so reserve your space by calling the Council on Aging, 277-8288.
Notables in WNC Book Talk
On Saturday, May 4, 2–4 pm, Jack J. Prather, author of Twelve Notables in Western North Carolina and founder of the Young Writers Scholarship at Warren Wilson College, will be joined by three ‘Notables’ for a book discussion and signing event. Prather will appear with Dr. Olson Huff, founding medical director of Mission Children’s Hospital, with his latest book Why the Clown Wouldn’t Smile; Dr. Doug Orr, president emeritus of Warren Wilson College, who is currently co-authoring a book with Fiona Ritchie Wayfaring Strangers: Connections of the Music of Scotland, the Scots-Irish and the Appalachians; and Joe Epley, a global public relations leader, with his 2011 historical novel, A Passel of Hate.

OLLI Art Bazaar
Mark your calendar for Friday, April 26, 11 am–5 pm for the 1st Annual OLLI Art Bazaar, where you will discover a showcase of members’ talents in painting, photography, jewelry, textiles, and more. Member exhibitors will have some work displayed and some for sale. This event is free and open to the public.

OLLI Town Hall Meeting
Plan to join us Thursday, March 28, 4:15 pm, to hear a report on our annual member survey and to learn the latest developments in various OLLI programs and activities. We invite you to ask questions and hear answers from the staff and Steering Council. Call 828-251-6188 for more information.

Pan Harmonia Elegy Concert
Chamber music group Pan Harmonia presents its acclaimed Holocaust Remembrance Series, Sunday, April 28, 5 pm, in the Manheimer Room. Hear music of Ervin Schulhoff and the Sephardic Diaspora, featuring Kate Steinbeck, flute, John Ravnan, viola, Amy Brucksch, guitar, Ian Bracchitta, bass. For more information: www.pan-harmonia.org/concerts/elegy/

Retired & Senior Volunteer Program (RSVP)
Retired & Senior Volunteer Program (RSVP), is a national program of the Corporation of National and Community Service, which assists older adults in finding volunteer opportunities. Locally sponsored by the Land-of-Sky Regional Council, RSVP assists our 55+ population with finding meaningful and rewarding volunteer opportunities in Buncombe, Madison, Henderson, and Transylvania counties. Come join us Mondays, 9:30–11 am, as RSVP holds monthly Information sessions, each focusing on a specific area of volunteer opportunity.

- Monday, March 18, 9:30 am, Arts & Tourism Opportunities Cancelled
- Monday, April 15, 9:30 am, Health & Wellness Opportunities
- Monday, May 20, 9:30 am, Environmental Opportunities

Each session will include a short orientation to RSVP, a presentation on a current community need, and assistance with volunteer placement. Attendees are encouraged to contact Patti Cameron, RSVP Coordinator, 828-251-6622, rsvp@landofsky.org, to reserve a spot. For those not able to attend, a personal orientation can be arranged. For more information on RSVP: www.landofskyrsvp.org

Reuter Center Singers Concert
The Reuter Center Singers, OLLI’s in-house choral group directed by Chuck Taft, study classical, popular, show tunes and other favorites and perform regionally. Mark your calendar to attend a moving choral performance at Kenilworth Presbyterian Church in Asheville on Sunday, February 24, 3 pm, and plan to attend the popular Spring Concert featuring music of the 1950s on Sunday, May 19, 3 pm in the Manheimer Room at the Reuter Center. These performances are free and open to the public. Date change for May concert to Saturday, May 18, 2013, 3pm.

Safe Driving Program
On Friday, March 8, 9 am–1 pm and Monday, March 18, 1–5 pm, OLLI, in partnership with AARP, will offer Driver Safety refresher courses designed to help mature drivers safely navigate the challenges of today’s roadways. The four-hour AARP Driver Safety course includes valuable defensive driving techniques and provides a refresher about the rules of the road and tips for avoiding crashes. Those completing the course may qualify for an automobile insurance discount. The course is offered as a nationwide effort to keep drivers behind the wheel safely. The cost of the course is $12 for AARP and/or OLLI members and $14 for non-members. To register, contact Clinton Smoke, 828-551-5578, chsmoke@bellsouth.net.

Symphony Talk with Daniel Meyer
The best way to enjoy the Asheville Symphony Orchestra’s MasterWorks concerts is to come to the Symphony Talk for the inside scoop on the music, composers, and soloists. Asheville Symphony Orchestra’s music director and conductor Daniel Meyer will speak about:

- Friday, March 15, 3 pm, Handel’s Water Music Suite No. 2 in D Major; Glass’s Violin Concerto No. 2, “The American Four Seasons,” with soloist Tim Fain on violin; Copland’s Three Latin American Sketches, and Bach’s Brandenburg Concerto No. 2 in F
- Friday, April 19, 3 pm, Pärt’s Cantus in Memoriam Benjamin Britten; Vaughan Williams’ Flos Campi with soloist Kara Poobaug on viola; Mozart’s Requiem with the Asheville Symphony Chorus and the Western Carolina University Concert Choir under the direction of Michael Lancaster
- Friday, May 10, 3 pm, Fauré’s Pavane; Saint-Saëns’ Cello Concerto No. 1 with soloist Joshua Roman on cello; Stravinsky’s The Rite of Spring

World Affairs Council
Come to the Reuter Center for these fascinating lectures and panel discussions that aim to advance international awareness and foster Western North Carolina’s global ties. OLLI members receive a discount on WAC annual membership fee. Meetings are scheduled for Tuesdays, February 19 and 26, March 5 and 12, April 2, and May 7, 7:30 pm. Please consult the World Affairs Council website (www.main.nc.us/wac/) for program details.

WWW.OLLIASHEVILLE.COM | 7
Members and guests are invited to enjoy stimulating presentations and dynamic question-and-answer sessions from local experts, about everything from music to travel and medications to wellness. Purchase lunch in the Reuter Café or bring your own brown bag to enjoy during the talk. End your week and start your weekend with Fab Fridays! This series is organized by the Health Education Series Committee and the Lunch and Learn Committee. **Fridays, 11:30 am – 1:15 pm · Reuter Center Manheimer Room (102A) · Free and open to the public**

**March 22** Has been rescheduled to May 10, 2013

**A History of Malaprop's Bookstore/Café**

As a political exile from a communist country, Emoke B'Racz has a passion to provide a space where freedom of expression is supported, where important literature—from authors backed by major publishers to those who self-publish—is available to all, where censorship has no place, where respect and service are practiced daily, where women feel safe, where all are welcome, and where books are the stars. Come hear the story of the owner and operator of one of the oldest bookstores in Asheville. Speaker change to Linda Barrett-Knopp, Malaprops General Mgr

**March 29**

**Hospice and Palliative Care: “Help Throughout Life’s Journey”**

John P. Langlois, MD, Hospice physician with CarePartners Hospice and Palliative Care and Director, Asheville Hospice and Palliative Medicine Fellowship, will describe and clarify the differences and similarities in hospice and palliative care, review eligibility criteria, and identify types of services available for each program. Life is a complex journey, and help with comfort, decision making, and the transition to death may be helpful to persons of any age. Dr. Langlois will explain the function of hospice and palliative care and how to access and utilize these services. This lecture is part of the Health Education Series.

**April 5**

**Artifacts and Archaeology:**

**The Ancient Peoples of the Asheville Region**

Dr. George Stuart will provide an illustrated survey of the archaeology of the Southeastern United States, with particular focus on Western North Carolina. The talk draws upon Dr. Stuart’s field experience in the area, beginning in 1952 with the Mulberry site in central South Carolina and continuing with the spectacular discoveries at Etowah, Georgia, between 1954 and 1958. The presentation includes a close look at ancient sites in the immediate region, from Biltmore to Barnardsville, and from Morganton to the campus of Warren Wilson College.

**April 9**

**Time = Brain: Are You Stroke Smart?**

As a nurse in the neurology department at Mission Health, George Waltman, RN, took care of stroke victims. In this talk Waltman will focus on people with risk factors who may have a stroke and people who may witness a person with stroke symptoms. Stroke is the third leading cause of death and the leading cause of serious debilitation in older adults. Approximately 800,000 people will have a stroke this year. About 80% of these could be prevented if people acknowledge risk factors. The bad news is that 95% of victims do not get to the hospital in the three hour “window of opportunity” for effective treatment. Topics will include: What is a stroke?; Four major risk factors; Facts about stroke; Identification of stroke symptoms; How to respond when witnessing a stroke. This lecture is part of the Health Education Series.

**April 19**

**The 1st Annual OLLI Art Bazaar**

Mark your calendar and plan to attend the first annual art bazaar held at the Reuter Center where you will find a broad range of art work created by OLLI members on exhibit and for sale. The work will include textiles, art, jewelry, fiber and paper art, and more. Proceeds from entry fees will benefit the College for Seniors scholarship fund.

**May 3**

**Dealing with Traumatic Brain Injury: A 360 Degree Perspective**

Dr. Cheryle Sullivan, MD, was a practicing physician for 18 years until her medical career ended due to a traumatic brain injury (TBI). As a TBI survivor she will describe her efforts and feelings throughout the recovery process, which enabled her to achieve a successful outcome. She is the author of Brain Injury Survival Kit: 365 Tips, Tools & Tricks To Deal with Cognitive Function Loss and has conducted numerous presentations on this subject. Dr. Sullivan received her medical degree from the College of Human Medicine, Michigan State University, and completed a residency in family practice. This lecture is part of the Health Education Series.
NEW OFFERINGS FOR 2013...

The Gift of Time
This five-week workshop will guide participants in the planning and communication of their end-of-life-wishes with spouses, partners, children and parents.

Sessions will provide participants with compelling, rational reasons to prepare a plan, assuming control of their desires and wishes while communicating specific directions to others.

Trained facilitators in a workshop setting initiate an extended conversation with expert speakers who will provide holistic approaches to key legal, medical, and spiritual issues.

May 31, June 7, 14, 21 & July 12, 2013
www.olliasheville.com/gift-of-time

Exploring CCRCs
Continuing Care Retirement Communities (CCRCs) are an attractive residential option for active older adults and offer a full continuum of independent housing, assisted living, and skilled nursing care within a single campus setting.

In this course we will help you assemble the relevant information and ask the right questions to see whether the CCRC is a housing option that meets your needs and to help you choose among the options available to you. Panels of experts will inform participants during sessions held at the Reuter Center. Then, on site visits to nearby CCRCs will provide understanding of local options.

May 22, 29, June 5, 12, 19, 26, July 3, 10, 2013
www.olliasheville.com/exploring-ccrcs

For more information or to register for a program, call 828-250-3871 or email ljerniga@unca.edu

CREW AND PATHS - TELL A FRIEND!

OLLI members—Do you know of someone who is planning retirement or relocation? Please help us spread the word about your OLLI’s nationally recognized retirement programs!

Paths to Creative Retirement, held twice each year, helps participants create a meaningful retirement based on their values and priorities. Friday, Saturday, and Sunday sessions are facilitated by trained OLLI members in large and small groups.

April 12 – 14, 2013
August 30 – September 1, 2013
$850 per person
www.PathstoCreativeRetirement.com

At the Creative Retirement Exploration Weekend we focus specifically on relocating in retirement—whether to Asheville or anywhere else. Our optional Sunday program is for those who are considering Asheville for relocation.

May 24-26, 2013
$400/person before May 1 · $450/person after May 1
www.AshevilleCREW.com
Welcome spring with one-day and weekend workshops that fit your interests and schedule. OLLI membership is not required to register, and workshops are open to the public. Workshops have limited space. Register on catalog page 20 or 22. For additional information or to register by phone call 828-251-6140. Credit cards are accepted, and refunds are available until 14 days before the workshop; $10/person fee is non-refundable.

OLLI Workshops are organized by a team of volunteers led by OLLI staff member Laurel Jernigan. If you have questions about the program, please contact Laurel at 828-250-3871.

**Photographic Composition: “Learn How To See”**
CRN # 20010
Friday, March 15, 1-5 pm,
Saturday & Sunday, March 16 & 17
10 am-4 pm each day
Fee: $160/member
$170/non-member

This workshop consists of classroom lecture, field work, and individual critique sessions covering photographic composition. The main objective is for students to learn how to see creatively and to apply that way of seeing to their photography. This workshop is suitable for all levels. Bring camera, manual, extra battery, lens, and accessories to the first meeting. **Materials Fee:** $10/person, payable to the instructor.

**David Simchock** (david@vagabondvistas.com) has been a professional photographer for nearly nine years, specializing in travel and editorial photography as well as portraiture, fine art, and music. David operates a studio in Asheville’s River Arts District. For more information visit his website: www.davidsimchock.com

**Use All of Your Digital Camera’s Features To Get Dramatically Improved Photos**
CRN # 20008
Monday, Wednesday & Friday
March 18, 20, 22
9 am–12 pm each day
Fee: $95/member
$105/non-member

This workshop focuses on improving the quality of your photographs by using your camera’s many features effectively. If you don’t really know how to use all of your camera’s features and options, this workshop was designed for you. Or, if you’re considering a new digital camera you’ll learn about the features offered and which ones are most important to you. Using your camera only in “Automatic,” means most of your photos are a compromise of a number of options. Taking control is easy, since the discussions are in everyday terms.

There is an **optional one hour one-on-one session** with instructor answering questions about your camera and demonstrating your camera’s features. **Individual session fee:** $30 payable to the instructor.

**Bill Roskind** (wlrbus@att.net) has more than 50 years of photographic experience, including creating prize winning images and teaching courses and workshops on composition. Bill is still working as a professional photographer.

**Introduction to Digital Workflow: How to Organize Your Digital Photos**
CRN # 20009
Friday
March 22
1-4:30 pm
Fee: $45/person

Join us for this single afternoon workshop covering all of the essentials of defining and establishing an organized and efficient digital workflow. Content will cover hardware set-up and software needs; file and folder set-up; renaming files; key- wording / tagging; ranking images; using batch operations; using meta data; searching for specific files. **There will be no hands-on computer work.**

**Materials Fee:** $5/person, payable to the instructor

**David Simchock** (david@vagabondvistas.com) has been a professional photographer for nearly nine years, specializing in travel and editorial photography as well as portraiture, fine art, and music. David operates a studio in Asheville’s River Arts District. For more information visit David’s website, www.davidsimchock.com

**Hand Painted Silk Scarf**
CRN # 20011
Saturday
March 23
10 am–3 pm
Fee: $55/person

Create a one of a kind hand painted silk scarf. Learn watercolor techniques using salt, stamps, and resists to design your own accessory. Bring photos, pictures and ideas to create unique motifs. Silk scarves, brushes, and paints will be provided by the instructor. **Materials Fee:** $15/person, payable to the instructor

**Donna Trunk** (donna.trunk@yahoo.com) is a fiber artist and teacher presently living in the Asheville area. She has taught fiber arts in NY for the last ten years in her studio, libraries, and schools. Over the last two years she has been awarded grants in art education from the New York State Council on the Arts. She has exhibited and sold her work in galleries in the Northeast, Asheville, and St. John, US Virgin Islands. For more information visit the instructor’s website, www.donnasfibers.com
workshops

Capturing Local Culture in Travel Photography
CRN # 20013  Cancelled
Saturday & Sunday
March 23 & 24
1–5 pm each day
Fee: $110/member
$120/non-member

Get beyond the common tourist’s eye with your camera. Experience another culture at a deeper level, and capture the memories with authenticity. In this workshop, you will learn: 1) How to handle the unique challenges of travel photography; 2) Photographic fundamentals of composition, color, contrast, and light; 3) How to balance participation in culture and documentation of experiences; 4) How to create a photo slide show using PowerPoint. **Materials Fee:** $5/person, payable to the instructor.

Carrie Wagner, (carrie@carriewagner.com) a native of North Carolina, has a degree in visual design from North Carolina State University. Her international experience includes living in Uganda, South Africa, Peru and Ecuador, travel to over twenty-five countries, twelve years with Habitat for Humanity International, and ten years as an independent photographer, educator, author and speaker. For more information visit the instructor’s website, www.carriewagner.com

Selling Successfully on Craigslist
CRN # 20002
Saturday
April 6, 9 am–12 pm
Fee: $40/person

Do you have things in your garage or attic that you’d like to sell, but are unsure how to find a buyer? In this workshop, you’ll learn how to use the popular web site Craigslist to sell (or give away) your unwanted goods to local people. We’ll also go over ways to make your ad more attractive and safety tips for selling online. In order to fully participate, students should have an email address they can access from any computer, familiarity with how to use their email, and basic Internet skills. Students should bring (on a flash drive) an electronic version of a picture of an item they want to sell.

Rebecca Gallo (rebecca@clutterclearingcompanion.com) is the owner of Clutter Clearing Companion. She has used Craigslist successfully to both sell things (including a cement mixer, a dresser, and a bathtub) and find things (including roommates, apartments, and even a mountain bike). For more information visit the instructor’s website, www.clutterclearingcompanion.com

Creative Acrylics and Mixed Media
CRN # 20003
Friday & Saturday
April 19 & 20
1-5 pm each day
Fee: $100/member
$110/non-member

Learn the basics of acrylic painting, and discover how to boldly take your acrylic paintings into a new direction with paper, graphite, and assorted materials. This workshop is designed to accommodate beginning painters and experienced artists. Instructor Ursula Gullow will teach students how to use various media to give their paintings drama, dimension, and texture. **Materials List:** The instructor will provide a detailed materials list prior to start of the workshop. If a participant is buying all new brushes and paint, it could cost $80-$125.

Ursula Gullow (ursulagullow@gmail.com) is a visual artist who has been investigating the possibilities of paint for nearly twelve years. Gullow received a BA from SUNY New Paltz in 1994 and an AA in graphic design and illustration from Seattle Central Community College in 2000. She was a resident artist with the Gil Society in Akureyri, Iceland, in 2005 and was awarded a Regional Artist Project Grant from the North Carolina Arts Council in 2008. Currently Gullow teaches art classes at A-B Tech. For more information visit the instructor’s website, www.ursulagullow.com
Enhancing Your Bridge Skills, Part 1  
CRN # 20005  
Saturday, April 27  
1-4:30 pm  
Fee: $40/person

These workshops teach skills to take your bridge play to the next level. Participants may enroll in one or both sessions. In the first half day workshop, we will learn transfer bidding to respond to no-trump bids. In the second half day we will focus on declarer play, learning to analyze hands, and how to plan strategically. Both sessions will be hands on learning experiences.

Rory Novell (rorynov@gmail.com), a retired educator, has been an American Contract Bridge League director since 1996. She became a Life Master playing in local and national tournaments. In 2011 she earned the rank of Bronze Life Master.

Enhancing Your Bridge Skills, Part 2  
CRN # 20006  
Saturday, May 4  
1-4:30 pm  
Fee: $40/person

Seeing and Painting in Values:  
A MUST for Artists!  
CRN # 20004  
Saturday  
May 4  
10 am–4 pm  
Fee: $75/person

The instruction will focus on seeing color as value. The workshop will explore this useful tool for artists in creating depth whether in distance or volume. We will paint a series of small panels of landscapes, still life, and non-objective/abstract compositions. This works for the beginner and the seasoned artist who wants a boost and some reminders of core components in painting. You can work in any medium; it doesn’t matter. Materials List: Students must bring their own materials. The instructor will provide a detailed materials list prior to start of the workshop.

Jennine Hough (studio@heartart2003.com) is a professional artist and a native of NC who has just moved back to the state. She has lived, painted, and taught in Atlanta and Aspen. She recently taught at Colorado Mountain College and gave workshops at the Red Brick Center for the Arts in Aspen, CO. For more information visit the instructor’s website, www.JennineHoughArtist.com

Try an Easy Appalachian Craft:  
Turkey Wing Brooms  
CRN # 20012  
Saturday  
May 18  
9 am–12 pm  
Fee: $45/person

Amaze yourself! Whether you are a beginner or advanced crafter, take advantage of this opportunity to learn from a pro. Acquire the easy skills of coiling and tabby weave. Make at least one or two Appalachian Turkey Wing Brooms. They make great gifts! Bring a friend for adventure and a short workshop! Materials Fee: $15/person to cover the cost of supplies, payable to the instructor.

Carlson Tuttle (carlsontuttle@yahoo.com) originally learned broom making from Lela Howell of Bakersville, NC. He has taught broom making at John C. Campbell Folk School since 1988 and has demonstrated broom making at the Folk Art Center regularly since 1983.

Protect Your Computer, Identity, and Data from Internet Hazards  
CRN # 20007  
Saturday  
May 18  
10 am–3 pm  
Fee: $35/person

All it takes is one false move, and your computer, online identity or your precious data is ZAPPED! With so much danger from viruses, malware, phishing, contaminated web sites, bad emails and more, it is essential to practice safe computing. This workshop is a self-defense guide for non-technical users of the Internet: you get practical and easy-to-understand ways to protect yourself from hackers. There will be no hands-on computer work.

Neil Rosenberg (neil@vectorr.com) is an engineer and educator and a graduate of MIT and Stanford. His current work includes creating CyberSecurity curriculum for a major federal contractor. He also has a knack for making technology understandable to non-technical persons.
The largest program of OLLI at UNC Asheville is College for Seniors (CFS), a lifelong learning program offering more than 280 courses to 1700 members annually, during four terms:

**Spring:** March 25 – May 24, 2013 (registration begins February 26)
**Summer:** June 17 – July 29, 2013 (registration begins May 21)
**Fall:** September 16- November 8, 2013 (registration begins August 15)
**Winter:** January 13- February 24, 2014 (registration begins December 3)

**SPRING 2013**
**March 25 - May 24, 2013**

**NOTE:** Be sure to check dates listed for each course.

**Fee: $115 for the term**
This flat fee allows you to register for up to 3 courses, listed on pp. 18-41 during the initial phase of registration.

Confirmation will be mailed on March 12.

After you receive your schedule, you may add additional courses without cost. Courses may be added prior to the start of the second class period in the course.

If you cannot attend a course that you enroll in, please work with office staff to drop the course so someone else may attend.

**OLLI Membership is required to enroll in CFS**

**REFUNDS:** Cancellation must be received by 3 pm March 22 for a full refund. This applies to ALL fees for CFS classes.

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**Teaching in College for Seniors**
At the heart of the College for Seniors program are dedicated volunteer instructors. While many instructors are retired academics, others with no formal teaching background have successfully facilitated learning experiences centered on their areas of passionate interest or expertise. To best orient the first time instructor and to enhance the skills of experienced teachers, a number of guides and programs are available.

**Volunteer to Teach: Course & Teaching Idea Exchange**
The Curriculum Subcommittee of CFS hosts a meeting each quarter to provide information for potential instructors and to hear their ideas for new courses. Members of the Curriculum Subcommittee are on hand to discuss course topics and to advise on course proposal preparation and related matters. Upcoming meetings are scheduled:

May 13 – 4:30-6:30 pm
August 12 – 4:30-6:30 pm

**Guides**
An instructor guidebook and a facilitator handbook have been prepared by CFS subcommittees. For information or a copy of either guide, contact Anne Mock at 828-251-6198.

**Course Proposal Due Dates:**

| April 15 | for Fall 2013 |
| July 15 | for Winter 2014 |
| October 15 | for Spring 2014 |

Proposal forms are available on the OLLI website at: olliasheville.com/forms

**QUESTIONS ABOUT CFS? SUGGESTIONS?** Contact CFS Director Susan Poole: 828-251-6873
Appalachian Studies

Interest in Appalachian lifestyle, culture, and customs is a natural outgrowth of living in this region. In light of this curiosity, the College for Seniors developed an Appalachian Studies program to present a continuing series of courses and events specifically highlighting the region, its heritage, and its future.

To find these courses, look for the tree logo next to listings. Appalachian Studies course offered in Spring 2013 are: Birds and Wildflowers of the Blue Ridge (p. 27), Geology of North Carolina from the Blue Ridge to the Ocean (p. 40), History of Southern Appalachia (p. 35), and Walking Asheville: Art and Architecture (p. 30).

Small Group Learning Circles

Learning Circles are courses designed to encourage participants to share their life experiences in a facilitated conversation group. Each member of a Learning Circle is both a learner and a teacher; the emphasis is on the individual’s experience as it relates to the topic. Learning Circles encourage exploration of different points of view and use dialogue in a format distinct from debate. They also help participants develop good listening (focusing) skills, leading to what we call “transformative learning.” Because participants in a Learning Circle quickly form a cohesive unit where individual experiences are shared with the group, it is strongly recommended that participants enroll in a Learning Circle only if they can commit to attending each class. To find courses that are Learning Circles look for the circle logo next to each course. Learning Circles offered in Spring 2013 are: Postwar American Society in the Years of Confidence (p. 39), The Art of Facilitating (p. 28), Men in Transition (p. 28), Seventy-Five and Beyond (p. 37), and Transitioning Into Wise Women (p. 36).

Wellness and Recreation Courses

Wellness and Recreation courses with this symbol $20 each require a $20 fee, in addition to your College for Seniors fee of $115, remitted with your registration form. Failure to include the fee with the registration form will result in delayed processing of your course requests. These fees offset the cost of paid College for Seniors instructors who must be certified to teach.

Because of topic popularity, you may take only one yoga or t’ai chi course per term. You may be asked to sign a liability waiver at the first class for some Wellness and Recreation courses. It is recommended that you check with your physician before you begin any new physical activity.
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Saturday, May 4, 10 am – 4 pm
Seeing & Painting in Values...............12

Saturday, May 18, 9 am – 12 pm
Turkey Wing Brooms........................12

Saturday, May 18, 10 am – 3 pm
Protect Your Computer,
   Identity, & Data..............................12

Don’t forget to add these programs to your schedule...

Fabulous Fridays Lunch and Learn Lectures
See page 8 for details.

New Member Welcome
Friday, March 22, 10 am
Learn about programs & activities

Find ways to participate in our community of learners

• Meet new friends
• Ask questions
• Get involved

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Mondays, 9-10 am

Beginning Guitar
CRN # 20014
8 weeks (16 sessions): Mar. 25, 28, Apr. 1, 4, 8, 11, 15, 18, 22, 25, 29, May 2, 6, 9, 13, 16
Mondays and Thursdays, 9-10 am

This eight-week course in basic guitar playing will introduce you to chords to use while accompanying familiar songs as well as teach simple music reading. Participants will also learn how to write their own lead-sheet for copywriting original songs.

Owen Middleton (owenmiddleton@gmail.com) has taught guitar for four decades. A published composer and author, he has performed and taught at a number of colleges and universities. His works are performed and celebrated word-wide and are the subject of two doctoral dissertations, one by Dr. Gregory Newton at UCLA entitled *An American Original: The Guitar Music of Owen Middleton*, and a second by Dr. Barton Moreau at Arizona State University entitled, *Piano Works of Owen Middleton*.

Mondays, 9-11 am

The Age of Napoleon
CRN # 20015
8 weeks: Mar. 25, Apr. 1, 8, 15, 22, 29, May 6, 13
Mondays, 9-11 am

Napoleon, one of the greatest military leaders in history, was given command of the French army at the age of twenty-seven, staged a coup d’état at thirty, and proclaimed himself emperor at thirty-four. His spectacular military and political career spanned two decades, from the French Revolution to Waterloo, a period now known as “The Age of Napoleon.” In this course we will explore the genius and controversies behind Napoleon’s military and political success, as well as his extensive contributions to political philosophy, the arts, and sciences.

Bert Lockwood (kelockwood@mindspring.com) served in the United States Army, working with Dr. Wernher von Braun in the army’s missile and space program, the secretary of the army at the Pentagon, as associate professor of engineering at the US Military Academy, and commander of Picatinny Arsenal. He later worked in the defense industry. He attended the US Military Academy, the University of Michigan, and Columbia University. He has taught numerous history courses at the College for Seniors.

The Camino de Santiago
CRN # 20016
1st 4 weeks: Mar. 25, Apr. 1, 8, 15
Mondays, 9-11 am

The Camino de Santiago is a thousand-year-old pilgrimage route that crosses northern Spain and has several connectors in other European countries. The course will provide an authentic picture of life on the Camino—its historical heritage, natural beauty, international fellowship, and spirituality—through presentations, numerous photos, and the experiences of local people who have been pilgrims on the Camino.

Before retirement, Tom Sanders (tsanders.avl@gmail.com) was a professor, Chris Slater (crslater@aol.com) an engineer at Mission Hospital, and Don Walton (donwalton@bellsouth.net) the financial officer at the Grove Park Inn. All have hiked the entire Camino in Spain and France, with Don having also hiked the Swiss section.

Listening to Music: The Lyric Voice
CRN: # 20017
6 weeks: Mar. 25, Apr. 1, 8, 15, 22, 29
Mondays, 9-11 am

“Poetry translates music” (Kenneth Koch). Here is an opportunity to discover where poetry and music intersect: through form, tone, color, meter, melody, line, and listening. The class will read an essay by Kenneth Koch, as well as poetry by numerous authors. We will listen to music, recorded and live, and write. Words will sing for you. Sitting behind her cello in a symphony orchestra for thirty years, Carol wondered why music called up poets she loved. Now she wonders how poetry calls up music. Let’s ponder this together. Carol will bring her cello.

Carol Pearce Bjorlie (bjorlie.carol@yahoo.com) has an MFA in writing from Hamline University. She taught writing at the Loft Literary Center in Minneapolis for ten years, and is a returning teaching artist here at the Reuter Center. Carol read poetry by Minnesota poets in response to music at the October 2000 opening of an exhibit at the Minnesota History Center, “Sounds Good To Me.” Her poetry is frequently music-inspired. Her book, *Behind the Cello*, was published in 2012 by Main Street Rag Press in Charlotte, NC.
"Poetry translates music" (Kenneth Koch). Here is an opportunity to discover where poetry and music intersect: through form, tone, color, meter, melody, line, and listening. The class will read an essay by Kenneth Koch, as well as poetry by numerous authors. We will listen to music, recorded and live, and write. Words will sing for you. Sitting behind her cello in a symphony orchestra for thirty years, Carol wondered why music called up poets she loved. Now she wonders how poetry calls up music. Let's ponder this together. Carol will bring her cello.

Carol Pearce

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- I volunteer to be a CLASS REP in one of my CFS courses

**Priority Course Name**

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**Priority CFS Course Name**

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*If any of the above courses are not available, try these alternates:*

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I am listing several options above and want to take this number of courses (up to 3): 

Your registration will not be processed without your final number of courses written in box above.

Add $20 to your $115 CFS fee for each CFS Wellness & Recreation course marked with a 🎉

**Spring 2013 College For Seniors Registration Fee – $115**

(Carry forward your CFS SUBTOTAL to the next page)
Spring 2013 College For Seniors Registration Fee – $115
(From previous page)

CFS SUBTOTAL $__________

Workshops – OLLI membership is not required

20010____ Photographic Composition: “Learn How to See” ($160/member, $170/non-member)
20008____ Use All of your Digital Camera’s Features ($95/member, $105/non-member)
20009____ Introduction to Digital Workflow ($45/person)
20011____ Hand Painted Silk Scarf ($55/person)
20013____ Capturing Local Culture in Travel Photography ($110 /member, $120/non-member)
20003____ Creative Acrylics and Mixed Media ($100/member, $110/nonmember)
20002____ Selling Successfully on Craigslist ($40/person)
20005____ Enhancing Your Bridge Skills, Part 1 ($40/person)
20006____ Enhancing Your Bridge Skills, Part 2 ($40/person)
20004____ Seeing & Painting in Values ($75/person)
20012____ Turkey Wing Brooms ($45/person)
20007____ Protect Your Computer, Identity, & Data ($35/person)

Workshops SUBTOTAL $__________

2012-13 OLLI Member for $60
Membership year is August 1-July 31

Membership SUBTOTAL $__________

Health and Fitness Center Membership - $350
OLLI Membership REQUIRED. This is an annual membership and runs from the date of purchase for 365 days.

HFC SUBTOTAL $__________

Add SUBTOTALS and enter TOTAL PAYMENT

• Bring or mail this form with your payment
• CFS faculty, attach vouchers
• Attach your scholarship application (if applicable)

TOTAL PAYMENT ENCLOSED $ _______

Bring or Mail to:
OLLI, Reuter Center
UNC Asheville, CPO# 5000
One University Heights
Asheville, NC 28804-8516

Check box at left to go paperless and no longer receive a printed catalog in the mail.
We’ll email you when the catalog is available on the OLLI website-www.olliasheville.com

Add a scholarship application (if applicable)

Get Involved! BECOME A CENTER VOLUNTEER

One of the unique strengths of OLLI is the involvement of its members in every aspect of programming and operations. We need you – your time, talent, and enthusiasm.

I currently volunteer at OLLI  Yes, I would like to volunteer at OLLI (complete below)

I like:  My interests include:

☐ Committee/group work  ☐ Civic Engagement  ☐ Photography
☐ Short term/events (<month)  ☐ Finance  ☐ Planning events
☐ Ongoing (3-12 months)  ☐ Health & Wellness  ☐ Planning programs
☐ Other interests or expertise: ________________________________

10 | SPRING 2013
OLLI Spring 2013

Banner ID: __________________________ Data entry: _______ Verified by: _______ Amt: _______ Ca/Ck #: _______

Check here if your postal or email address has changed  

Name _____________________________________________________________________________
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Address __________________________________________________________________________________________
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  for internal use only  
  I don't use email
Emergency Contact _____________________________________________________________________________
  Name ___________ Relationship ___________ Daytime phone ___________

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TOTAL PAYMENT ENCLOSED $__________

Cash or checks only
Make checks payable to OLLI

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☐ Ongoing (3-12 months) ☐ Health & Wellness ☐ Planning programs
☐ My interests include: ☐ Marketing ☐ Reuter Center facility
☐ Membership ☐ Strategic planning
☐ Office work ☐ Teaching (subject: ____________________)
☐ Other interests or expertise: ____________________
## Therapeutic Yoga for Healthy Backs

**CRN # 20018**
8 weeks: Mar. 25, Apr. 1, 8, 15, 22, 29, May 6, 13
Mondays, 9-11 am

If you experience occasional aches or chronic pain, get back in action with therapeutic yoga. This course will include evidenced-based yoga for chronic low-back pain as proven in the National Institutes of Health study, published in the *Annals of Internal Medicine*. Alleviate pain, gain strength and flexibility, improve posture and balance, learn breathing and meditation techniques to enhance the cardio-vascular system, improve mood, lessen anxiety, and renew energy for overall well being. **Please bring a yoga mat and blanket, large towel or small rug to class.**

**NOTE:** Due to topic popularity, participants may take only one yoga course per term.

Ann Mundy (ann@bluebirdyoga.net) began yoga at the age twenty-three. As part of her process for healing after a traumatic injury, she developed Bluebird Yoga -- a therapeutic practice for healthy backs. She is also an award-winning television documentary producer-director.

## Accepting Differences and Increasing Understanding: Gays and Lesbians in American Families

**CRN # 20019**
8 weeks: Mar. 25, Apr. 1, 8, 15, 22, 29, May 6, 13
Mondays, 11:30 am-1:30 pm

The intent of this course is to educate participants about why they should care about the issues of homosexuality and faith, invite them to talk but not necessarily agree, and give them the tools to respond to the issue out of love, rather than fear. The course centers around the award-winning film, *For The Bible Tells Me So*. Following the film presentation, there are six sessions to discuss issues surrounding homosexuality in contemporary society. **Materials fee: $5 for the course study guide, to be paid to the instructor at the first class.**

Robert Henderson (roberthender@gmail.com) holds a masters degree in theology from Perkins School of Theology at Southern Methodist University. He received his osteopathic degree from the University of North Texas Health Sciences Center and his medical degree from Texas Tech University School of Medicine. He is board certified in obstetrics and gynecology, specializing in women's health, general and geriatric gynecology, and urogynecology.

## Beginning Ballroom Dance: Tango and Rumba

**CRN # 20020**
8 weeks: Mar. 25, Apr. 1, 8, 15, 22, 29, May 6, 13
Mondays, 11:30 am-1:30 pm
**Location: 351 Sherrill Center**

Let’s get passionate! Tango and rumba are both dances of passion. Tango is a strongly-led dance with sharp moves and beautiful poses, while rumba is slower and sensual. Not only will you learn the steps, but you’ll reap the added rewards of good exercise and improved balance. Most of all, you’ll meet other friendly people and have a great time while learning. No partner is required. We will switch dance partners throughout the class so that each student gets time on the dance floor with different partners. Ballroom dance requires you to slide on the floor, so please wear shoes with leather soles, dance shoes, or other shoes that slide easily on wood floors. Sneakers are not recommended because they don’t slide and they impede your ability to do proper footwork. So put on those dance shoes, and let’s have some fun. As Wayne Dyer says, “When you dance, your purpose is not to get to a certain place on the floor. It’s to enjoy each step along the way.” Let’s enjoy those steps together!

Sherry Lubic (lubic@msn.com) worked as a ballroom dance instructor at a studio in Naples, FL, before moving to Asheville with her husband, Bill. Among her varied career choices, instructing dance was her favorite. Dancing is joyful for her; inspiring that sense of joy in others is one of her greatest pleasures.

## Fifteen Centuries of Christian Thought and Conflict

**CRN # 20021**
8 weeks: Mar. 25, Apr. 1, 8, 15, 22, 29, May 6, 13
Mondays, 11:30 am-1:30 pm

Christian thought has developed in relation to a variety of historical settings. We will look at the issues involved and the thinkers who addressed them, from the beginnings of Christianity through the Reformation. Among topics to be covered are the Trinitarian and Christological controversies, the debate over human nature by Augustine and Pelagius, and the assimilation of Aristotle into Christian Platonism by Thomas Aquinas.

Farley Snell (snellfarleyw@netscape.net) has been teaching courses in religion at the College for Seniors since Winter 2009. His PhD is from Union Theological Seminary in New York City.
The Whitechapel murders in 1888 have always been a mystery. Who committed the murders? Were they the work of a single person, or was there a conspiracy? If there was a conspiracy, who was involved—socialists, Fenians, the Royal Family, Masons? If there was a single murderer, why did he/she commit these crimes, and why did the murders suddenly end? In this class, we will watch a series of fictional films which attempt to answer these questions. Will we reach a conclusion? You’ll have to take the class to find out!

Lewis Wills (lewiswills2011@gmail.com) has an MA in folklore and mythology from UCLA and a PhD from Georgia State University in educational media. He has also walked the streets of Whitechapel in the East End of London.

Men, Women, and Money
CRN # 20023
6 weeks: Mar. 25, Apr. 1, 8, 15, 22, 29
Mondays, 11:30 am-1:30 pm

It is well established that when it comes to retirement and estate planning, men and women take different approaches and hold different views. Whether you are male or female, you will be introduced in this hands-on course to a number of ideas and projects to help you build a reasonable and sustainable financial strategy to manage income and expenses during retirement, and to plan for your heirs. Please bring a binder with organizational tabs to the first class.

Certified public accountant Patrick Chitwood (pat4956@gmail.com) received his PhD in psychology from the University of Alabama. The owner of Chitwood Advisory Group, he has also been a chartered financial consultant since 1989. He has been published in several financial journals such as The Journal of Accountancy, Psychonomic Science, The Investment Advisor, and The Financial Planner. Karen Rubin, (karenrubin1@gmail.com) earned the designation of certified financial planner in 1986. She has a BA in psychology from San Francisco State University and an MBA from the College of Notre Dame. She has worked and taught in the financial services industries for thirty years.

Science Fiction Short Stories and How They Relate to Current Events
CRN # 20024
8 weeks: Mar. 25, Apr. 1, 8, 15, 22, 29,
May 6, 13
Mondays, 11:30 am-1:30 pm

In this course we will focus on early mid-twentieth century science fiction short stories we read online and discuss what has evolved from these stories. We will be concentrating on how the individual short stories relate to current events. Four themes will be examined: robots, aliens, alternate universes, and technology. Authors to be discussed will be Asimov, Clarke, Kress, Padgett, Aldiss, Ernst, and Taine.

Norris Orbach has taught various aspects of science fiction literature in community colleges, workshops, and the College for Seniors. He estimates that he has read about 70,000 science fiction short stories.

Mondays 2-4 pm

Continuing Piano
CRN # 20025
8 weeks: Mar. 25, Apr. 1, 8, 15, 22, 29,
May 6, 13
Mondays, 2-4 pm
Location: Lipinsky Piano Lab

This course is a continuation of the Fall 2012 Continuing Piano course. New students must get the approval of the instructor before registration. Materials fee: $10 for new students to cover the cost of a notebook of materials provided by the instructor. The books required for this class may be purchased at SoliClassica, 1550 Hendersonville Road (277-4111). Participants are expected to play between class meetings; access to a keyboard or piano is required.

Marla Woeckener (marla4musi@aol.com) has been teaching CFS piano courses since the fall of 1999. She is a graduate of the University of Colorado.

Introduction to Great Books: Third Series
CRN # 20026
8 weeks: Mar. 25, Apr. 1, 8, 15, 22, 29,
May 6, 13
Mondays, 2-4 pm

Enjoy reading and discussing a group of the most challenging yet delightful works ever written by some of the most stimulating minds of all time. Included in the course are an eclectic collection of short essays, stories, and plays designed to help illuminate ourselves and our world. Readings for eight weeks will include works by Aristotle, Dewey, Mill, Kant, Woolf, Kafka, and others. Required text: Introduction to Great Books –Third Series, ISBN: 978-0-945159-99-5. Cost: $14.95

Holding a master’s degree from the University of Chicago, Bob Wiley (rlw303@bellsouth.net) has taught at Northwestern University, led discussion courses at the College for Seniors, and has lectured for Blue Ridge Center for Lifelong Learning and the Road Scholar program.
Let’s Get Growing
CRN # 20027
6 weeks: Mar. 25, Apr. 1, 8, 15, 22, 29
Mondays, 2-4 pm
This course will draw upon the expertise of experienced gardeners from the Men’s Garden Club of Asheville and includes a visit to their greenhouse. This course covers how to combine perennials and shrubs with annuals, compost issues, growing healthy and productive plants and vegetables, propagation of plant materials, landscaping, planting and developing a butterfly garden, and the use of woody plants to enhance the beauty of your yard. The course will include a tour of a model residential yard created and spectacularly landscaped by one of the club’s members.

Carl Peterson (cpeterson162@charter.net) is the course coordinator. He has been a past president of the Men’s Garden Club of Asheville and will be coordinating nine instructors from the Garden Club for this course. Most of the instructors are Master Gardeners; all have extensive experience and knowledge to share.

Making Decisions Using Math
CRN # 20028
1st 4 weeks: Mar. 25, Apr. 1, 8, 15
Mondays, 2-4 pm
Come and explore the ways we make decisions and look at a mathematical approach. No math background is required, just the courage to make guesses and reason together. We will work in groups to ponder if there is such a thing as a fair election, how to equitably divide resources, as well as how to quantify risk as a tool in assessing public policy. Don’t expect lectures and spoon-feeding. We will spend almost the whole class working in groups trying to solve problems that work toward an understanding of these topics. Come join us and exercise your brain.

Jane Hartsfield (awesome1jh@yahoo.com) received a PhD in applied mathematics from Rice University in 2006. She was an assistant professor at UNC Asheville’s mathematics department from 2006-2008. Jane has taught at the University of Georgia, California State University, Auburn University, Rice University, and American University.

Oscar Wilde’s The Picture of Dorian Gray and The Importance of Being Earnest
CRN # 20029
8 weeks: Mar. 25, Apr. 1, 8, 15, 22, 29, May 6, 13
Mondays, 2-4 pm
In this course we will read and discuss the novel The Picture of Dorian Gray and the play The Importance of Being Earnest, as well as examine the colorful life of Oscar Wilde, including his life style and imprisonment. Why do we still see Oscar Wilde quoted so often? It is likely because he had a lot to say. **Required texts:** The Picture of Dorian Gray and Other Stories, Oscar Wilde, ISBN: 978-1-56619-634-5. Cost: $9. The Importance of Being Earnest and Four Other Plays Oscar Wilde, ISBN: 978-1-59308-059-4. Cost: $6.95

Paul Spivey (jspivey20@charter.net) has a BA from Northwestern University and worked for thirty-five years at the Northern Trust Bank in Chicago, retiring as a vice-president. During retirement, he has pursued his avocation, which is literature. He has taught a number of literature courses at the College for Seniors.

Out of Your Box
CRN # 20030
1st 4 weeks: Mar. 25, Apr. 1, 8, 15
Mondays, 2-4 pm

OR
CRN # 20031
2nd 4 weeks: Apr. 22, 29, May 6, 13 (note late start date)
Mondays, 2-4 pm
Drawing from a varied menu of improvisations, theatre games, tongue twisters, monologues, and dialogues from Noel Coward, Woody Allen, Gilbert and Sullivan, and a touch of Shakespeare, we will renew and stretch our intuitive, creative, and playful nature. While acting experience is not necessary, come with an open attitude, ready to explore and play with what is “outside of your everyday box.” **Participants may enroll in only one of the two offered courses.**

Kermit Brown (kermitbrown@bellsouth.net) is an Equity actor with forty years’ experience as a professional actor. He has worked with the Alabama Shakespeare Festival and toured with Jackie Gleason, Helen Hayes, and Louis Jourdan. Nels Arnold (pikwik@bellsouth.net) has performed in theater and improvisational theater in Asheville since 1985.

Plantations of the South Carolina Low Country
CRN # 20032
2nd 4 weeks: Apr. 22, 29, May 6, 13 (note late start date)
Mondays, 2-4 pm
Only a half day’s drive from Asheville lies another world—that of Charleston and the South Carolina Low Country. This course—part history, part travelogue—will trace the intriguing story of the plantations that made South Carolina the richest of the American colonies. We will look at life and work on the plantations from colonial days through the post-Civil War era and what the visitor might see touring this world today.

Barbara Weatherall (bwwweather@bellsouth.net) is an avid reader and student of history. With a master’s degree in library science, she has worked at the Universities of Cincinnati and Illinois. She has family roots in South Carolina.
**Mondays 2-4 pm continued**

**Short Stick T’ai Chi**
CRN # 20033
8 weeks: Mar. 25, Apr. 1, 18, 15, 22, 29,
May 6, 13
Mondays, 2-4 pm
**Location: 351 Sherrill Center**

Short Stick T’ai Chi is a form of twenty-eight movements in the Yang Style, which promotes balance, flexibility, and coordination. It can be practiced with walking sticks, canes, and even umbrellas. This practice helps to center the mind and improve focus and concentration. It has an element of self-defense which can be learned by all. Some exposure to t’ai chi principles is a prerequisite. Please bring a dowel or plain stick, about thirty-two inches in length, to class. **NOTE: Due to topic popularity, participants may take only one t’ai chi course per term.**

*Terry Call* (tfcall@gmail.com) has been studying and teaching t’ai chi for sixteen years. He has trained in several styles of hand form, weapons forms, and push hands. He has a special interest in the art of t’ai chi as an exercise for active seniors.

**German Cinema During The Weimar Republic, 1919-1928**
CRN # 20034
8 weeks: Mar. 25, Apr. 1, 8, 15, 22, 29,
May 6, 13
Mondays, 2-4:30 pm

This course examines the rise and development of German silent cinema in the 1920s through a series of eight films produced over a ten-year period and discussions of the ways those films are a reflection of what was happening in German society at the time. Films include *The Golem, The Hands of Orlac, The Oyster Princess,* and *Berlin: Symphony of a Great City.*

*Chip Kaufmann* (jjk44@bellsouth.net) is a classical music announcer at public radio station WCQS, a member of the Southeastern Critic’s Association, and a lifelong student of silent cinema. He also lectures on composers for the Asheville Symphony Orchestra.

**The Reuter Center Singers**
CRN # 20035
8 weeks: Mar. 25, Apr. 1, 8, 15, 22, 29,
May 6, 13
Mondays, 6:15-8:15 pm

The Reuter Center Singers is the resident choral ensemble of OLLI at UNC Asheville. No audition is required. Singing a wide array of musical styles and public performance is on the agenda. Those enrolled in College for Seniors courses pay a discounted music fee of $30 per term. See additional information on page 5.

*Chuck Taft* (cvstaft@aol.com) is director for the Asheville Lyric Opera and Haywood Arts Repertory Theatre.

**Tuesdays 9-10:15 am**

**Introduction to Yin Yoga and Meditation**
CRN # 20036
6 weeks: Mar. 26, Apr. 2, 9, 16, 23, 30
Tuesdays, 9-10:15 am
**Location: Meditation Room**
**Sherrill Center**

In every seventy-five minute session of this course, we will begin with short guided meditations, move into yin yoga (restorative postures held for several minutes at a time) to stretch the connective tissues that bind our bones and joints, and end with deep relaxation practices. Students learn methods for continuing to meditate on their own and gain greater elasticity in the large joints of the body. All levels are welcome; students should be able to get down to the floor and back up again without assistance. **Please bring yoga mats or blankets if you have them. Recommended text:** *Yin Yoga, Outline of a Quiet Practice,* Paul Grilley, ISBN: 978-1 883991-43-2. Cost: $14. **NOTE: Due to topic popularity, participants may take only one yoga course per term.**

*Susan Kaagan* (susan-bpcusa@att.entr) is a registered yoga teacher, nationally certified through the Yoga Alliance. She loves sharing the gift of yoga, and delights in the exchange of energy between teacher and student. She has previously taught this course at the College for Seniors.

**Tuesdays 9-10:30 am**

**Low Impact Functional Training**
CRN # 20037
8 weeks: Mar. 26, Apr. 2, 9, 16, 23, 30,
May 7, 14
Tuesdays, 9-10:30 am
**Location: 351 Sherrill Center**

This course will contain dynamic intervals of aerobic movements combined with body conditioning, core exercises, and resistance and strength training. Participants will learn about weight management as well as flexibility and balance modalities. The core stabilization is Pilates-based and is meant to increase mobility and decrease injuries. By increasing strength, the participants will develop a full range of motion within their joints.

*Eliza Morgan* has been a group exercise instructor for twenty-three years and a Pilates instructor for eleven. She taught various exercise classes at the Asheville YMCA from 1994 to 2007, and has been teaching at the YWCA since 2007. Holding certifications in various exercise modalities, her passions include bodybuilding, strength training, volleyball, and running.
Tuesdays 9-11 am

Apple, Inc.: From A to Z
CRN # 20038
1st 4 weeks: Mar. 26, Apr. 2, 9, 16
Tuesdays, 9-11 am

If you are interested in learning about the largest technology company in the world by revenue and profit, join me for a history of Apple, Inc., from a garage in Los Altos, California to the most valuable company in history.

Larry Fincher (larryfincher@mac.com) has lived and worked with computers for fifty years and has developed a unique perspective on the history, science, and use of computers. He has been a Macster since 1987 and has taught a number of courses at the College for Seniors.

Balloon Sculpting and Basic Magic
CRN # 20039
8 weeks: Mar. 26, Apr. 2, 9, 16, 23, 30, May 7, 14
Tuesdays, 9-11 am

This course will be five to six classes on balloon twisting, with the goal that the participants will be able to create at least twenty different balloon figures as well as read and follow standard written balloon instructions. The goal of the two to three magic classes will focus on four to six basic magic illusions using household or self-made props or a deck of cards. In the process, improved hand-eye coordination, small muscle control, story-telling, understanding of the Zen of impermanence, and fun will result. Required text: Captain Visual's Big Book of Balloons.

Cost: $25. Materials fee: $15, for balloons, balloon pump, and optional magic deck of cards to be paid to the instructor at the first class. The instructor will order the supplies for the group to gain discounts for everyone.

Ira Sloan (ihs2day@yahoo.com) has taught balloon sculpting and magic at the College for Seniors in the past. He has also performed both at the College for Seniors as well as publicly at parties and events. Carolyn Shorkey (c14shorkey@gmail.com), a graduate of a previous course that Ira taught, will assist him as he demonstrates various techniques of balloon sculpting.

Birds and Wildflowers of the Blue Ridge
CRN # 20040
8 weeks: Mar. 26, Apr. 2, 9, 16, 23, 30, May 7, 14
Tuesdays, 9-11 am

This course will begin with one class session on bird identification and resources for wildflower identification. The next five classes will be field trips to the Blue Ridge Parkway and other areas using skills learned in the first class to identify birds and wildflowers. The field trips will be three-and-a-half hours in length. Field trips will end in the field and could be up to one hour’s travel time back to the Reuter Center. Good walking ability and binoculars are required.


Both Marilyn Kolton (LDWMKD@aol.com) and Lou Dwarshuis (LDWMKD@aol.com) are certified Blue Ridge Naturalists and past presidents of the local Audubon Society. They have been teaching this course at the College for Seniors for over ten years.

Computers-R-Us
CRN # 20041
2nd 4 weeks: Apr. 23, 30, May 7, 14
Tuesdays, 9-11 am

This course shows participants, in everyday language, how to solve the most common problems facing average computer users every day. Members will learn how a computer works, how to work with files and folders, how to speed your computer up, how to surf the web safely, how to get the most out of a computer, and how to buy a new computer if it becomes necessary.

Richard Feeman (rfeeman@gmail.com) is a retired technology professional with over thirty-seven years of experience. He has done everything there is to do in the world of technology, from building and repairing computers to programming, managing computer operations, and implementing small and large-scale technology projects. He has spent the last twenty years helping friends and customers with their personal computer and technology issues.

Minimum requirements: Participants must have owned and operated a PC (desktop or laptop) for at least a year.

iPadization of Apple: The Post PC Era
CRN # 20042
2nd 4 weeks: Apr. 23, 30, May 7, 14
Tuesdays, 9-11 am

If you are interested in computer technology, join me in examining the hardware and software that has evolved to “the post PC era.” We will examine the changes from mainframes to desktop personal computers to the iPad (the dominant tablet device).

Larry Fincher (larryfincher@mac.com) has lived and worked with computers for fifty years and has developed a unique perspective on the history, science, and use of computers. He has been a Macster since 1987 and has taught a number of courses at the College for Seniors.
**Men in Transition: From Doubt to Confidence**  
CRN # 20043  
2nd 4 weeks: Apr. 23, 30, May 7, 14  
(note late start date)  
Tuesdays, 9-11 am  

Men face many challenges as they enter retirement, including aging (especially at decade points), illness (family or self) or death in the family, loss of career, diminished power, diminished libido, distance from family and friends, as well as other obstacles. We’ll discuss transitional issues men in the course face from the perspective of each member. Just bring your life circumstances and stories.

**Chuck Fink** (chuck@mwwasheville.com) was a corporate trainer and facilitator. Upon moving to Asheville, he dealt with issues related to changes in life. After researching men in transition, he developed this course, and a special interest group, Men’s Wisdom Works. MWW has a total of six separate men’s groups in operation.

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**The Rise of the West**  
CRN # 20044  
8 weeks: Mar. 26, Apr. 2, 9, 16, 23, 30, May 7, 14  
Tuesdays, 9-11 am  

In 1500 AD, the West began its rise to global domination that was unprecedented in world history. Not a simple feat! The long years of ascendancy developed from a confluence of technology, armed force, market behavior, small competitive political units, and a dynamism that is unique to the West. Its power and influence were enhanced by the institutions of modern science and representative government arising in the seventeenth century.

**Mary Lasher** (mlelasher.avl@gmail.com) received her AB and MA in history from Duke University, has studied and taught topics in world history for many years, and has a particular interest in the impact that the West has made in the world.

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**The Art of Facilitating**  
CRN # 20045  
8 weeks: Mar. 26, Apr. 2, 9, 16, 23, 30, May 7, 14  
Tuesdays, 11:30 am-1:30 pm  

Originally designed specifically for College for Seniors learning circle facilitators, this course is for anyone wanting to be a better facilitator in a small group. Participants will learn and practice active listening, question-crafting, orchestrating the flow of discussion, and handling dissent as the facilitator. As a bonus, course members will also learn how to become more effective discussion participants.

**Darlene Colmar** (darlenecolmar@gmail.com) and **Betty Mack** (mackbetty@yahoo.com) have facilitated many learning circles at the College for Seniors and enjoy this one in particular, as they both are fascinated with group dynamics and appreciate each participant’s unique contribution to making the group the special place that it becomes over time.

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**The Invention of the Transistor: Broken Genius, True Genius, and the Farm Boy**  
CRN # 20046  
8 weeks: Mar. 26, Apr. 2, 9, 16, 23, 30, May 7, 14  
Tuesdays, 11:30 am-1:30 pm  

The transistor is arguably the most important invention of the twentieth century. By the end of this year, there will be more transistors in the world than there are neurons in the world’s population. This course will present the history of the invention of the transistor and the fascinating biographies of the three American physicists who were awarded the Nobel Prize for its discovery.

**Ted McIrvine** (mcirvine@aol.com) received a PhD in theoretical physics from Cornell University. His career was primarily in the management of industrial research and development. In retirement, he reviews concerts for Classical Voice of North Carolina and recently completed his second novel.

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**Gadgets in Your Life**  
CRN # 20047  
1st 4 weeks: Mar. 26, Apr. 2, 9, 16  
Tuesdays, 11:30 am-1:30 pm  

This course will provide you with information about what to expect when you get and use a smartphone, tablet, smart television, home entertainment package, or web cam. Learn what features you would want to have and about the devices you might want to add to complement and enhance these gadgets. Participants will also have a better understanding of what the Cloud is and how it affects your computer usage.

Coordinator **Gail Sobel** (gsobel198@gmail.com) is a former high school business and computer applications teacher who likes to adopt gadgets (like a smartphone) to make her life easier and more enjoyable. Additional instructors helping Gail will be **Larry Fincher** (Larryfincher@aol.com), **Paul Williamson** (pbwill01@gmail.com), **Bob Davis** (bdavistx@swbell.net), **Matt Mengel** (mlmengel@gmail.com), **Mike Honeycutt** (mahoneycutt@gmail.com), and **Bruce Jones** (bruce_e_jones@yahoo.com).
Tuesdays 11:30 am-1:30 pm **continued**

**I Found It at the Movies**
CRN # 20048
8 weeks: Mar. 26, Apr. 2, 9, 16, 23, 30, May 7, 14
Tuesdays, 11:30 am-1:30 pm

This eight-week course devoted to movies (considered by many to be the literature of our age) will feature clips of movies divided into eight categories and using edited DVDs from the instructor’s collection. Categories will include drama, *film noir*, great detectives, science fiction and horror, comedy, documentaries, musicals, animation, and special effects of Alfred Hitchcock. Also included in the course will be pertinent Hollywood history relating to each category.

**Peter Loewer** *(spicebush@mtnarea.net)* has been reviewing movies since he saw his first production at the end of World War II. He graduated from the Albright Art School of the University of Buffalo with a degree in graphics and a minor in art history, and received the Max Beckmann Fellowship to the Brooklyn Museum Art School.

**Performing Original Stand-Up Comedy**
CRN # 20049
8 weeks: Mar. 26, Apr. 2, 9, 16, 23, 30, May 7, 14
Tuesdays, 11:30 am-1:30 pm

So your friends think you’re funny! They say, “You should be on stage!” Here’s your chance to be in the spotlight, perhaps live out a long held dream. Together, in a relaxed atmosphere, we will develop personal routines by honing performance skills and writing original material that’s right for our unique stage characters. The culmination will be a real stage performance (May 11) before an audience of our families and friends. Class content may include adult material and language, although no one will be compelled to use such material in their performance.

**Randy Robins** *(robnest09@yahoo.com)* has taught this class at the College for Seniors Spring and Fall terms in 2012. He has performed stand-up comedy in New York City and Long Island since 1998. He is a retired New York City teacher who has relocated to Asheville and performs and mentors/comedians in the Western North Carolina area.

**Public Enemy #1 and the Rest of the Gang**
CRN # 20050
2nd 4 weeks: Apr. 23, 30, May 7, 14
(note late start date)
Tuesdays, 11:30 am-1:30 pm

In this four-week lecture course we will cover the Midwest gangsters and the circumstances that generated their actions. We will examine the historical environment, the financial world of the 1920-30 era, Prohibition and repeal, society, and crime and punishment. During the course, we will meet public enemies of all sorts: the Barkers, Bonnie and Clyde, Baby Face, the FBI, Al Capone, Johnny Torrio, Dion O’Banion, Alvin Karpis, John Dillinger, and a host of other players.

**Paula V. Withrow** *(paula66vw@gmail.com)* has an MA in history from Colorado State University and a fascination with Western history. She is passionate about the interesting things people do, not just the names, dates, and places.

Tuesdays 2-3:30 pm

**T’ai Chi for Arthritis**
CRN # 20051
8 weeks: Mar. 26, Apr. 2, 9, 16, 23, 30, May 7, 14
Tuesdays, 2-3:30 pm

*T’ai Chi for Arthritis* is a gentle variation of Sun Style T’ai Chi developed by Dr. Paul Lam in conjunction with the Arthritis Foundation. This form is good for everyone including seated participants, those with limited mobility, and experienced practitioners who would like to learn a new form. Participants can expect improved flexibility and balance. **NOTE: Due to topic popularity, participants may take only one t’ai chi course per term.**

**Elizabeth Ridley** *(lizridley@hotmail.com)* has been teaching t’ai chi and senior exercise in Asheville for twenty years. She is certified to teach *T’ai Chi for Arthritis* by Dr. Paul Lam.

**Your Body’s Energy Systems** -cancelled
CRN # 20052
8 weeks: Mar. 26, Apr. 2, 9, 16, 23, 30, May 7, 14
Tuesdays, 2-3:30 pm

Have you ever heard of Reiki, chakras, qigong, or chi and wondered about them? These concepts describe how energy moves through your body. They have been around for thousands of years, helping people to understand and help themselves heal. The course will include discussion, easy exercises, and meditation to help you feel, improve, and understand your body’s energy systems.

**Laura Nelson** *(sailgal@comporium.net)* believes in the power of positive energy which enables healing through positive intention, meditation, and spiritual connection. She is a certified instructor by the Chinese Health Qigong Association and Spring Forest Qigong. She is also a Reiki Tummo practitioner. More information about Laura and qigong can be found at: www.spiralpathenergetics.com
Creativity, Wisdom, and Aging
CRN # 20053
8 weeks: Mar. 26, Apr. 2, 9, 16, 23, 30, May 7, 14
Tuesdays, 2-4 pm

Is added wisdom compensation for some of the disadvantages of growing old? Is it possible to remain (or become) creative and inventive in life’s second half? These and related questions will be explored through the eyes of philosophers, gerontologists, art historians, and psychologists who have conducted groundbreaking research on aging in the twenty-first century. Video clips and readings will come from Internet sites. Participants will be encouraged to apply course concepts to their own experiences.

Ron Manheimer (ronaldmanheimer@gmail.com), who holds a PhD in philosophy from University of California at Santa Cruz, is the author of several books on philosophy including *Kierkegaard As Educator* and *A Map to the End of Time* (works that have been translated into Korean and Chinese). He has published numerous scholarly articles and lectured internationally on aging, philosophy, spirituality, and human development. Ron is the founding director of the NC Center for Creative Retirement (now OLLI at UNC Asheville).

Free Alternative to Photoshop
CRN # 20054
6 weeks: Apr. 2, 9, 16, 23, 30, May 7
(note late start date)
Tuesdays, 2-4 pm

GIMP (GNU Image Manipulation Program) is a free, open source application that has the same advanced functionality as Photoshop and is available for Windows, Mac OS, and Linux. This course will provide an overview of GIMP, its features and functions, and examples of using it instead of Photoshop. It will be a lecture-discussion course with examples to be worked at home after each class. This is NOT a hands-on course. **Minimum requirements:** Familiarity with using a computer to view and edit photos.

Bob Davis (bdavisit@swbell.net) is a former chief information officer with many years in technology, business, and management consulting. He has taught courses in the College for Seniors since 2006.

Walking Asheville: Art and Architecture
CRN # 20055
8 weeks: Mar. 26, Apr. 2, 9, 16, 23, 30, May 7, 14
Tuesdays, 2-4 pm

We will casually walk the streets of Asheville for two hours each class, discussing the architecture, history, art, and current use of the buildings. We will pay special attention to the Art Deco influence downtown and the Arts and Crafts and Victorian styles of the Montford area. We will visit art galleries, government buildings, retail space in the River Arts District, and see demonstrations of art being made by the artists who work and sell in the district. Everyone will be able to add to the discussion. Participants must be able to stand for long periods of time, walk for two hours on uneven pavement, and be able to climb stairs to the artists’ studios. The course will be held, rain or shine. **The instructor will contact participants prior to the first class to discuss the location for the initial class.**

Linda Orowitz (ashevilledeals@gmail.com) volunteers at the Asheville Visitor Center and is on the board of the River Arts District Artists. She has taken four architecture courses at the College for Seniors. She also teaches a College for Seniors course, *Asheville on the Cheap,* and writes a weekly email on what to do in Asheville, sending it to over 800 people.

The Beatles – An Appreciation of Their Music: Its Origins and Its Legacy
CRN # 20056
8 weeks: Mar. 26, Apr. 2, 9, 16, 23, 30, May 7, 14
Tuesdays, 2-4:30 pm

On December 26, 1963, Capitol Records released an LP by a band from Liverpool, England, and pandemonium ensued: BEATLEMANIA! On February 9, 1964 an estimated seventy-three million people watched the Beatles capture the country in their appearance on *The Ed Sullivan Show.* We shall hit the highlights of their recorded output (213 songs) as well as examine some of their television, video, and movie appearances.

Paul LaDue (ladaccts@yahoo.com) earned his MA in economics from George Mason University in 1980. Changing professions, Paul received his RN from AB-Tech in 2003. Paul is a lifelong Beatles fan/expert.

Six Iranian Films by Kiarostami
CRN # 20057
6 weeks: Mar. 26, Apr. 2, 9, 16, 23, 30
Tuesdays, 2-4:30 pm

Internationally acclaimed Iranian film-maker Abbas Kiarostami writes and directs spare, off-beat, modernist films that often blur the boundaries between fiction and documentary. These films can have unhurried pacing and indirect narrative structure. None are political. Mostly set in Tehran and Iran’s rural areas, they show a sophisticated, modern country whose image is at odds with the one shown in the Western media. There will be discussion after each film.

Doug Cooper (cdoug38@gmail.com) has taught college English courses in his native Michigan as well as in Missouri, Louisiana, Pennsylvania, and overseas. He has taught at the College for Seniors for the last ten years.
**Wednesdays 9-11 am**

**Beginning Beading**
CRN # 20058
1st 4 weeks: Mar. 27, Apr. 3, 10, 17
Wednesdays, 9-11 am

This course is for the beginning beader who wants to make her/his own jewelry. Participants will learn how to string a bracelet and necklace and finish them off and make drop and chandelier earrings. Students must bring their own beads and supplies to each class. Class materials may be purchased at any local bead or craft store. The instructor will meet with students at a local bead shop to provide guidance on purchasing beads and beading materials. **Materials fee: $20-30.**

See the course website for a list of materials at www.olliasheville.com/courses.

Ulanac Mellor (ulanacs@charter.net) discovered her passion for beading and quilting, especially wearable art, after moving to Asheville.

**Intermediate Tap II**
CRN # 20059
8 weeks: Mar. 27, Apr. 3, 10, 17, 24,
May 1, 8, 15
Wednesdays, 9-11 am

This course is for those with a knowledge of basic tap steps. Our emphasis will be on having fun, getting exercise, and developing a tap routine. Tap shoes or shoes with leather soles are necessary. If you have questions, please contact the instructor.

Mary Walker (mwalkertap@yahoo.com) is a graduate of Ohio University, with thirty years’ experience as a teacher/librarian. For six years, she taught English in Japan, China, and Slovakia. She has had extensive experience as a tap dancing teacher and has performed with two groups since 1990.

**New Ways to Use Your Leadership Skills**
CRN # 20060
8 weeks: Mar. 27, Apr. 3, 10, 17, 24,
May 1, 8, 15
Wednesdays, 9-11 am

Have you, in the first half of your life, held a position of authority or influence? And now, in this latter half of life, do you still want to contribute to the community by applying some of those well-honed talents and skills you worked so hard to develop? If so, this course is for you. We will create a collaborative venue through which you can make this important transition, better prepared to fulfill your aspirations to continue to make a difference in the lives of others.

Steve Kaagan (skaagan@msu.edu) has held leadership positions, taught leadership and organizational development at a major university, and consulted widely on leadership development in both public and private sectors.

**Play of the Hand: Bridge III**
CRN # 20061
8 weeks: Mar. 27, Apr. 3, 10, 17, 24,
May 1, 8, 15
Wednesdays, 9-11 am

Have you taken intermediate bridge? Do you want to improve your skills? We will address playing the hand by declarer and defending by the opposition to get more out of your cards, when and where to better use “bridge maxims,” and other topics such as hold-up plays and attitude signals. Lectures will be followed by play of the hands illustrating the topic. **Required text:** *Play of the Hand as Declarer and Defender*, Shirley Silverman. ISBN 0-939460-69-6, plus a point count bidding guide, (which will be available in class). Cost: $8.

Bob Evans (Mickeybob2@aol.com) earned his PhD in education. He has taught beginning, intermediate, and play of the hand bridge classes for over twenty years and played bridge socially for over fifty years.

**Rock ‘n’ Roll’s Lost Years: 1958-1963**
CRN # 20062
8 weeks: Mar. 27, Apr. 3, 10, 17, 24,
May 1, 8, 15
Wednesdays, 9-11 am

The 1958-1963 period is often described as music’s undistinguished transition from the Elvis-centered revolution of the mid-fifties to the Beatles-centered revolution of the mid-sixties. This course will delve into the incredible musical riches of the era by exploring the artists, styles, and records that still resonate through rock history.

Joe Sasfy (jsasfy@gmail.com) spent thirty-eight years in the Washington, DC, area, working as a social scientist and then as a music journalist and consultant. He contributed regularly to the Washington Post, taught rock history at the Smithsonian Institute, and served as a consultant to Time Life Music. He graduated with a PhD in psychology from Pennsylvania State University.

**What is Critical to Your Financial Success**
CRN # 20063
1st 4 weeks: Mar. 27, Apr. 3, 10, 17
Wednesdays, 9-11 am

All of us would like to do a better job of managing our financial resources through investing. In this informative course, we’ll talk about managing resources, the challenges that can have an impact on your goals, and how to turn concerns into a strategy that puts you on track for the future you envision. **This course will be taught by David McManah, bio on website.**

David Greiner (david.greiner@ml.com) and Parrish Ezell (parrish_ezell@ml.com) are wealth management advisors at Merrill Lynch in Asheville. In their practice, Mr. Greiner and Mr. Ezell use a carefully defined goals-based process to advise their clients on wealth accumulation, asset preservation, and transfer of assets to future generations. They specialize in helping retirees and near-retirees create a steady and sustainable flow of income in retirement. Together they have combined forty-five year’s experience in the financial services industry.
You and Cartoons: Drawing Laughs
CRN # 20064
2nd 4 weeks: Apr. 24, May 1, 8, 15
(note late start date)
Wednesdays, 9-11 am

This is a new cartooning course which emphasizes member participation. Cartooning is a combination of writing and basic drawing skills that can be used to share the laughter in us all. Participants will learn to collect cartoon ideas and the process for developing humorous ideas in cartoon form. Only simple materials are needed: paper, pencil, and pens.

Bill LaRocque (boomrbill@gmail.com) is a lifelong cartoonist, caricaturist, and illustrator. His work has appeared in the Washington Post, Asheville Citizen-Times, and Mountain Xpress. He has taught art courses for thirteen years.

Your Role In Your Finances
CRN # 20065
2nd 4 weeks: Apr. 24, May 1, 8, 15
(note late start date)
Wednesdays, 9-11 am

In this course the instructor provides methods to plan for managing income and expenses through retirement. We will discuss key concerns including inflation, health care expenses, market volatility, and preparing for both the expected and unexpected. We will focus on fundamental concepts of investing and key strategies to create and manage income through retirement. We conclude by discussing ways to define your legacy and estate transfer.

Briggs Price (briggs.price@edwardjones.com) has worked in the financial services industry for twenty years. He is a certified financial planner, a chartered financial analyst certificate holder, and a licensed certified public accountant.

Ancient Mesoamerica:
Olmec to Aztec
CRN # 20066
1st 4 weeks: Mar. 27, Apr. 3, 10, 17
Wednesdays, 11:30 am-1:30 pm

In this course we will cover the pre-Hispanic cultures of Mexico and Central America from around 1200 BCE to the early 1500s CE. Course content will include the cultural traits ranging from pyramid building and city planning to the invisible worlds of myth and the sacred worlds. We will explore the dazzling array of cultures that took part in the epic: the Olmec, Teotihuacan, Zapotec, Maya, Huastec, Totonic, Mixtec, and Toltec. The course will end with the rise of the Aztec empire and its fall to Cortes and the Spanish, beginning in the early sixteenth century.

George Stuart (maya84@mac.com), president of the Center for Maya Research, served forty years as chief archaeologist of the National Geographic Society. His contributions include six books and some forty articles. He received his PhD in anthropology from the University of North Carolina Chapel Hill. He has previously taught Worlds of the Maya at the College for Seniors.

Cryptic Crosswords
CRN # 20067
8 weeks: Mar. 27, Apr. 3, 10, 17, 24, May 1, 8, 15
Wednesdays, 11:30 am-1:30 pm

Enjoy wordplay? Like solving challenging puzzles? Think flexibly? Discover the fun of cryptic crosswords, which are popular in the United Kingdom and growing in the United States. Cryptic clues use hidden words, anagrams, charades, homophones, and other tricks. Clues may even include a straightforward definition just like regular crosswords! Sounds easy, right? The fun comes from figuring out which part is which. Like all crosswords, the more you fill in, the easier they get.

Cryptic crosswords have fascinated Jacob Cohen (jacobwoodworker@gmail.com) since he was a child, but he was intimidated by their strange clues for nearly forty years. One day, he decided to figure them out. Since then, cryptics have become one of his favorite diversions.

The Feldenkrais Method:
Awareness through Movement
CRN # 20068
8 weeks: Mar. 27, Apr. 3, 10, 17, 24, May 1, 8, 15
Wednesdays, 11:30 am-1:30 pm
Location: 351 Sherrill Center

This course involves full student participation. Kinesthetic learning is motor learning plus the development of one’s tactile and positional senses; it is learning by experience and “feel.” Many lessons for kinesthetic learning are performed on floor mats. Some lessons may be sitting and others could be standing. We are dynamic folks learning and releasing old holding patterns of movement so that we can move onto being more of who we want to be. The student’s needs are fully honored using a “personal greenhouse” approach to personal development. Please bring an exercise mat to class.

Jacquie Wollins (jwollins@netzero.net) has been a movement specialist since the ’60s. She currently has a small practice in the Feldenkrais method and craniosacral therapy. She believes the more you know what you are doing, the more you can make changes to your satisfaction.
Frank Lloyd Wright:  
America’s Most Famous Architect  
CRN # 20069  
8 weeks: Mar. 27, Apr. 3, 10, 17, 24, May 1, 8, 15  
Wednesdays, 11:30 am-1:30 pm  
Discover Wright’s contributions to architecture through multimedia presentations, lectures, and discussions. What were Wright’s design concepts? How did Wright design and construct his buildings? How did the women in Wright’s life influence him? Which of Wright’s innovations are commonplace today? We’ll explore these and many other topics utilizing six DVDs and over 400 images of Wright’s projects, furniture, and art glass.  
Bob Mellor (bm.ncccr@charter.net) has been awed by Wright since visiting Fallingwater many years ago. Since then he’s been collecting stories about Wright and visiting as many of his buildings as possible.

How To Buy And Sell On eBay  
CRN # 20070  
2nd 4 weeks: Apr. 24, May 1, 8, 15  
(note late start date)  
Wednesdays, 11:30 am-1:30 pm  
Learn the basics of both purchasing and selling an item on eBay. In this course we will learn how to establish an eBay buying account, establish a PayPal account, search for an item, determine the seller’s reputation, and place a bid. Also covered will be how to use the “Buy It Now” feature. This course will also help participants learn how to sell an item on eBay, including establishing effective description names, proper category selection, and uploading a picture of the item on eBay’s website.  
Bruce Jones (bruce.e.jones@yahoo.com) is a long time eBay user and has both purchased and sold many items on eBay.

America’s First Ladies:  
Collecting Lives  
CRN # 20071  
1st 4 weeks: Mar. 27, Apr. 3, 10, 17  
Wednesdays, 11:30 am-1:30 pm  
In this course we will take a detailed look at the art, artifacts, and stories associated with the extraordinary women who have served as White House partners of our presidents, from Martha Washington to Michelle Obama. Using the slide-lecture format, we will trace the changing social and political roles of America’s First Ladies over two centuries through an examination of their portraits, dresses, and china now preserved at the Smithsonian Institution and The White House.  
Melinda Stuart (mystuart@me.com) has four decades of experience as a curator and museum educator in Washington, DC and the San Francisco Bay area. She holds an MA degree in American studies and was on staff at the Smithsonian Institution, the Oakland Museum of California, and the United States Capitol. She worked directly with the Smithsonian’s First Ladies and White House China collections. Melinda taught museum studies at the University of California and George Washington University.

Shakespeare’s Problem Plays  
CRN # 20072  
1st 4 weeks: Mar. 27, Apr. 3, 10, 17  
Wednesdays, 11:30 am-1:30 pm  
The term “problem play” has been used to describe four of Shakespeare’s most controversial works, all of which combine comedy, tragedy, and satire, often in perplexing ways: All’s Well That Ends Well, Measure for Measure, Troilus and Cressida, and Timon of Athens. Course participants will discuss one of these plays each week and should read All’s Well before the first class meeting.  
Required text: Any good edition of Shakespeare’s plays.  
Jim Ward (jxcmward@att.net) is a retired English professor with a PhD in Renaissance drama. He taught courses on Shakespeare on the university level over a period of thirty years, and has taught four courses at the College for Seniors in the past two years.

Theory, Training, and Practice of Buddhist Meditation  
CRN # 20073  
8 weeks: Mar. 27, Apr. 3, 10, 17, 24, May 1, 8, 15  
Wednesdays, 11:30 am-1:30 pm  
Location: Meditation Room, Sherrill Center  
Course members will study the classical teachings on meditation from Indian and Tibetan scripture and participate in a practicum of training and experience in seated meditation. Class time will be divided between learning the worldview of Buddhism and the purpose of practicing meditation and implementing these teachings in sessions of analytical and stillness meditation.  
Enrollment requirements: Consistent attendance, completion of homework assignments, and a daily practice are required. The number of participants will be small, and assistance will be given to each person in achieving a comfortable meditation posture. Contact the instructor prior to enrollment for course details and participation requirements: jcmuecke@gmail.com or (828) 252-5409 (for those with no email access). Required texts: Stages of Meditation, The Dalai Lama, ISBN: 1559391979. Cost: $11.50. How to Meditate, Kathleen McDonald, ISBN: 0861713419. Cost: $10.  
John Muecke (jcmuecke@gmail.com) holds an MA in religious studies from Stanford University, a BA from the University of Tennessee, and is a graduate of the geshe studies (master of Buddhist studies) program of the Asian Classics Institute.
**Re-creative Retirement Yoga**

CRN # 20074
8 weeks: Mar. 27, Apr. 3, 10, 17, 24, May 1, 8, 15
Wednesdays, 2-3:30 pm
Location: 351 Sherrill Center

Enjoy a synthesis of gentle physical postures, breathing techniques, and self-reflection to awaken physical, mental, and emotional wellbeing. In addition to having fun, regular participants will notice many life-enhancing benefits, including better flexibility and strength, reduced aches and pains, enhanced mood state, and superior focus and concentration. Self-reflection will invite re-creative ways of BEing in retirement. **NOTE:** Due to topic popularity, participants may take only one yoga course per term.

*Kelly McKibben* (goodyoga@charter.net), therapeutic yoga instructor, works with students of diverse ages and fitness levels. Her style of gentleness and self-acceptance inspires students to discover serenity while developing strong bodies, minds, and spirits.

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**The Book of Genesis**

CRN # 20075
2nd 4 weeks: Apr. 24, May 1, 8, 15 (note late start date)
Wednesdays, 2-4 pm

Four interrelated concerns overlap in open-minded reading of Scripture: history, literature, religion, and myth, not in the sense of legend, but of Scripture as normative. The Book of Genesis is, in some respects, the fountainhead of both history and religion for Jews and Christians, and so demands a multi-pronged and demanding approach. The instructor in this course attempts to pursue an open-minded approach. **Required text:** *The King James Version, Revised Standard Version, Douay, or Jerusalem Bible. Good News or popularized editions of the Bible are not recommended.*

*Mario DiCesare* (dicesare1@mindspring.com) retired as distinguished professor of literature at The State University of New York. He has also taught at Rutgers University, Brooklyn College, New York University, and the University of Pittsburgh. He has taught courses at the College for Seniors every term since 1998. His favorite subjects span Western literature: primarily Shakespeare, but also Genesis, Homer, Vergil, Dante, Milton, Herbert, Hopkins, Joyce, modern fiction, and Renaissance and modern poetry.

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**Deeper Into *The Power of Now*: A Modern Zen**

CRN # 20076
8 weeks: Mar. 27, Apr. 3, 10, 17, 24, May 1, 8, 15
Wednesdays, 2-4 pm

In this course we will plumb the depths of Eckhart Tolle's *The Power of Now*, bringing forth the parallels in this modern philosophy for freeing human beings of unnecessary emotional suffering and confusion with the ancient philosophy of Zen Buddhism, and how it can be seen as a transcendent psychology for the modern age, pointing the way for human evolution. **Required text:** *The Power of Now*, Eckhart Tolle, ISBN: 1-57731-480-8. Cost: $14.00

A long time instructor at the College for Seniors, *Bill Walz* (healing@billwalz.com) has evolved from a career as a clinical psychologist into teaching meditation and evolving consciousness as a path to personal healing and growth. Along with the College for Seniors, he has taught meditation and consciousness at UNC Asheville, in public forums, and with a private clientele. He also writes a monthly consciousness column for *Rapid River Magazine*.

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**Faulkner: *The Sound and the Fury***

CRN # 20077
1st 4 weeks: Mar. 27, Apr. 3, 10, 17
Wednesdays, 2-4 pm

Faulkner once said that this novel is “the one I love the most.” Though an early work, it is his best, for its stylistic exuberance, its subtle craft, the rich organization, and the generous portrayal of character. A villain, Jason, and a heroine, Dilsey, are central to the novel. The novel has four parts; we will read and discuss one part each week. If you take the course, try to read the first part before the term begins. It’s difficult, even bewildering, but it will reward the effort. **Required text:** *The Sound and the Fury*, Vintage Books, 1984 (the corrected text), William Faulkner, ISBN: 0-679-73224-1. Cost: $10.00

*Mario DiCesare* (dicesare1@mindspring.com) retired as distinguished professor of literature at The State University of New York. He has also taught at Rutgers University, Brooklyn College, New York University, and the University of Pittsburgh. He has taught courses at the College for Seniors every term since 1998. His favorite subjects span Western literature: primarily Shakespeare, but also Genesis, Homer, Vergil, Dante, Milton, Herbert, Hopkins, Joyce, modern fiction, and Renaissance and modern poetry.
### Wednesdays 2-4 pm continued

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<th>Course</th>
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<td><em>Solely On Your iPhone</em></td>
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<td><strong>Romantic Music</strong></td>
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<td><strong>Take Me Out to the Ballgame</strong></td>
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<td>Mar. 27, Apr. 3, 10, 17, 24,</td>
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<td><strong>The History of Southern Appalachia</strong></td>
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<td><strong>Intermediate French A</strong></td>
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- **Romantic Music**

Romantic music focuses on piano and orchestral works selected from compositions by Schumann, Brahms, Berlioz, Chopin, Liszt, Tchaikovsky, and Rachmaninoff. A recital component is included where some piano compositions of the Romantic composers will be performed, as well as examples of Romanticism in popular music and jazz. We will also analyze the transformation of Romantic characteristics in works by Prokofiev, Bartok, and Khachaturian.

- **Michael Ruiz** (ruiz@unca.edu) is a pianist/composer who orchestrated three piano concertos performed by the Winston-Salem Symphony. He is also a theoretical physicist and professor of physics at UNC Asheville.

- **Take Me Out to the Ballgame**

Through lecture, discussion, and visual aids, the participants will gain insights into the “National Pastime.” A brief history of the game will be presented. Following sessions will include offensive and defensive strategies, basic rules, the playing field, umpiring, and managing. A great deal of emphasis will be placed on participants’ questions. The course is designed for both new fans as well as the more experienced fan.

- **Chuck Schultz** (chuck.schultz1@gmail.com) played baseball in high school and college. He has taught and coached at the high school and community college level for twenty-three years, and is a die-hard baseball fan.

- **The History of Southern Appalachia**

In this course we will cover the upland South from prehistory to the present day. Emphasis will be placed on the development of the region’s economy, racial relations, gender relations, and identity. We will examine significant events and developments, including Cherokee removal, the Civil War, industrialization, the stereotype, the Great Depression, and federal intervention. The classes will be a modified lecture format in which participants are expected to raise questions and make comments at all times. **Recommended text:** *Appalachia: A History*, John A. Williams, ISBN: 0-8078-5368-2. Cost: $21.95

- **Gordon McKinney** (Gordon_mckinney@berea.edu) taught Appalachian history at Western Carolina University and Berea College. He was director of the Appalachian Center at Berea College.

- **Intermediate French A**

This course is intended for those who have taken Beginner’s French A-C and will continue the development of listening, speaking, reading, and writing skills using audio, video, and print materials. Others with similar background (approximately equivalent to high school French II or college French 101) may also take this course. The instructor will provide a textbook for use in this course. **Additional recommended text:** *Discovering French Blanc Activity Book* (1993), Jean-Paul Valette and Rebecca M. Valette, ISBN: 0669239399. Cost: $10 (used), $20 (new).

- **Betty Carver** (bcarver1@charter.net) taught French at Spartanburg High School for thirty years and has traveled and lived in France.
Moving Into Meditation
CRN # 20083
8 weeks: Mar. 28, Apr. 4, 11, 18, 25, May 2, 9, 16
Thursdays, 9-11 am
Location: Meditation Room, Sherrill Center

Yoga has traditionally been used as a warm-up for seated meditation. In this experiential course, we will do some of both, in the service of relaxation, well-being, and insight. We will focus on the body, the breath, the environment, and the self. No previous experience with either yoga or meditation is necessary. Please bring a yoga mat to class. If you have other yoga props, please feel free to bring them as well. NOTE: Due to topic popularity, participants may take only one yoga course per term.

Fran Ross (franiji@charter.net) is a nationally certified yoga instructor and registered expressiv arts therapist. She has been a yoga and meditation practitioner for many years, and has taught courses in yoga, writing, contemplative arts, and creativity at the College for Seniors and UNC Asheville.

Persistent Themes in Popular Music 3.0
CRN # 20084
1st 4 weeks: Mar. 28, Apr. 4, 11, 18
Thursdays, 9-11 am

In this course we will survey selected topics that repeatedly appear in twentieth century recorded music. Themes to be examined include birds, dances, dreams, jealousy, occupations, time, weather, and more. Students will listen to a variety of recordings, identify and analyze specific topics, experience different performing styles and musical genres, reflect on their personal musical experiences, and hone listening skills by spotting key words or phrases embedded in lyrical contexts. Music and fun will prevail!

B. Lee Cooper (ashevillecats1@charter.net) is an award-winning author in the field of popular music. Beyond enjoying the rhythms of blues, doo-wop, R&B, rock ‘n’ roll, and soul recordings, he is fascinated by topics and themes that are repeated in the lyrics of performers like the Belmonts, Bobby “Blue” Bland, the Bobbettes, Brook Benton, Boston, and Beyoncé.

Transitioning into Wise Women
CRN # 20085
8 weeks: Mar. 28, Apr. 4, 11, 18, 25, May 2, 9, 16
Thursdays, 9-11 am


Nancy Bragg (njbragg1@gmail.com) supports people as they explore, experiment, and reflect upon their lives. Before completing life coach training five years ago, Nancy taught in the College of Education at Illinois State University. She has co-facilitated transition sessions for four Paths to Creative Retirement weekends and one Creative Retirement Exploration Weekend. Gwen Suesse, (gwen@act2lifecoaching.com) author, life coach, human resources consultant, and musician, specializes in helping people uncover and express their personal truth in order to live fully, intentionally, and joyfully. She has an MA in teaching from Harvard University.

Beginning Piano II
CRN # 20086
8 weeks: Mar. 28, Apr. 4, 11, 18, 25, May 2, 9, 16
Thursdays, 11:30 am-1:30 pm
Location: Lipinsky Piano Lab

Beginning Piano II is a continuation of the Fall 2012 Beginning Piano class. New students must get the approval of the instructor before registration. Access to a keyboard or piano is required. Materials fee: $10 for new students to cover the cost of a notebook of materials provided by the instructor. Books required for this course can be purchased at SoliClassica which is located at 1550 Hendersonville Road. (828-277-4111).

Marla Woeckener (marla4musi@aol.com) has been teaching piano courses at the College for Seniors since the fall of 1999. She is a graduate of the University of Colorado.

Economics Uncomplicated: Understanding What’s Really Going On
CRN # 20087
8 weeks: Mar. 28, Apr. 4, 11, 18, 25, May 2, 9, 16
Thursdays, 11:30 am-1:30 pm

We will begin by understanding and reviewing economic principals, and we shall then explore hot topic issues of the day. Included will be United States fiscal policy (the deficit, taxes, growth vs. austerity), monetary policy and the Federal Reserve, trade policy and globalization, economic forecasting, the European crisis, and labor policies. We will also discuss the financial crisis of 2008, its causes, cures, and long-term impact.

Shirley Browning (scbrowning@bellsouth.net) is a Kentucky native, with BS and MS degrees from the University of Kentucky, and a PhD from the University of Connecticut. He has taught a wide range of economics and humanities at UNC Asheville for forty-two years. He is an active Rotarian and a Paul Harris Fellow.
We will examine five aspects of the biblical concept of God and how these aspects have had an impact on current social and political debates in the United States. The aspects are God the creator, God the law giver, God the final judge of history, God the unknown, and God the unknowable. The approach will be historical and comparative, including contemporary views of these topics, and we will cover major voices from Hebrew scripture and the New Testament.

Morgan Phillips (mlphilli@charter.net) received his BS from Ohio Wesleyan University, MDiv from Yale University, and his PhD in biblical studies from Drew University. He did post doctoral study in Germany and Israel, followed by teaching for thirty-seven years at Ohio Wesleyan University.

Through discussions, presentations, and activities, we will investigate the following unresolved topics in mathematics:

- Mathematical Intuition–It’s not all it’s cracked up to be
- Paradoxes–What is going on?
- Proof–What does a proof really do?
- Science and math–How are they related? Does math make science better?

Mathematical curiosity and mental playfulness are the only prerequisite for participants.

Cyril Fefer (feferc@bellsouth.net) has taught logic, mathematics, and programming since 1948. He received a BA and an MA from the University of Illinois in mathematics in 1947 and an MA from Cornell University in philosophy in 1950. From 1950 to 1951, he was a statistician for the city of Chicago. In 1977, he moved to North Carolina and taught mathematics at the Asheville School for nineteen years.

In this course we will explore the social and cultural aspects of the postwar years in a time of American history often characterized as the historical norm because “achieving the American dream” was very possible. Despite the recent legacy of man’s inhumanity to man detailed in the war crimes trials in Nuremberg and Tokyo, and the threat implied by the coming of the Cold War, many Americans reconstructed their postwar lives with confidence, fleeing the cities for the “Levittown” suburbs and unleashing their pent-up consumer demand that in turn produced a baby boom and a vigorous postwar economy. We’ll follow the lives of all Americans, including those who did not share equally in the American dream.

Renée Melchiorre (reneeclio@yahoo.com) has a BA from the University of Michigan and an MA from the University of Kansas, where she taught classes in twentieth century American history.

Approaching or already living the years beyond seventy-five, how do we view what lies ahead? It’s said we have a “special kind of wisdom.” Is that true? How do we define it? What goals do we have? What problems face us as “older seniors”? We will use this learning circle to explore together. Whether we want to prepare for those years or are already into them, let’s share experiences and ideas for coping with and enjoying life.

Ann Karson (akarson57@gmail.com) is at that stage of life herself and is interested in exploring the good things that seventy-five and beyond can offer as well as its issues and problems. She has a background in clinical social work and has facilitated many groups, each with its own focus.
Vegetarian Cooking in the Macrobiotic Style
CRN # 20092
2nd 4 weeks: Apr. 25, May 2, 9, 16
(note late start date)
Thursdays, 11:30 am-1:30 pm
Location: Sherrill Center Kitchen

Cooking for the lighter, upward energy of springtime will be emphasized in these four hands-on cooking classes. This course will consist of classes where we will prepare scrumptious meals using whole grains, beans, vegetables from both land and sea, seeds, nuts, and fruits. These are all foods recommended by the American Cancer Society and the American Heart Association and included in the “nutrition plate” (replacing the “food pyramid”) adopted by the federal government in its dietary guidelines. We will emphasize energetics of food, seasonal cooking, preparing balanced menus, and cooking for one’s condition. It is strongly suggested that students bring a knife to class. Our prepared meals will be enjoyed after the class. Food fee: $60, payable to the instructors at the first class.


Warren Wepman (warrenwep@hotmail.com) and Marquita Wepman (macrogoddess@hotmail.com) have practiced the macrobiotic lifestyle for thirty-five years, and are certified cooking teachers, having taught macrobiotic cooking classes since the 1980s. They operated a certified organic farm and a macrobiotic bed and breakfast. They are members of the Kushi Institute Macrobiotic Educators’ Association and served as advisors to the kitchen of the Ritz-Carlton Hotel for the Smithsonian Institution gala honoring Michio and Aveline Kushi.

Thursdays 2-3:30 pm

Journey Dance/Move Your Body
CRN # 20093
6 weeks: Mar. 28, Apr. 4, 11, 18, 25, May 2
Thursdays, 2-3:30 pm

This course is a freeing movement experience. We start with a short sharing, visualization, and stress melting stretches. As you are led into easy movements, you are then guided to move intuitively on your own. End with delicious relaxation. Feast upon safety, connection, joy, release, power, creativity, and the healing power of music. All body types and energy levels are celebrated. No dance experience is required.

Cynthia Greenfield (cgreenfield1001@aol.com) is a certified Journey Dance and Kripalu Dancekinetics instructor. She has extensive experience in the areas of yoga, meditation, and breathing techniques. She is a retired guidance counselor.

Thursdays 2-4 pm

150 Years of Ongoing Conflict: Israel and Palestine
CRN # 20094
8 weeks: Mar. 28, Apr. 4, 11, 18, 25, May 2, 9, 16
Thursdays, 2-4 pm

In this course we will trace the origins, causes, and historical, national, and political developments of the Israeli/Palestinian/Arab conflict. We will cover topics such as European anti-Semitism, Zionism, Palestinian nationalism, rebellion, League of Nations mandates, the United Nations partition, and intifadas. We will also explore positions of the concerned parties and international leadership as to equitable, just resolution, and peaceful coexistence.

Ahmad Abu Amara (aamara@bellsouth.net) was born in Jaffa, Palestine, and maintains a keen interest in Middle East issues, particularly Israel/Palestine affairs. He holds degrees from the University of Edinburgh, American University of Beirut, University of London (Portsmouth), and Escuela Oficial de Idiomas of Madrid, Spain.

Advanced French: Allons au Cinéma ! (B)
CRN # 20095
8 weeks: Mar. 28, Apr. 4, 11, 18, 25, May 2, 9, 16
Thursdays, 2-4 pm

In this course we will make use of two recent French films (tentative titles: Monsieur Lazhar and Intouchables), as a springboard for conversation and language study. Class activities will include viewing, discussion, and analysis of vocabulary, structures, and culture. To participate fully, students should have completed at least an intermediate level of French. All materials will be supplied by the instructor.

Betty Carver (bcarver1@charter.net) taught French at Spartanburg High School for thirty years and has traveled and lived in France.
**Postwar American Society in the Years of Confidence, 1956-1960: A Learning Circle**

CRN # 20096
8 weeks: Mar. 28, Apr. 4, 11, 18, 25, May 2, 9, 16
Thursdays, 2-4 pm

This learning circle follows and extends the course Postwar American Society in the Years of Confidence: 1956-1960, taught by Renée Melchiore. It is exclusively for participants in that course who wish to reflect on and compare their own experiences of that period and the subsequent effects throughout their lives. You may register for this course only if you are registered for the Melchiore course.

A former anthropologist, Pat Harvey (patricia_harvey@bellsouth.net) has facilitated learning circles at the College for Seniors which have focused on various topics and their impact on our lives. These learning circles have provided a rich stimulus for reflection and dialogue on one’s personal experience of these events.

**Using PowerPoint in Your Classroom**

CRN # 20097
1st 4 weeks: Mar. 28, Apr. 4, 11, 18
Thursdays, 2-4 pm

Though targeted for College for Seniors instructors, others can also gain important skills and tips in this course concerning how to create an effective PowerPoint presentation. We will discuss why and when to use PowerPoint in the classroom, how to design and create slides, creating hyperlinks, adding graphics, audio and charts, and creating a slide show. Last, but certainly not least, we will also discuss presenting one’s PowerPoint. This will be a hands-on class in the computer lab, working on a class PowerPoint project. **Minimum requirements:** Must have basic skills using word processing software and be able to download files onto a flash drive for class.

Judy Piotrowski (piotrowski@mac.com) has presented workshops on PowerPoint for faculty at the College for Seniors. She has also taught Photoshop courses at the College for Seniors for the last few years.

**Altering Fabric with Surface Design**

CRN # 20098
8 weeks: Mar. 28, Apr. 4, 11, 18, 25, May 2, 9, 16
Thursdays, 2-4:30 pm

This is the course you need if you have never tie-dyed a shirt or if you have seen a garment or decorative item and said, “I want to learn how to do that.” We will explore all the techniques used to apply dye, paints, or ink to fabric. Today’s art supplies are really user friendly and not chemically prohibitive for the artist. The fabric art journal you make in this course will create a lasting record of the how-to’s, when you wish to replicate the technique on an item at home or in the studio. **Materials fee:** $25, payable to the instructor at the first class. The instructor will be providing all the materials necessary for participation in the course.

Julie Simpson (julesjoy@yahoo.com) has taught art quilting at the College for Seniors previously and currently teaches quilting at the Super Saturday sessions at UNC Asheville. She has been practicing arts and crafts all her adult life. She moved to Asheville to be involved in the art world here.

**The Met at the Movies**

CRN # 20099
8 weeks: Mar. 28, Apr. 4, 11, 18, 25, May 2, 9, 16
Thursdays, 2-5 pm

In this course we will explore in depth the operas performed by the Metropolitan Opera at the Hi-Def Live from the Met presentations. In the spring 2013 sessions, the operas studied will be Handel’s Giulio Cesare, Wagner’s Parsifal, Puccini’s Tosca, and Francesca da Rimini by Zandonai. We will also have two sessions on musical theatre, and two on contemporary opera.

Patricia Heuermann (patruschka@charter.net) has directed opera throughout the United States and Europe. A graduate of the Curtis Institute of Music, she has taught at New York University, the Manhattan School of Music, Hofstra University, and the American Institute of Musical Studies in Graz, Austria. She is past president of the National Opera Association and current president of the Asheville Lyric Opera Guild. Bill Heuermann (whitwill@charternet) filmed, edited, and created DVDs of Patricia Heuermann’s many opera productions from 1996 – 2008. He has co-taught The Met at the Movies at the College for Seniors since 2009, assisting in the planning of materials to be shown in class and providing the technical support.
**High Beginner Line Dance**  
CRN # 20100  
8 weeks: Mar. 28, Apr. 4, 11, 18, 25,  
May 2, 9, 16  
Thursdays, 2:30-4 pm  
(note start time)  
**Location:** 351 Sherrill Center  

If you have taken a beginner line dance class previously, you will enjoy this class. We will review the fundamentals and learn more fundamental steps associated with a higher level of dances. Line dancing is great for the mind and body – and lots of fun as well!  
**Denna Yockey** (denna.yockey@yahoo.com) teaches line dance at Givens Estates, Highland Farms Retirement Center, Harvest House Recreation Center, and AB Tech. She has taught line and partner dancing for about fifteen years and had her own dance club in Kansas.

**Belly Dancing for Fun**  
CRN # 20101  
8 weeks: Mar. 29, Apr. 5, 19, 26,  
May 3, 10, 17, 24  
(no class on Apr. 12)  
Fridays, 9-10:30 am  
**Location:** 351 Sherrill Center  

Have fun, express yourself, and exercise while learning the movements of Middle Eastern dance! This course is based on the instructor’s eclectic belly dance style and choreography, developed after performing and teaching for the past seven years. The course will include practice exercises and a full choreography learned during the eight-week period. The intent of this course is to provide a relaxed atmosphere to explore this style of dance, have fun, and move to great music. No dance experience is required. Please wear comfortable non-binding clothing and feel welcome to bring hip scarves, shawls, etc., to use for hip work. Coin scarves may be available for purchase through the instructor if students are interested. ($20).  
**Taisir El-Souessi** (taisirelsouessi@gmail.com) has been inspired by and participated in dance from a young age. Belly dance became her passion seven years ago, and she has been teaching and performing ever since. Taisir believes that belly dance is a reflection of femininity and allows unique expression in each individual dancer. She enjoys guiding people through the movements of belly dance to find personal joy in dancing and in themselves.

**Geology of North Carolina from the Blue Ridge to the Ocean**  
CRN # 20102  
7 weeks: Mar. 29, Apr. 5, 19, 26,  
May 3, 10, 17  
(no class on Apr. 12)  
Fridays, 9-11 am  

This course provides an overview of North Carolina geology as well as the geologic history of the Appalachians, including continental collisions and breakups. It also includes description of localities of geologic interest across North Carolina. Participants should gain an appreciation of how geologists decipher earth history and how North Carolina evolved to its present state. There will be an optional half-day field trip. **Highly recommended text:** *Exploring the Geology of the Carolinas*, Kevin G. Stewart and Mary-Russell Roberson, ISBN: 13:978-0-8078-3077-2. Cost: $15-23.  
**Richard Wiener** (richwiener@gmail.com) has a PhD in geology with thirty years’ technical geoscience experience at ExxonMobil. He also has taught at SUNY Oneonta, New York, and has published numerous papers and abstracts.

**Intermediate Piano**  
CRN #20103  
8 weeks: Mar. 29, Apr. 5, 12, 19, 26,  
May 3, 10, 17  
Fridays, 9-11 am  
**Location:** Lipinsky Piano Lab  

This course is a continuation of the Fall 2012 Intermediate Piano course. Any students new to this course must get the approval of the instructor before registration. **Materials fee:** $10 for new students to cover the cost of a notebook of materials provided by the instructor. The books required for this course may be purchased at SoliClassica at 1550 Hendersonville Road. (828-277-4111). A keyboard or piano are required in order for the student to practice between classes.  
**Marla Woeckener** (marla4musi@aol.com) has been teaching piano courses at the College for Seniors since the fall of 1999. She is a graduate of the University of Colorado.
Partner Yoga  cancelled
CRN # 20104
8 weeks: Mar. 29, Apr. 5, 19, 26,
May 3, 10, 17, 24
(no class on Apr. 12)
Fridays, 9-11 am

Partner yoga involves two individuals committed to assisting one another to accomplish supported yoga poses for flexibility, strength, balance, endurance, and community. Participants do not have to sign up with a partner; your partner will be another member of the class. Please wear comfortable, loose clothing and bring a yoga mat to class. This class is for all levels of yoga experience, including those who have never practiced yoga before.

NOTE: Due to topic popularity, participants may take only one yoga course per term.

Ellen Morrissey (ellenh1215@yahoo.com) is a certified yoga instructor. She began studying yoga in 2000. For Joe Barrett (joe-barrett@hotmail.com), yoga has been a health routine since a mild traumatic brain injury in 2001. Joe will assist Ellen by modeling the correct forms of each pose. They have been practicing partner yoga together for two-and-a-half years.

The Sex-Fiend and the Wanderer: Chaucer’s Two Great Females
CRN # 20105
8 weeks: Mar. 29, Apr. 5, 19, 26,
May 3, 10, 17, 24
(no class on Apr. 12)
Fridays, 9-11 am

The terms “sex-fiend” and “wanderer” fit the reputations of Alisoun, the wife of Bath, and of Criseyde of Troy (Cressida), but Geoffrey Chaucer created quite different and more complex characters in his narrative poetry. This course will be an assisted look into past culture, a chance to wrestle with justice in male portrayals of females, and a shared reading of masterpieces by a delightful storyteller. All readings will occur in translation, with elementary aid in how to read Middle-English excerpts. Required text: Geoffrey Chaucer: Troilus and Criseyde, translated by Barry Windeatt, ISBN: 978-0-19-955507-9. Cost: $10-11.

Bill Moore (srwhmoore@comporium.net) is professor emeritus of humanities, Austin College, and has a PhD from Harvard University. He is a teacher of literature (especially medieval and Renaissance), writing, and Western cultural history, who retired to Brevard in 2002.

You Can’t Take It With You
CRN # 20106
1st 4 weeks: Mar. 29, Apr. 5, 19, 26
(no class on Apr. 12)
Fridays, 9-11 am

Is every closet in your house filled, but you’re not sure with what? Is there a door in your house you’re scared to open for fear of what you’ll find behind it? If you’ve been thinking of downsizing your “stuff” but are overwhelmed or don’t know where to start, then this course is for you. You’ll leave with the tools and motivation to start sorting through your belongings, keeping what’s meaningful and letting go of what’s no longer necessary.

Rebecca Gallo (rebecca@clutterclearingcompanion.com) assists people who would like to scale down their belongings. She helps people determine which items have meaning to them, and what to do with those items they no longer need or value.
The OLLI Staff can help you find the information and connect you to the people you need to make the most of your experience at the Reuter Center. Here you’ll find a list of staff responsibilities and encounter a bit of staff wisdom for making the most of your OLLI experience.

**Ann Cadle, OLLI Business Manager.** You can contact Ann with questions about registration, payments, fees, refunds, budgets and purchasing. She organizes our four term registrations, trains staff on system use, works with university staff to maintain our software systems, and is a general source of knowledge about the operations of OLLI and the Reuter Center. Ann exemplifies the combination of care and professionalism that makes our community possible.

**Jessika Carney, OLLI Administrative Support.** Jessika is the “front line” at the Reuter Center; she answers our phones, greets members, answers questions and solves problems, works on registration, and keeps the coffee bars and the candy basket stocked. Most important, she creates a welcoming presence for our community of teachers and learners. Jessika is the newest member of the OLLI staff, and she is already making a wonderful difference in allowing everyone to accomplish more. Her advice to members: “Open yourself up to all the opportunities to be social and learn something new. It will enhance your experience at OLLI.”

**Catherine Frank, Executive Director.** Catherine works to make sure that all of our committees and staff members work together to create effective, financially sustainable programs and that we maintain a strong sense of community as we grow and evolve. If you have a program suggestion, a question about how we run, or a vision for our future, please let Catherine know. Her advice: Remember the words of Betty Freidan to inspire a positive aging experience and to make the most of your time at OLLI: “Aging is not lost youth but a new stage of opportunity and strength.”

**Laurel Jernigan, Program Director for Life Transition and Civic Engagement Programs and Workshops and Volunteer Coordinator.** Laurel works with volunteer leaders to design and implement the Paths to Creative Retirement and Creative Retirement Exploration Weekend programs and our two new life transitions programs, Exploring Continuing Care Retirement Communities and The Gift of Time, a workshop on advance care planning. She also directs Leadership Asheville Seniors and works with the Civic Engagement Committee on their initiatives. Finally, she is our volunteer coordinator, working with various committees and groups to advertise their needs and working with individuals to help them find the ways they can contribute to OLLI. Laurel advises: “Get involved. Volunteering on a committee is a great way to learn about how OLLI works and to participate in making it even better.”

**Anne Mock, College for Seniors Program Assistant.** Anne is here on Mondays, Wednesday, and Fridays. She works closely with the College for Seniors curriculum committee, instructors, and class assistants to support their work and create an engaging and welcoming environment for OLLI’s largest program. Anne says that members will enjoy their experience if they “SMILE and be happy and appreciative to be a member of such a fun and intellectually stimulating community.”

**Susan Poole, College for Seniors Director.** Susan oversees curriculum development, faculty support, development and appreciation, and all operations of OLLI’s largest program, the College for Seniors. Susan is always open to new ideas for courses and other programs to enrich and enliven OLLI’s lifelong learning programming. Susan suggests that to get the most out of the OLLI experience members should “let their voices be heard. Make suggestions for courses you would like to see offered. Offer to teach a course on a subject for which you have a passion. Volunteer to serve on a committee.”

**Leanna Preston, Reuter Center Facilities Manager and OLLI Communications Manager.** Leanna works with our members and visitors (including College for Seniors staff, instructors, and participants, SIG coordinators, partner organization leadership, UNC Asheville groups and facilities crews) to make sure that our building is fully scheduled and properly maintained and that our equipment operates properly. Leanna also maintains our website and online calendar and compiles the weekly email newsletter. Leanna says that she has two pieces of advice for our members. “Look folks in the eye and smile, a simple but effective way to make new friends.” She also urges members to “check the OLLI calendar. There are many activities that you don’t want to miss!”

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**Adverse Weather Policy**

OLLI classes, events, meetings, and other activities will be canceled or delayed when UNC Asheville classes are canceled or delayed for adverse weather. OLLI members should consult the UNC Asheville website at www.unca.edu to receive the latest information regarding the University Adverse Weather and Emergency Bulletins. You may also call the university’s Snow Line at 828-259-3050 or follow local media like WLOS TV13 for reports of closings and delays. By 8 am on bad weather days, the OLLI staff will post specific program information on our outgoing messages at 828-251-6140 or 828-251-6188. We will also, if at all possible, send an email to active members of the Center by 8 am regarding OLLI cancellations, closings, and delays.
Parking permits are required on all vehicles.
Visitors may register vehicles at the Reuter Center reception desk, room 208.

**Campus Map Key**

**CAMPUS BUILDINGS**
1. Belk Theatre (BEL)
2. Brumit Pisgah House (BPH)
3. Carmichael Hall (CAR)
4. Communication & Marketing (COM)
5. Glasshouse (GLA)
6. Highsmith Union (HIG)
7. Humanities Lecture Hall (HLH)
8. Justice Center (JUS)
9. Karpen Hall (KAR)
10. Lipinsky Hall (LIP)
11. Millar Facilities Complex (MFC)
12. New Hall (NEW)
13. Owen Hall (OWE)
14. Phillips Hall (PHI)
15. Ramsey Library (RAM)
16. Reuter Center (REU)
17. Rhoades/Robinson Hall (RRO)
18. Sherrill Center (SHE)
19. Student Recreation Center (SRC)
20. University Hall (Dining Hall) (UNI)
21. Vance Hall (VAN)
22. Weizenblatt Hall (Health Center) (WEI)
23. Zageir Hall (ZAG)
24. Zeis Hall (ZEI)

**CAMPUS OUTDOOR SPACES**
25. A.C. Reynolds Green
26. Botanical Gardens
27. Greenwood Fields
28. Mullen Park
29. Ropes Course
30. Reed Plaza
31. Strauss Track
32. University Quadrangle

**RESIDENCE HALLS**
33. Ashe Hall (ASH)*
34. Founders Hall (FOU)
35. Gardner Hall (GAR)*
36. Governors Hall (GOV)
37. Governors Village*
38. Hoey Hall (HOE)*
39. Mills Hall (MIL)
40. Moore Hall (MOO)*
41. Scott Hall (SCO)*
42. South Ridge (SOU)
43. West Ridge (WES)

*Governors Village includes: Ashe, Gardner, Hoey, Moore and Scott Halls.

**PARKING INFORMATION**

**VISITORS:** Visitors may park in Lot 6 or lower level of Sherrill Center parking deck.

**NON-RESIDENTIAL STUDENTS:**
Lots 3, 5, 7b, 9, A, B, C, D; Vivian St. Lot; ZAG parking deck; upper level of Sherrill Center parking deck.

**RESIDENTIAL STUDENTS:** Lots 1, 3, A, B; Vivian St. Lot; Ridges parking deck; Ridge Drive.

**FACULTY/STAFF:** Lots 4, 7a, 11, 12, 14, 16, B, C, I; UNI parking deck (see 20); lower level of Sherrill Center parking deck.
828/251-6140
email: olli@unca.edu
www.olliasheville.com

Don’t Use Email?
Please call or visit the Center frequently to stay informed.