SUMMER 2013
CLASSES & EVENTS

Osher Lifelong Learning Institute
at UNC Asheville
from the director

The Reuter Center, home of OLLI at UNC Asheville, symbolizes the investment of our members and community partners like the Janirve Foundation in the progressive vision that made the NC Center for Creative Retirement a national and international model for programming for older adults. NCCCR member Dorothy Murphree, who along with Beth Lazer and Art and Alice Green, led the fund-raising efforts for the building, said, “Our hope was that the building would be user-friendly, providing a sense of openness and receptivity to all participants, spaces for the social aspects of our programs, a sense of ownership so that we could say ‘This is our space, our home.’” Architect John Rogers designed a building that accommodates both the functional needs for classroom space and the equally important needs of gathering and conversation spaces. A distinct wall of windows gives us a view to Mount Pisgah, to Asheville’s skyline, and to the UNC Asheville campus, and creates an impressive façade that underscores the connection between our members and the wider community, inspiring us to look outward and to look inward.

This summer and fall we are planning a number of enhancements to our home. We will be adding solar shades to the atrium to preserve our beautiful views but shield members from excess heat and light. We plan a hearing loop and new carpeting for the Manheimer Room that will enhance the ability of members with hearing loss to enjoy more of the nuances of our lively discussions. Finally, we will reconfigure the current computer lab on the Center’s lower level. We are purchasing a portable laptop cart that will give us the opportunity to make any room in the Center a computer lab. We will install flooring that will accommodate movement courses, and we will be purchasing mobile furnishings that will allow the space to function for smaller courses, meetings, and special interest groups. As we make these small improvements, we hope we are all inspired to think of the next big dream, the next vision that will help us respond and lead as our ideas of aging and retirement continue to evolve.

Catherine Frank
Executive Director, OLLI at UNC Asheville

about our programs

COLLEGE FOR SENIORS is your opportunity to learn something just for the fun of it. Courses in this program are drawn from members’ experiences and professional expertise as well as from the UNC Asheville faculty and the interests of independent scholars in our area. Courses range from Shakespeare to iPads, political analysis to opera, yoga to mask making. We offer four terms throughout the year, each one with different courses and opportunities.

LIFE TRANSITIONS PROGRAMS include Paths to Creative Retirement (Paths), Creative Retirement Exploration Weekend (CREW), Exploring CCRCs, and The Gift of Time. These programs are structured as thought-provoking seminars and workshops designed to challenge and inspire you to make the retirement phase of your life as fulfilling as you had always hoped and to help you find the tools to navigate change.

WORKSHOPS provide short-term, concentrated, hands-on learning opportunities for those with busy schedules looking for evening and weekend offerings. Whether you want to learn new computer skills or how to make jewelry, there is a Workshop for you. You don’t even have to be an OLLI member to participate.

LEADERSHIP ASHEVILLE SENIORS is your chance to become engaged within the Asheville community. This program consists of a series of day-long seminars held at various sites in Buncombe County. Each of the sessions in the 9-week program acquaints you with the area’s history, people, institutions, and challenges by providing opportunities to meet with community leaders, activists, and politicians. One of the main goals of the program is to open the door to civic engagement and volunteering for participants eager to bring a lifetime of experience to improve their community.
# events calendar

## May
- **May 14**: Medical Imaging Technology Lecture, 7 pm
- **May 17**: Reuter Center Singers Spring Concert, 7 pm
- **May 20**: RSVP Session, 9 am
- **May 21**: Summer 2013 Registration, 8 am
- **May 21**: Elisha Mitchell Audubon Society Meeting, 7 pm
- **May 24-26**: CREW Workshop; Reuter Center closed for all other events
- **May 27**: OLLI and Reuter Center closed in observance of Memorial Day

## June
- **June 6**: Astronomy Club of Asheville, 7 pm
- **June 7**: Medicare Choices Made Easy, 2 pm
- **June 12**: f/32 Photography Group, 7 pm
- **June 14**: Medicare Choices Made Easy, 2 pm
- **June 15**: Civil War Lecture, 2 pm
- **June 16**: Asheville Community Theatre’s Autumn Players Readers Theatre, 2:30 pm
- **June 17**: Summer 2013 College for Seniors classes begin
- **June 17**: Asheville Storytelling Circle, 11:30 am
- **June 18**: Elisha Mitchell Audubon Society Meeting, 7 pm
- **June 19**: Advance Care Planning Workshop, 7 pm
- **June 21**: Call to Action Lecture, 11:30 am
- **June 28**: Asheville Lyric Opera Summer Artist Training Program Performance, 11 am

## July
- **July 1**: Blue Ridge Orchestra Open Rehearsal, 7 pm
- **July 3**: Blue Ridge Orchestra Open Rehearsal, 7 pm
- **July 4**: OLLI and Reuter Center closed for Independence Day
- **July 10**: f/32 Photography Group, 7 pm
- **July 14**: Appalachian Studies Summer Music Series Performance by Buncombe Turnpike, 3 pm
- **July 17**: Asheville Storytelling Circle, 11:30 am
- **July 18**: OLLI Membership Roundup Barbecue Social Social, 4:30 pm
- **July 21**: Appalachian Studies Summer Music Series Performance by John Doyle, 3 pm
- **July 28**: Appalachian Studies Summer Music Series Performance by Tom Sauber and Alice Gerrard, 3 pm

## August
- **August 1**: Summer 2013 College for Seniors Classes end
- **August 1**: Astronomy Club of Asheville, 7 pm
- **August 14**: f/32 Photography Group, 7 pm
- **August 15**: Fall 2013 Registration, 8 am
- **August 30-Sept 1**: Paths Workshop; Center closed to all other events

## Center Steering Council 2013-14
- **Chair**: Jim Lenburg
- **Chair-Elect**: Judy LaMée
- **Secretary**: Matt Mengel
- **Past Chair**: Cindy Berryman-Fink
- **OLLI Executive Director**: Catherine Frank
- **CFS Director**: Susan Poole

### Committee Chairs
- **Civic Engagement**: Chuck Rosenblum
- **College for Seniors**: Charlotte Moore & Gail Sobel
- **Facilities**: Barry Mundt
- **Finance**: Larry Haas
- **Life Transitions**: Ken Macfarlane
- **Marketing**: Kirk Borland
- **Membership**: Kathy Rouse
- **Nominating**: Judy LaMée
- **Planning**: Catherine Jordan
- **Research**: Steve Schleifer

### Mission:
Creating opportunities for people to thrive in life’s second half through learning, leadership, service, and research, the North Carolina Center for Creative Retirement was established in 1988 as an integral part of UNC Asheville. In 2012, we became the Osher Lifelong Learning Institute (OLLI) at UNC Asheville. OLLI participants help develop and implement programs and policies through the Steering Council in collaboration with OLLI’s professional staff. OLLI at UNC Asheville is supported by a combination of participant fees, public funding, consulting services, gifts, and foundation grants.

Www.olliasheville.com
Your gateway to **OLLI at UNC Asheville** programs and events is annual membership. A fee of $80 covers the extended membership period of May 1, 2013 to July 31, 2014. 2012-13 members may renew until July 31, 2014 for $60. Member benefits include:

* **UNC Asheville Parking Pass**
* **UNC Asheville Photo ID (One Card)**
* **UNC Asheville Library borrowing privileges**
* **Quarterly course catalogs**
* **OLLI at UNC Asheville weekly electronic newsletter**
* **Rental use of the Reuter Center for personal events after one year membership**

**PARKING:** OLLI members may park in any white-lined space (not marked as visitor parking) on campus, provided they display a current OLLI parking decal on their rear window. Complete a parking form in the Reuter Center office to obtain your decal. There is a $20 replacement fee for lost decals or for individual members who need more than one decal. If you join as a new member in May, you will receive a second decal in August for the new academic year. Please be aware of the new parking lot on Campus View Drive, a short walk away from the Reuter Center.

**NAMETAGS:** Leave your name on the list at the desk outside the Reuter Center office, and we will make you a nametag. Wearing a nametag at all OLLI events and classes helps people get to know you.

**ONECARDS:** OLLI members may obtain a OneCard, the official UNC Asheville photo ID card, in Highsmith Union. With a OneCard you may receive UNC Asheville discounts at local businesses and at university special events. You may deposit funds on the OneCard either in the OneCard office or in Automatic Deposit Machines in Highsmith Union or Ramsey Library, to be used in many of the campus dining venues. If you obtain an annual sticker for your OneCard through Campus Police, you may ride Asheville Transit at no cost.

**RAMSEY LIBRARY:** OLLI members may receive borrowing privileges at UNC Asheville’s Ramsey Library. The OneCard is your library card.

**WIRELESS INTERNET ACCESS:** You may register to use the campus wireless network by stopping by the Reuter Center front desk and asking for instructions and a password.

**DINING OPTIONS:** The Reuter Café on the Center’s lower level is not open during College for Seniors Summer term, but there are soda and snack vending machines on the Center’s lower level. There are only limited dining options on campus during the summer, so this is the season to brownbag or to enjoy one of the restaurants on Merrimon Avenue, only a short drive away.

**NEED MORE INFORMATION?** Check out these resources:
- Center Website: www.olliasheville.com
- Campus Map: www.unca.edu/map/campusmap
- UNC Asheville Events: www.unca.edu/calendar
- The Reuter Center Office—Open Weekdays, 8 am to 5 pm
  828-251-6140

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**registration—summer term**

**INITIATE** or **RENEW** your Center membership. For new or lapsed members: Join between May 1 and July 31 for $80, and your membership will run until July 31, 2014. Current 2012-13 members can renew for $60 for 2013-14

- Complete membership form, p. 19 or 21
- Pay $80 membership fee (new /lapsed members) or $60 (current 2012-2013 members) and receive membership through July 31, 2014
- Mail in or drop off at the Reuter Center office **anytime**
- Cash or check payable to OLLI only—we do not accept debit or credit cards)

**REGISTER** for classes **starting Tuesday, May 21, 8 am** for best availability

Note: Registration forms will be processed in order of date received at the Reuter Center on or after May 21. Forms submitted during registration on May 21 will be processed before registrations mailed or received prior to May 21.

- View catalog (hard copy or online at www.olliasheville.com)
- Complete registration form, p. 19 or 21
- Mail in or drop off at the Reuter Center office with payment (Cash or check payable to OLLI only—we do not accept debit or credit cards)
- To apply for a scholarship for OLLI program fees (College for Seniors or Leadership Asheville Seniors), submit a scholarship application with your registration form. See p. 12 for details.

**RECEIVE** registration confirmation to be sent Monday, June 3 and June 10

- Add/Drop begins Tuesday, June 4, 8 am, and continues through the start of the second meeting of a course.
Involving yourself with the OLLI at UNC Asheville community is stimulating, challenging, and fun. In addition to classes we offer through the College for Seniors and Workshops, there are a wide variety of activities that offer the opportunity to learn and socialize.

**Seniors’ Health Insurance Information Program**
Older adults need accurate information about Medicare and insurance. If you would like to help seniors in our community with these often confusing and intimidating issues, the Seniors’ Health Insurance Information Program (SHIIP) needs you. Contact OLLI member Kenn Haring at kennharing@charter.net for more information; this project is part of OLLI’s Civic Engagement Committee and the Buncombe County Council on Aging.

**Health and Fitness Center Membership**
Fee: $350

OLLI members are invited to join the UNC Asheville Health and Fitness Center with facilities in the Sherrill Center and the Justice Center on campus. Use the registration form on page 20 or 22 to join. You will be asked to fill out an additional form outlining the terms of the membership, including information about hours of access. Membership is valid for one year from the date of enrollment. For more information, contact Ann Cadle at 828-251-6384 or acadle@unca.edu.

### special interest groups—SIGs

Once you’re an OLLI member, you may join Special Interest Groups (SIGs) as another way to learn and develop friendships based on shared interests. All SIGs are approved and evaluated by the Membership Committee and are member-organized. To find detailed information about SIGs and information about how to initiate a SIG, call 828-251-6140 or visit our website at www.olliasheville.com and look for SIGs under “Center Groups”

- **Apple SIG**
  - 2nd Fridays, 1:30-3:30 pm
  - Information: Paula Withrow, 350-8406, pvwithrow@aol.com or Bob Mellor, 253-5031, BM.NCCC@charter.net

- **Backgammon**
  - Tuesdays, 2 pm
  - Information: Bruce Jones, 338-0265, bruce_e_jones@yahoo.com

- **Bridge Grads**
  - Thursdays, 2-5 pm
  - Information: Nina Hansen, 299-7711, hansen@bellsouth.net or Kay Harrold, 257-4027, karonharrold@gmail.com

- **Creative Singles**
  - 1st Wednesdays, 5:30 pm, potluck at the Reuter Center; 3rd Wednesdays, 5:30 pm at a restaurant.
  - Information: Linda Lewandowski, 665-1787, themerrywanderer@yahoo.com

- **Financial Strategies in Retirement**
  - 1st Fridays, 1:30 pm
  - Information: Kate Beatty, 231-7710, kkbmim@yahoo.com

- **The Forum: Dialogue to Challenge Our Thinking**
  - Fridays, 1 pm
  - Information: Lou Millin, 298-3863, lmillin@bellsouth.net

- **Intermediate Bridge**
  - Fridays, 1-4 pm
  - Information: Catherine Alter, 253-2342, calter@du.edu

- **Making Art Together**
  - Fridays, 1-4 pm
  - Information: Barbara Brennen, 505-1544, bbrennen33912@charter.net

- **Men’s Wisdom Works**
  - Call or email for meeting times
  - Information: Chuck Fink, 712-2112, chuck@mmwasheville.com

- **Poetry Lovers**
  - 3rd Fridays, 3-5 pm
  - Information: Perien Gray, 254-2872, gray.perien090@gmail.com

- **Reuter Center Bowlers**
  - (Lane Bowling)
  - Mondays, 1 pm
  - Information: Jan Guichard, 253-8776, lifebegins70001@yahoo.com

- **Spiritual Inquirers**
  - 2nd & 4th Fridays, 2-4 pm
  - Information: T. S. Pennington, 338-0407, pennints@gmail.com

- **Women’s Groups**
  - Call or email for meeting times
  - Information: Bobbie Bowen, 693-1523, ravery09@gmail.com

- **The Wild Bunch**
  - (Hiking and naturalist programs)
  - Email for meeting times.
  - Information: Mary Scott, mac8@psu.edu

- **Wine Tasting**
  - 2nd Sundays, 7 pm at a member’s home
  - Information: Ulana Mellor, 253-5031, Ulana.Mellor@charter.net

- **A Writers’ Gathering**
  - 2nd & 4th Thursdays, 4:15 pm
  - Information: John Himmelheber, johnhimmelheber@aol.com or Bobbie Rockwell, bobbimayrockwell@gmail.com
Advance Care Planning Workshop
OLLI at UNC Asheville will hold an advance care planning workshop **Wednesday, June 19, 7-9 pm** at the Reuter Center. The workshop will feature a panel whose members are experienced in addressing end-of-life issues. Discussion will include communicating your treatment wishes to loved ones and to medical personnel, ethical and legal issues, and the uses of advance directives. Ample time will be reserved for questions. Assistance will be provided for anyone wishing to complete a legally valid advance directive, including the notarization required in North Carolina, using the Five Wishes format. This event is free and open to the public.

Asheville Community Theatre’s Autumn Players
Readers Theatre
The Autumn Players is a troupe of seasoned actors dedicated to taking the theatre experience into the community. Readings of great literature by experienced performers can spark deep understanding and kindle lasting interest. As words jump from the page with conviction and emotion, stories come to life. The performance is in the Manheimer Room at the Reuter Center. Tickets are $5 at the door.

- **Sunday, June 16, 2:30 pm**, **Spoon River Anthology**, based on poetry by Edgar Lee Masters and adapted for the stage by Charles Aidman, directed by RoseLynn Katz. Come enjoy this medley of tales of characters from a small Illinois town in the nineteenth century as they tell their life stories in the form of epitaphs. Their tales run an emotional gamut—some bold and colorful, some full of everyday frustrations, and more than a few revealing long-kept secrets from the grave. This classic piece of Americana includes folk singing and music.

Asheville Lyric Opera Summer Artist Training Program
On **Friday, June 28, 11 am**, OLLI will host a performance by participants in the Asheville Lyric Opera’s (ALO) Summer Artists Training Program. The ALO Summer Artist Training Program is built around a select group of singers who travel across Western North Carolina to perform a unique program of scenes from operatic and musical theatre repertoire. Each artist is part of an intensive two-month process involving a variety of directors, coaches, accompanists, and industry professionals. This summer each artist will understudy principal roles in Asheville Lyric Opera’s July 19 and 20 production of Rodgers and Hammerstein II’s *Carousel*. The ALO is excited to host five talented singers from points near and far and delighted to bring them to the Reuter Center for the first time. This program is free and open to the public.

Asheville Storytelling Circle
On **Wednesday, June 17, and Wednesday, July 17, 11:30 am**, the Asheville Storytelling Circle invites you to come share two sessions of tall tales: original, literary, and traditional stories focusing on historical and mythical figures. The Asheville Storytelling Circle is a non-profit organization of folks who love stories. Some of the members are professional telling, others are amateur tellers, and still others just love listening to stories.

Astronomy Club of Asheville
The Astronomy Club of Asheville meets the **1st Thursday of each month (except July), 7-9 pm**, with an interesting lineup of speakers and topics. The group welcomes OLLI members to attend club meetings and star gazes, with club members on hand to advise and assist them in the basics of astronomy and the techniques of observing celestial phenomena. Participation at club meetings and events is free to OLLI members. For more information on the Astronomy Club of Asheville, visit their website at [http://www.astroasheville.org](http://www.astroasheville.org)

- **Thursday, June 6, 7 pm**, Rick Boozer “The Megallanic Clouds: What No One Knew Until Now”
- **Thursday, August 1, 7 pm**, Dan Reichart “The Stonehenge Observatory”

Blue Ridge Orchestra
The Blue Ridge Orchestra is comprised of over 70 volunteers, nearly half of whom trained for a profession in music. Their passion for performing symphonic music of a high caliber at a high level brings them together at the Reuter Center’s Manheimer Room, **Monday, July 1** and **Wednesday, July 3, 7 pm**. The group encourages OLLI members to drop by rehearsals, especially the last in a sequence before a performance. Upcoming rehearsals are for a concert on **Thursday, July 4, 7:30 pm**, at White Horse Black Mountain (105c Montreat Road, Black Mountain, NC, 28711). General Admission $15; Friends $10; Students $5.
Civil War Lecture Series
Join us for the final presentation in the Western North Carolina Historical Association’s (WNCHA) Civil War Lecture Series 2013, “Community Under Stress: The Civil War in Western North Carolina.” The series is presented by WNCHA in partnership with OLLI at UNC Asheville and the Western Office of North Carolina Department of Cultural Resources. The lectures are free of charge to members of WNCHA and OLLI and $5 for all others.

- **Saturday, June 15, 2 pm**, a panel discussion titled “The Aftermath of the Civil War in the Western North Carolina Region.” Dr. Gordon McKinney and Dr. John Inscoe, professor of history at the University of Georgia, will present.

Elisha Mitchell Audubon Society
The mission of the Elisha Mitchell Audubon Society (EMAS) is to promote an awareness and appreciation of nature, to preserve and protect wildlife and natural ecosystems, and to encourage responsible environmental stewardship. EMAS will hold meetings at the Reuter Center on the third Tuesday of the month, 7 pm. For more information, visit their website: [www.emasnc.org](http://www.emasnc.org)

- **Tuesday, May 21, 7 pm**, Charlotte Goedsche on her cerulean warbler research
- **Tuesday, June 18, 7 pm**, Joe Tomcho and Alex Wilson on the return of the American kestrel and other bird projects at Sandy Mush game lands

f/32 Photography
f/32 is a diverse group that shares an appreciation and love of photography. Members range from the amateur to the advanced, from those who like to just take pictures to professional photographers. At monthly meetings, they share their work, learn new methods, and keep abreast of the latest industry news and equipment. OLLI members are offered free membership in f/32. Attend on **Wednesdays, June 12, July 10, August 14, 7 pm**. For more information: [www.f32nc.com](http://www.f32nc.com)

Medicare Choices Made Easy
Are you new to Medicare? Are you confused by the many choices? Unbiased and accurate information is available from trained volunteers from the North Carolina Seniors’ Health Insurance Information Program. In this partnership between the Buncombe County Council on Aging and the OLLI Civic Engagement Committee, free classes will be held on successive **Fridays, June 7 and 14, 2-4 pm**, in the Reuter Center. The first session will be an overview (plans, parts, and policies) of Medicare. In the second session participants will learn how to use the resources on the Internet to compare benefits, answer questions, and enroll when they are ready. Spaces are limited, and registration is required. Reserve your space by calling the Council on Aging, 828-277-8288.

Membership Roundup Barbecue Social
Join your OLLI friends for our fourth annual summer barbecue on **Thursday, July 18, 4:30 – 6:30 pm**. Bandanas and cowboy hats are optional. Take this opportunity to socialize, enjoy great food, and sign up for your 2013-14 OLLI membership.

“Medical Imaging Technology and Procedures: Understanding What Your Doctor is Recommending” Lecture
On **Tuesday, May 14, 7 pm**, Perry Sprawls, PhD, Distinguished Emeritus Professor, Radiology, Emory University School of Medicine, will speak on medical imaging technology. Dr. Sprawls will take participants on a “Fantastic Voyage” through the human body using images from each of the many methods, including digital radiography and mammography, computed tomography (the CAT scan), MRI, PET, and other procedures using radioactive compounds, fluoroscopy, and ultrasound. The principles of each method will be illustrated to show how images are produced and how the different methods compare. A special interest of Dr. Sprawls is helping all of us understand the science and technology in our lives today through his courses for non-medical professionals. This program, sponsored by the Western North Carolina Institute of Electrical and Electronics Engineers (IEEE), is free and open to the public.

Retired & Senior Volunteer Program (RSVP)
Retired & Senior Volunteer Program (RSVP), is a national program of the Corporation of National and Community Service and locally sponsored by the Land-of-Sky Regional Council. RSVP assists our 55+ population with finding meaningful and rewarding volunteer opportunities in Buncombe, Madison, Henderson, and Transylvania Counties. Come join us for informative sessions spotlighting volunteer possibilities in the area. To reserve your spot call Patti Cameron at 828-251-6622 or rsvp@landofsky.org

- **Monday, May 20, 9-11 am** “Environmental Opportunities”

Reuter Center Singers Spring Concert: “Rewinding the Fifties”
On **Friday, May 17, 7 pm**, the Reuter Center Singers, OLLI’s in-house choral group under the direction of Chuck Taft, will perform a concert of favorite tunes from high school and college days. A car from the ‘50s will be on-site for photo ops and to add to the fun. This performance is free and open to the public.
Exploring Continuing Care Retirement Communities

Continuing Care Retirement Communities (CCRCs) are an attractive residential option for active older adults and offer a full continuum of independent housing, assisted living, and skilled nursing care within a single campus setting.

In this course we will help you assemble the relevant information and ask the right questions to see whether the CCRC is a housing option that meets your needs and to help you choose among the options available to you. Panels of experts will inform participants during sessions held at the Reuter Center. Then, on site visits to nearby CCRCs will provide understanding of local options.

**Dates:**
- **Sessions at Reuter Center:** May 22, 29, June 5,19, July 10
- **Time:** 11:30 am - 1:30 pm
- **Sessions on site at local CCRCs:** May 29, June 12, 26, July 3
- **Time:** 10:00 am - 12:00 pm

**Cost:** $150

**For more information or to register:** www.olliasheville.com/exploring-ccrcs

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The Gift of Time

Thoughtful Planning For Life’s End

Go beyond “5 Wishes” with this comprehensive five-week workshop that will guide participants in the planning and communication of their end-of-life-wishes with spouses, partners, children and parents.

Sessions will provide participants with compelling, rational reasons to prepare a plan, assuming control of their desires and wishes while communicating specific directions to others.

Trained facilitators in a workshop setting initiate an extended conversation with expert speakers who will provide holistic approaches to key legal, medical, and spiritual issues. Visit the website to read a true story of the workshop's creator who discovered first hand the profound value of the gift of time for yourself and your loved ones.

**Dates:** May 31, June 7, 14, 21 & July 12

**Time:** 9-11 am

**Cost:** $100

**For more information or to register:** www.olliasheville.com/gift-of-time

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Tell your Friends! Our nationally recognized retirement workshop, “**Paths to Creative Retirement**” is happening this Labor Day Weekend. If you have friends who are preparing to retire and are looking for a comprehensive non-financial planning workshop, please direct them to www.PathsToCreativeRetirement.com or ljerniga@unca.edu. Space is limited.
Leadership Asheville Seniors 27
Connect • Engage • Learn

Every fall, OLLI offers this learning and civic engagement program, planned and led by its graduates and community members. It provides participants with a multi-faceted view of Asheville and Buncombe County.

Through discussions with community leaders in distinctive venues, newcomers and longtime residents alike can gain new perspectives and consider ways to contribute their diverse experiences and talents for the good of the community.

**Dates:** Wednesdays, September 11 - November 6, 2013

**Time:** 8:30 am - 3:30 pm

**Cost:** $400

**Registration:** Open to OLLI members only. Visit www.olliasheville.com/LAS for registration form or contact Laurel Jernigan at ljerniga@unca.edu / 828.250.3871
Welcome summer with one day and weekend workshops that fit your interests and schedule. OLLI membership is not required to register, and workshops are open to the public. Workshops have limited space. Register on catalog page 20 or 22. For additional information or to register by phone call 828-251-6140. Credit cards are accepted, and refunds are available until 14 days before the workshop; $10/person fee is non-refundable.

**Producing Your Own YouTube Video**  
**CRN#: 30009**  
**Saturday**  
June 15  
9 am-4 pm  
Fee: $60/person

Are you interested in learning how to create and upload a video for YouTube? In this one-day workshop you will learn how. The only requirements are some basic computer skills and a creative spirit. Each student will make a three-minute video, edit it, and then upload it to YouTube. Each student will also create a YouTube account. You may not become a Steven Spielberg, but in this workshop you will learn how to create your own personal videos and share them, thus creating lots of fun memories. **Required materials:** Handouts will be provided with step-by-step instruction. It is recommended that you bring a 4 GB or a larger flash drive. All other equipment will be provided.  

**Sidney Braverman** (Sidney581@juno.com) graduated from RCA Institutes with a certificate in video production and management, built a low power TV station in Weaverville, and created many local programs for the station. For more information visit his website, www.sidneysplace.com

**Try a New Basket Technique: A Twill Basket with Cat Head Bottom**  
**CRN#: 30006**  
**Saturday**  
June 15  
9 am-5 pm  
Fee: $85/person

In this workshop participants will be introduced to twill weaving and learn how to create and construct various linear twill patterns. Students will learn how to make traditional Shaker cat head bottoms on their baskets. The basket will be constructed out of rattan (reed). Students should expect to complete one basket and to have learned enough to continue on their own.  

**Materials fee:** $25/person, payable to the instructor.  

**Carlson Tuttle** (carlsontuttle@yahoo.com) has been making baskets since he was a child. He has taught basket making at John C. Campbell Folk School since 1991. He has been a member of Southern Highlands Craft Guild since 1983.

**Understanding Your Existing Long Term Care Insurance Policy**  
**CRN#: 30001**  
**Saturday**  
June 22  
9 am-12 pm  
Fee: $40/person

This workshop is for you if you own a long term care (LTC) policy and need a “refresher course” on what you have. Maybe you never really understood it to begin with! Do you know what types of care it covers and when? Do you know what your deductible is? Is there a cap to how much it will cover? Has it grown in value? Learn some of the nuances of the policy language that may be important if you have a claim. Bring your actual policy to this workshop and learn how to read the coverage and interpret what you currently have.  

**Betty Doll**, MBA, CLTC (Betty@BettyDollLTC.com) is the principal of Doll & Associates Long Term Care Insurance Services in Asheville, North Carolina. Ms. Doll teaches Certification in Long Term Care (CLTC) classes on a national level and has trained hundreds of advisors across the country on the specifics of LTC insurance. For more information visit her website: www.BettyDollLTC.com

**Introduction to Digital Painting with Corel**  
**CRN#: 30004**  
**Saturday & Sunday**  
June 22 & 23  
9 am-4 pm each day  
Fee: $170/member; $180/non-member

Learn how to turn photos into masterful paintings with Corel Painter 12 software. The course is taught by a Corel Painter Master with years of teaching experience. You will leave the class knowing your way around the software and be amazed at how naturally the brushes work for you. **Prerequisites:** No drawing skills required, only basic computer skills. Students should bring their own computer/laptop to this workshop with Corel Painter 12 already installed.  

**Marilyn Sholin** (marilynsholin@gmail.com) is a Master Photographer and Corel Painter Master who teaches and speaks all over the world. She has extensive experience in teaching live workshops and has written the bestselling book *The Art of Digital Photo Painting: Using Popular Software to Create Masterpieces*. She is a mixed media artist and is working on a new book about color in digital painting. She has won many awards and her work, and her articles have been published in international magazines. For more information, visit her website: www.marilynsholin.com/blog
| **workshops** |
|-------------------|---------------------------------|
| **Capturing Local Culture in Travel Photography** |
| CRN#: 30007 |
| Saturday & Sunday |
| June 22 & 23 |
| 1-5 pm each day |
| Fee: $110/member; $120/non-member |
| Get beyond the common tourist’s eye with your camera. Experience another culture at a deeper level and capture the memories with authenticity. In this workshop, you will learn: 1) how to handle the unique challenges of travel photography; 2) how to manage photographic fundamentals of composition, color, contrast, and light; 3) how to balance participation in culture and documentation of experiences; 4) how to create a photo slide show, using PowerPoint. **Materials fee:** $5/person, payable to the instructor |

| **Intermediate Watercolor Weekend** |
| CRN#: 30005 |
| Saturday & Sunday |
| July 6 & 7 |
| 9 am-4 pm each day |
| Fee: $140/member; $150/non-member |
| In this workshop students will work at their own level and pace with guided instruction. Bring works in progress or perhaps try a completely new subject or simply enjoy the focused time to paint. Helpful feedback, timely demos, and teachable moments will keep the focus on individual learning. **Prerequisites and required materials:** Basic watercolor skills are preferred. The instructor will provide a list of supplies needed for this workshop. |

| **“Anyone Can Do This”: Sensational Scratchboard** |
| CRN#: 30008 |
| Friday |
| July 12 |
| 1-4 pm |
| Saturday & Sunday |
| July 13 & 14 |
| 10 am-4 pm each day |
| Fee: $145/member; $155/non-member |
| In this easy hands-on workshop, participants will be introduced to the marvels of scratchboard as a fine art medium. It is great for depicting animals but any subject can be done. Participants will learn how to create a variety of textures with simple tools while creating works of art from their choice of furnished references. They will also learn how to reproduce their work and how it should be framed. No experience is necessary, and beginners through advanced artists are welcome. **Materials fee:** $20/person payable to the instructor, to cover scratchboard, tools, printed information and other supplies. |

| **Creating a Soul Garden to Enhance Your Life** |
| CRN#: 30002 |
| Saturday |
| July 20 |
| 9 am-5 pm |
| Fee: $60/person |
| You will learn to expand your connection to your soul and apply basic Feng Shui and Five Elements principles to create a miniature Soul Garden (11”) to take home with you. Creating the garden allows you to focus on new intentions in different areas of your life, e.g. health, home, finance, relationships, etc. The Soul Garden will serve as a reminder to attend to your soul’s guidance. This is an energizing workshop that some say can transform your life. **Materials fee:** $10/person, payable to the instructor. |

| **Intro to NXT Robot Programming for FIRST Lego League (FLL)** |
| CRN#: 30003 |
| Saturday |
| August 10 & 17 |
| 9 am-3 pm |
| Fee: $25/person |
| Get in on the robot action the FIRST Lego League way in the workshop sponsored jointly by OLLI at UNC Asheville and the Robotics Opportunities Committee of Western NC. This workshop is designed for students ages 9 to 14 plus their mentors and coaches who want a quick hands-on introduction to programming the Lego NXT robots in preparation for the 2013 FLL Robot Competition. **Prerequisite:** One adult is required to attend and work with each student. No prior experience required. **Required materials:** Attendees must bring a pre-built NXT Flex-Bot Robot based on provided plans plus USB cable and batteries -- no fewer than one robot per two participants. For more information please contact the instructor at 828-484-4444 or email: contact@rocwnc.org |

| **Su shen Huang** |
| (myneedle47@hotmail.com) has integrated her passion for science, psychology, and spirituality into a holistic healing and life coaching service. Her love of world travel and exploration of diverse cultures has enhanced her skills as an inspiring teacher/coach and compassionate healer. |

| **Neil Rosenberg** |
| (Neil@vectorr.com) is a robotics engineer and educator and a graduate of MIT and Stanford. Neil is responsible for several unique robotics-based vehicles, and has particular interest in machines that think for themselves. He also has a knack for making technology understandable by non-technical persons. For more information about this and other exciting STEM opportunities for youth please visit www.rocwnc.org |
The largest program of OLLI at UNC Asheville is College for Seniors (CFS), a lifelong learning program offering more than 280 courses to 1800 members annually during four terms:

**Summer:** June 17 – August 1, 2013 (registration begins May 21)
**Fall:** September 16 - November 8, 2013 (registration begins August 15)
**Winter:** January 13 - February 24, 2014 (registration begins December 3)
**Spring:** March 24 - May 16, 2014 (registration begins February 25)

### SUMMER 2013
_June 17 – August 1, 2013_

**NOTE:** Be sure to check dates listed for each course.

**Fee:** $75 for the term
This flat fee allows you to register for up to three courses, listed on pp. 16-34 during the initial phase of registration.

Confirmation will be mailed on June 3.
Add/Drop begins Tuesday, June 4, 8 am.
After you receive your schedule, you may add additional courses without cost. Courses may be added prior to the start of the second class period in the course.

*If you cannot attend a course that you enroll in, please work with office staff to drop the course so someone else may attend.*

**OLLI Membership is required to enroll in CFS**

**REFUNDS:** Cancellation must be received by Friday, June 14, 3 pm for a full refund. This applies to ALL fees for CFS classes.

### Course Information
In addition to the course descriptions in this catalog, there are details about many CFS courses on course web pages on the OLLI web site. To reach the listing of courses with web pages, go to: www.olliasheville.com/courses. On this page you can type in an instructor’s name and find information such as course outlines, reading lists, materials lists, and instructor background.

### Class Reps
If you are interested in helping newer members get acclimated, assisting instructors in class, and ensuring that classes operate smoothly, consider being a Class Rep. Check the spot for being a Rep in the CFS Section on the registration form. For more information contact Anita Shields at 828-253-5624 or Jacque Morgan at 828-658-9738.

### Scholarships
Scholarships are available to partially cover the expense of course fees; the annual OLLI membership fee is the member’s responsibility. Applications are available in the office of Reuter Center and on OLLI’s website. To ensure the best choice of courses, scholarship applications should be submitted along with the registration form as soon as possible. For additional information, call 828-251-6873.

### Teaching in College for Seniors
At the heart of the College for Seniors program are dedicated volunteer instructors. While many instructors are retired academics, others with no formal teaching background have successfully facilitated learning experiences centered on their areas of passionate interest or expertise. To best orient the first time instructor and to enhance the skills of experienced teachers, a number of guides and programs are available:

**Volunteer to Teach: Course & Teaching Idea Exchange**
The Curriculum Subcommittee of CFS hosts a meeting each quarter to provide information for potential instructors and to hear their ideas for new courses. Members of the Curriculum Committee are on hand to discuss course topics and to advise on course proposal preparation and related matters. Upcoming meetings are scheduled:

*August 12 – 4:30-6:30 pm*
*November 11 – 4:30-6:30 pm*

**Instructor Guidebook**
An instructor guidebook has been prepared by the CFS committee. For information contact Anne Mock at 828-251-6198.

**Course Proposal Due Dates:**
- **July 15** for Winter 2014
- **October 15** for Spring 2014
- **January 15** for Summer 2014

Proposal forms are available on the OLLI website at www.olliasheville.com/forms

### QUESTIONS ABOUT CFS? SUGGESTIONS?
Contact CFS Director Susan Poole: 828-251-6873
Appalachian Studies

Interest in Appalachian lifestyle, culture, and customs is a natural outgrowth of living in this region. In light of this curiosity, the College for Seniors developed an Appalachian Studies program to present a continuing series of courses and events specifically highlighting the region, its heritage, and its future. To find these courses, look for the tree logo next to listings.

Appalachian Studies courses offered in Summer 2013 are: Literary Asheville (p. 25), Ecology of the Southern Appalachians (p. 28), and Asheville on the Cheap (p. 31).

This summer, on Sundays, July 14, 21, and 28, 3-5 pm, The Appalachian Studies Committee will sponsor a music series featuring bluegrass, Celtic, and old time/traditional music. See p. 35 for details.

Small Group Learning Circles

Learning circles are courses designed to encourage participants to share their life experiences in a facilitated conversation group. Each member of a learning circle is both a learner and a teacher; the emphasis is on the individual’s experience as it relates to the topic. Learning circles encourage exploration of different points of view and use dialogue in a format distinct from debate. They also help participants develop good listening (focusing) skills, leading to what we call “transformative learning.” Because participants in a learning circle quickly form a cohesive unit where individual experiences are shared with the group, it is strongly recommended that participants enroll in a learning circle only if they can commit to attending each class.

To find courses that are learning circles, look for the circle logo next to each course.

The Learning Circle offered in Summer 2013 is: Spiritual Diversity (p. 25).

Wellness and Recreation Courses

Wellness and Recreation courses with the $20 each require a $20 fee, in addition to your College for Seniors fee of $75, remitted with your registration form. Failure to include the fee with the registration form will result in delayed processing of your course requests. These fees offset the cost of paid College for Seniors instructors who must be certified to teach. Because of topic popularity, you may take only one yoga or t’ai chi course per term. You may be asked to sign a liability waiver at the first class for some Wellness and Recreation courses. It is recommended that you check with your physician before you begin any new physical activity.
Art History
Twentieth Century Western Art

Business/Law/Finance
Planning for Financial Success in Retirement
Playing Your Financial Instruments with Both Hands
Specialty Coffee/Cake in Asheville

Contemporary Issues
America’s Political Dilemma
Ecology of the Southern Appalachians

Crafts
Bargello Samplers
Masking It

Dance
Beginner Line Dance
Waltzing for the Joy of It

Economics
A History of Risk and Beyond
Introduction to Behavioral Economics

Film
The British New Wave
Crime Fiction: Books and Movies
Food in Film

Health and Wellness
Authentic Pilates: Mat 1
Chair Yoga for a Vital Life
Living Healthy with Chronic Conditions
Moving Into Meditation
T’ai Chi for Back & Balance
T’ai Chi Sampler
Yoga for You

History
American Women & the Paradox of Change
France During World War II
Real Housewives on the 1852 Oregon Trail

Language and Literature
Beginning French for Travelers
Conversational Italian
Crime Fiction: Books and Movies
Every Picture Tells a Story
Fairy Tales Revisited
Introduction to Great Books
Literary Asheville
Philip Roth’s American Pastoral and The American Dream
Shakespeare’s The Merchant of Venice: Page and Stage
Shakespeare’s The Tempest: Page and Stage
Work It & Send It: Revise and Publish Your Writing

Music
Brevard Opera: Live at OLLI
“Forgotten” Composers on YouTube
Maestro 101: The Life and Work of a Symphony Conductor
Shostakovich String Quartets
The World of Charles Ives

Personal Development
Asheville on the Cheap
The Four Rs
A Tour of Summer Cuisines
Vine to Wine

Photography
Beginning Digital Camera

Political Science
America’s Political Dilemma

Recreation
How to Play Backgammon
Lawn Bowling
Mah Jongg
Nordic Walking

Science
Ecology of the Southern Appalachians

Studio Arts
Art from Recycled Paper
Creating & Exploring Mandalas

Technology
Beginning Digital Camera
Elementary iPad
One Byte at a Time

Theatre Arts
Fun & Stretching with Readers Theatre

Philosophy and Religion
The Dead Sea Scrolls
Introduction to Great Books
Niebuhr, Niebuhr, & Tillich
Spiritual Diversity

Spiritual Diversity

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Reader’s Theatre .................................. 16
Planning for Financial Success .............. 16
Work It & Send It .................................. 16
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Maestro 101 ....................................... 17
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A History of Risk & Beyond .................. 24

2 – 4:45 pm
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11:30 am – 1:30 pm
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Of Change ........................................... 25
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Fairy Tales Revisited ......................... 26
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2 – 3 pm
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2 – 4 pm
How to Play Backgammon ..................... 29

2 – 4:30 pm
Crime Fiction: Books & Movies ............. 30
Living Healthy with Chronic Conditions ... 30

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Playing Your Financial Instruments ....... 31

11:30 am – 1:30 pm
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Beginner Line Dance ........................... 31
Every Picture Tells a Story .................... 31
Introduction to Behavioral Economics ...... 32
Mah Jongg ......................................... 29
Real Housewives on the 1852
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Summer 2013 Calendar

This is a quick-reference for course
days and times; see course listing for
details. For changes
that occur after the catalog goes
to print, see “Catalog Updates” at
www.olliasheville.com

WWW.OLLIASHEVILLE.COM | 15
### Mondays, 9-10:30 am

**T’ai Chi for Back & Balance**  
CRN # 30010  
6 weeks: June 17, 24, July 1, 8, 15, 22  
Mondays, 9-10:30 am  
**Location:** 351 Sherrill Center  

In this course participants will be introduced to t’ai chi principles as embodied in the simplified Yang form of Professor Cheng, Man-Ching. Through the practice of a series of movements, postures, and a mini-form, we will strengthen the lower body, increase the flexibility of the upper body, relieve back stress, and improve balance. Classes will also include some standing meditation. **Note: Due to topic popularity, participants may take only one t’ai chi course per term.**

*Terry Call* (tfcall@gmail.com) has been studying and teaching t’ai chi for sixteen years. He has trained in several styles of hand form, push hands, and weapons forms. He has a special interest in t’ai chi as an exercise for active seniors.

### Mondays, 9-11 am

**America’s Political Dilemma: A Liberal’s Perspective**  
CRN # 30011  
4 weeks: June 17, 24, July 1, 8  
Mondays 9-11 am  

Not since the Civil War has the political sector of America been so pervasively divided. This polarization has prevented enactment of the laws required to rebuild our nation. The explanation for America’s political dilemma will be addressed by analyzing its three primary contributors—paranoia, big money, and anti-humanism—and by discussing its current and future impact on our nation. Ample time for questions and discussion will be provided.

*George Yates* is a UNC Asheville associate professor emeritus with a PhD in management. He previously spent twenty years in large corporations including manufacturing, finance, and senior level management.

**Fun and Stretching with Readers Theater**  
CRN # 30028  
6 weeks: June 17, 24, July 1, 8, 15, 22  
Mondays, 9-11 am  

This course is an adventure with Readers Theater. We will be reading anecdotes, poetry, monologues, and scenes from various plays, occasionally utilizing theater games or improvisation. Bring a favorite poem, anecdote, essay, or review to the first class. Be prepared to participate!

*Kermit Brown* (kermitbrown@bellsouth.net) is an Equity actor with fifty years’ experience as an amateur and professional actor. He has worked with the Alabama Shakespeare Festival and toured with Jackie Gleason, Helen Hayes, and Louis Jourdan. He has also worked on and off Broadway, and in regional theatres such as the North Carolina Stage Company, Flat Rock Playhouse, Southern Appalachian Repertory Theatre (SART), and the Autumn Players.

**Planning for Financial Success in Retirement**  
CRN # 30012  
6 weeks: June 17, 24, July 1, 8, 15, 22  
Mondays, 9-11 am  

This course will be an overview of financial planning and investment management for retirees, including risk factors, market timing, asset allocation, spending in retirement, equities, fixed income assets, annuities, mutual funds, insurance, estate planning, charitable giving, Roth IRAs, managing debt, Social Security, and budgeting. Estate planning issues will also be explored.

*Roger James* (rjames@parsecfinancial.com) is a senior financial advisor and senior trust advisor with Parsec Financial. Roger has earned the certified trust and financial advisor designation and holds a Juris Doctor (JD) degree. Other speakers include Harli Palme, Travis Boyer, and Mark Lewis (from Parsec Financial) and Bob Haggard, an estate planning attorney.

**Work It and Send It: Revise and Publish Your Writing**  
CRN # 30013  
2 weeks (6 sessions):  
June 17, 19, 21, 24, 26, 28  
Mondays, Wednesdays, and Fridays, 9-11 am  

Revising is perhaps the most difficult part of writing, and publishing can be a confusing and frustrating process. We’ll explore professional writers’ approaches for less painful revising and apply them to our own writing. We will also survey the Internet and other sources for publishing connections, and discuss approaches to dealing with and appealing to literary magazine editors.

*John Himmelheber* (jxhimmelheber@gmail.com) is a practicing writer who taught creative writing for over thirty years. He holds an MA in English with a concentration in poetry writing.
Mondays, 9-11 am continued

**The World of Charles Ives: An Introduction to America’s Most Original and Problematic Composer**
CRN # 30014
6 weeks: June 17, 24, July 1, 8, 15, 22
Mondays, 9-11 am

In this six-week course we will examine the life, background, and ideas (musical and otherwise) of American composer Charles Ives, as expressed in his music and in his writings. We will experience his musical compositions in celebrated performances and explore excerpts from his writings.

**Chip Kaufmann** (thataw@hotmail.com) is an announcer for local public radio station WCQS and a voting member of the Southeastern Film Critics Association. He also lectures on composers for the Asheville Symphony. This is his twentieth course at the College for Seniors.

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**Mondays, 11:30 am-1:30 pm**

**Introduction to Great Books—Second Series**
CRN # 30015
6 weeks: June 17, 24, July 1, 8, 15, 22
Mondays, 11:30 am-1:30 pm

In Great Books courses enrollees read, think about and, as a group, discuss some of the world’s most seminal writings — essays, short stories, plays, and more. Great Books courses are all discussion-oriented and are based upon a technique Great Books calls shared inquiry. Shared inquiry has four rules:

1. No one may take part in the discussion without first reading the selection.
2. Participants discuss only the selection everyone has read.
3. Outside opinions may not be introduced unless they can be backed up with evidence from the selection.
4. Leaders may only ask questions; they may not answer them.

In this Great Books course, enjoy reading and discussing some of the most challenging yet rewarding works ever written by some of the most stimulating minds of all time, an eclectic collection of essays and stories designed to help illuminate ourselves and our world. Some of the authors we will be reading include Aristotle, Hobbes, Locke, Tolstoy, James, and Chekhov. **Required text:** Introduction to Great Books—Second Series, ISBN: 978-0-945159-98-8. Cost: $14.95

Holding a master’s degree from the University of Chicago, **Bob Wiley** (rlw303@bellsouth.net) has taught at Northwestern University, leads discussion courses at the College for Seniors, and lectures for Blue Ridge Center for Lifelong Learning and the Road Scholar program.

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**Maestro 101: Exploring the Life and Work of an American Symphony Conductor**
CRN # 30016
1 week (3 sessions): July 8, 10, 12
(Note start date)
Monday, Wednesday, and Friday, 11:30 am-1:30 pm

Study and experience what it takes to be a modern symphony orchestra conductor. The maestro’s job is a multi-faceted one, and requires years of study, practice, and accumulated knowledge. In this course we will explore some of the functions of a conductor and how they relate to managing a modern day symphony, from the administrative functions of hiring musicians, choosing a season program, collaborating with development and marketing departments, and creating and sustaining audiences for classical music. We will also examine the artistic roles of conducting, including baton technique, reading a full score, making musical decisions, and engaging guest artists. Participants will create and present their own five-concert season based on principles and techniques learned in the class.

**Daniel Meyer** is one of the leading American conductors of his generation. As music director of the Asheville Symphony, Erie Philharmonic, and Westmoreland Symphony, Meyer has brought renewed life, excitement, and excellence to his work as a modern conductor. Adept in symphonic and operatic realms, Meyer brings a particular passion for mixing programs of modern and traditional repertoire, partnering with community assets, and developing stimulating programming for adults and children alike. You may visit his website at: http://www.colbertartists.com/ArtistBio.asp?ID=daniel-meyer
Masking It
CRN # 30017
6 weeks: June 17, 24, July 1, 8, 15, 22
Mondays, 11:30 am-1:30 pm
Using the mediums of non-toxic plaster, impregnated gauze, and clay, we will first make a mask on a plastic form. Working in pairs, we will then make a clay mask of our own face to be fired. We will also make an exaggerated half-mask on our own face. Using acrylic paints and “add ons” we will decorate and complete four or five masks. **Materials fee:** $10 (payable to the instructor at the first class) for clay and firing, plaster gauze, acrylics, and basic tools. Students will receive an email listing optional additional tools.

This is the third course in mask making that **Nels Arnold** (pikwik@bellsouth.net) has taught at the College for Seniors. Nels was an artist in residence in clay and drama in Western North Carolina elementary and high schools through the NC Arts Council from 1985-2000.

Shostakovich String Quartets
CRN # 30018
6 weeks: June 17, 24, July 1, 8, 15, 22
Mondays, 11:30 am-1:30 pm
The fifteen string quartets of Dmitri Shostakovich are central to the string quartet repertoire of the twentieth century. Composed between 1935 and 1975, these compositions span both the mature life of the composer and the turbulent history of the USSR in those years. In this course we will explore the quartets through in-class listening to the historical recordings made by the Borodin Quartet under the supervision of the composer himself. We will use Wendy Lesser’s book on the quartets, *Music for Silenced Voices*, to establish biographical and historical frameworks. The ability to read music is not necessary. **Required text:** *Music for Silenced Voices: Shostakovich and His Fifteen Quartets*, Wendy Lesser, ISBN: 0300181590. Cost $12.24.

**Charles McKnight** (mcknight@unca.edu) is associate professor of music at UNC Asheville. He is a former program director for the Asheville Chamber Music Series (ACMS) and has given pre-concert lectures for ACMS and Asheville Bravo Concerts. He holds a PhD in musicology from Cornell University.

Specialty Coffee and Cake in Asheville
CRN # 30019
6 weeks: June 17, 24, July 1, 8, 15, 22
Mondays, 11:30 am-1:30 pm
The history of coffee, its origins and types, will be presented in this course. We will discuss the difference between mass-produced (Folgers, Maxwell House, e.g.) and specialty coffee. The journey from plantation to coffee cup will be explained with video from a plantation in Guatemala. Home roasting and multiple brewing methods will be discussed and demonstrated. We will visit a roaster to experience local small batch roasting and cupping (tasting). We will also visit the shop of a local baker, who will discuss her passion for making desserts and have a chance to see the wonderful array of European-style pastries she produces.

**Stan Binder** (stanbinder@att.net) founded and operated a wholesale coffee roasting company on a Caribbean island after retiring as chairman and CEO of a NASDAQ-listed technology company. He is a certified public accountant by training and experience, having graduated from The City College of New York. **Andy Gibbon** (dynamiteroasting@gmail.com) has operated Dynamite Coffee Roasters for five years. Andy was a coffee barista while in college and converted his experience into a business opportunity upon graduation. **Karen Donatelli** (karen@donatellicakedesigns.com) trained at one of the top culinary programs in the country and opened her Asheville bakery in March 2012. She has many years of experience in baking and cake and pastry design.
OLLI Summer 2013

Check here if your postal or email address has changed  

Name _____________________________________________________________________________
  Last  First  MI  Name for nametag, if different
Address __________________________________________________________________________________________
  Street/PO Box  City  State  ZIP
Phone _____/_______________  Birth Date _____/_____/_____/  E-mail address _________________________________
Emergency Contact ________________________________ ________________________ ________________________
  Name  Relationship  Daytime phone

College for Seniors (CFS): OLLI Membership is required to register for CFS classes. You may initially register for up to 3 CFS courses. Submit your registration starting May 21 for best availability. Your schedule will be sent to you on June 3. After you receive your schedule, you may drop or add as many courses as you can schedule. Complete a Drop/Add Form available in Reuter Center office or call 251-6140.

I volunteer to be a CLASS REP in one of my CFS courses

Priority   Course Name   5-Digit CRN#   PRINT CLEARLY!
1. Example course name   1 2 3 4 5   DOUBLE CHECK CRN #!

Priority   College for Seniors Course Name   5-Digit CRN#   Staff use only
1. ___________________________________________   ----- ----- ----- ----- -----   1. E  N
2. ___________________________________________   ----- ----- ----- ----- -----   2. E  N
3. ___________________________________________   ----- ----- ----- ----- -----   3. E  N

If any of the above courses are not available, try these alternates:

4. ___________________________________________   ----- ----- ----- ----- -----   4. E  N
5. ___________________________________________   ----- ----- ----- ----- -----   5. E  N
6. ___________________________________________   ----- ----- ----- ----- -----   6. E  N

I am listing several options above and want to take this number of courses (up to 3):  □

Your registration will not be processed without your final number of courses written in box above.

Add $20 to your $75 CFS fee for each CFS Wellness & Recreation course marked with a ✶

Summer 2013 College For Seniors Fee – $75
(Carry forward your CFS SUBTOTAL to the next page)
**Summer 2013 College For Seniors Registration Fee** – $75

(CFS SUBTOTAL $ __________)

**Summer 2013 Workshops**, OLLI Membership NOT required (see p. 10-11)
- 30009__ Producing Your Own YouTube Video ($60/person)
- 30006__ Try a New Basket Technique ($85 / person)
- 30001__ Understanding Your Existing Long Term Care Insurance Policy ($40/person)
- 30004__ Introduction to Digital Painting with Corel ($170/member; $180/non-member)
- 30007__ Capturing Local Culture in Travel Photography ($110 /member, $120/non-member)
- 30005__ Intermediate Watercolor Weekend ($140/member, $150/non-member)
- 30008__ “Anyone Can Do This”: Sensational Scratchboard ($145/member, $155/non-member)
- 30002__ Creating a Soul Garden to Enhance Your Life ($60/person)
- 30003__ Intro to NXT Robot Programming for FIRST Lego League ($25/person)

(Workshop SUBTOTAL $ __________)

**Become a 2013-14 OLLI Member for $80 or renew for $60**

(Membership SUBTOTAL $ __________)

**Health and Fitness Center Membership** - $350

(HFC SUBTOTAL $ __________)

Add SUBTOTALS and enter TOTAL PAYMENT

- Bring or mail this form with your payment (cash or check only)
- Attach your scholarship application
  (if applicable)

TOTAL PAYMENT ENCLOSED $ __________

Cash or checks only
Make checks payable to OLLI

Bring or Mail to:
OLLI, Reuter Center
UNCA, CPO# 5000
One University Heights
Asheville, NC 28804-8516

Check box at left to go paperless and no longer receive a printed catalog in the mail. We’ll email you when the catalog is available on the OLLI website: www.olliasheville.com

**Get Involved! BECOME A CENTER VOLUNTEER**

One of the unique strengths of OLLI is the involvement of its members in every aspect of programming and operations. We need you – your time, talent and enthusiasm.

- I currently volunteer at OLLI
- Yes, I would like to volunteer at OLLI (complete below)

My interests include:
- Short term/events (<month)
- Ongoing (3-12 months)
- Marketing
- Strategic planning
- Membership
- Teaching
  (subject:____________________)
- Office work
- Finance
- Planning programs
- Civic Engagement
- Planning events
- Health & Wellness
- Photography
- Other interests or expertise:
  _______________________________
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  _______________________________
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### OLLI Summer 2013

**Banner ID:** ___________________________________________  **Enrolled by:** _______  **Verified by:** _______  **Amt:** $______  **Ca/Ck #:** _______

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Check here if your postal or email address has changed  

Name __________________________________________________________

Last  First  MI  Name for nametag, if different

Address _______________________________________________________

Street/PO Box  City  State  ZIP

Phone ______/___________  Birth Date ____/_____/_______  E-mail address __________________________

**I don’t use email**

Emergency Contact ____________________________________________  __________________________  __________________________

Name  Relationship  Daytime phone

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**College for Seniors** (CFS): OLLI Membership is required to register for CFS classes. You may initially register for up to 3 CFS courses. Submit your registration starting May 21 for best availability. Your schedule will be sent to you on June 3. After you receive your schedule, you may drop or add as many courses as you can schedule. Complete a Drop/Add Form available in Reuter Center office or call 251-6140.

- **I volunteer to be a CLASS REP in one of my CFS courses**

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<th>Priority</th>
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**PRINT CLEARLY!**

**DOUBLE CHECK CRN #!**

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If any of the above courses are not available, try these alternates:

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I am listing several options above and want to take this number of courses (up to 3):  

STOP  

Your registration will not be processed without your final number of courses written in box above.

Add $20 to your $75 CFS fee for each CFS Wellness & Recreation course marked with a $20

**Summer 2013 College For Seniors Fee – $75**

(Carry forward your CFS SUBTOTAL to the next page)
Summer 2013 College For Seniors Registration Fee – $75
CFS SUBTOTAL $ __________
(From previous page)

Summer 2013 Workshops, OLLI Membership NOT required (see p. 10-11)
30009__Producing Your Own YouTube Video ($60/person)
30006__Try a New Basket Technique ($85 / person)
30001__Understanding Your Existing Long Term Care Insurance Policy ($40/person)
30004__Introduction to Digital Painting with Corel ($170/member; $180/non-member)
30007__Capturing Local Culture in Travel Photography ($110 /member, $120/non-member)
30005__Intermediate Watercolor Weekend ($140/member, $150/non-member)
30008__“Anyone Can Do This”: Sensational Scratchboard ($145/member, $155/non-member)
30003__Creating a Soul Garden to Enhance Your Life ($60/person)
30002__Intro to NXT Robot Programming for FIRST Lego League ($25/person)

Workshop SUBTOTAL $ __________

Become a 2013-14 OLLI Member for $80 or renew for $60
Membership SUBTOTAL $ __________

Membership year if you purchase now is May 1, 2013-July 31, 2014.

Health and Fitness Center Membership - $350
HFC SUBTOTAL $ __________
OLLI Membership REQUIRED. This is an annual membership and runs from the date of purchase for 365 days.

Add SUBTOTALS and enter TOTAL PAYMENT
• Bring or mail this form with your payment (cash or check only)
• Attach your scholarship application
  (if applicable)

TOTAL PAYMENT ENCLOSED $ __________

Cash or checks only
Make checks payable to OLLI

Bring or Mail to:
OLLI, Reuter Center
UNCA, CPO# 5000
One University Heights
Asheville, NC 28804-8516

☐ Check box at left to go paperless and no longer receive a printed catalog in the mail.
We’ll email you when the catalog is available on the OLLI website: www.olliasheville.com

Get Involved! BECOME A CENTER VOLUNTEER

One of the unique strengths of OLLI is the involvement of its members in every aspect of programming and operations. We need you – your time, talent and enthusiasm.

☐ I currently volunteer at OLLI  ☐ Yes, I would like to volunteer at OLLI (complete below)

My interests include:
☐ Short term/events (<month)
☐ Ongoing (3-12 months)
☐ Marketing
☐ Strategic planning
☐ Membership
☐ Teaching
  (subject:____________________)

☐ Office work
☐ Finance
☐ Planning programs
☐ Civic Engagement
☐ Planning events
☐ Health & Wellness
☐ Photography

☐ Other interests or expertise:
  ___________________________________________
  ___________________________________________
  ___________________________________________
  ___________________________________________
Waltzing for the Joy of It!
CRN # 30020
6 weeks: June 17, 24, July 1, 8, 15, 22
Mondays, 11:30 am-1:30 pm
Location: 351 Sherrill Center

Participants will learn basic waltz technique based on the style of Richard Powers, a well-known dance historian and instructor at Stanford University. This type of waltz could be described as a cross between “vintage” waltz and “country” waltz. It is a relaxed form of the dance and is meant for enjoyment rather than competition. In this style of waltz, traditional lead (male) and follow (female) roles are not hard and fast. Ladies can learn to lead, therefore no partner is required to take the course. Participants will have the opportunity to dance with a variety of partners. Appropriate dance shoes are highly recommended (soft-soled shoes rather than sneakers).

Patricia Grace (prgrace@vt.edu) taught waltz in Gainesville, Florida, at a monthly waltz brunch for the group “Mostly Waltz,” which she founded along with her dance partner, Michael Jamieson. In addition, she taught for the recreation department of the City of Gainesville.

Authentic Pilates: Mat 1
CRN # 30021
6 weeks (12 sessions):
June 17, 19, 24, 26, July 1, 3, 8, 10, 15, 17, 22, 24
Mondays and Wednesdays, 2-3 pm
Location: 351 Sherrill Center

This a beginning level class in Pilates mat work for all those new to the method or those wishing to review the basic introductory principles of the Pilates method of body conditioning. The concepts of alignment, breath, and control will be learned, as well as all of the beginning mat exercises. No prior knowledge of Pilates is required. Participants must bring an exercise mat to class.

Meagan Witkus (Meagan@purepilatesasheville.com) has successfully completed two comprehensive certification programs in the study of Pilates. Her first certification program was from Core Dynamics with Kevin Bowen; she additionally completed the 700+ hour PURE Authentic Pilates teacher certification program with second generation teacher, Penelope Barrow. In addition to Pilates, Meagan has also completed the TRX Group Suspension Training Program with Leigh Crews, 2011 IDEA Fitness Instructor of the year.

Art from Recycled Paper
CRN # 30022
6 weeks: June 17, 24, July 1, 8, 15, 22
Mondays, 2-4 pm

Using a kitchen blender and your junk mail, we will make gorgeous handmade paper for our first project. Our second project will be three-dimensional papier-mâché: sculptures, bowls, or masks using white glue (non-smelly and quick drying). These projects are fun and require no special equipment and no drawing skills. They can also be taught to grandchildren who are eight years or older.

Catherine Battle (catherinebattle@earthlink.net) is a national board certified art instructor and a juried artist. She has taught at all levels including a year teaching in London as a Fulbright teacher.

Beginning French for Travelers
CRN # 30023
6 weeks: June 17, 24, July 1, 8, 15, 22
Mondays, 2-4 pm

This beginning course in the French language, while geared to the traveler, will also provide a basis for further study of the language. This will be an interactive class to help students communicate about their biographical information, travel and hotel needs, restaurants and meals, and shopping. Participants will work on listening, speaking, reading, and writing French through a variety of interactive activities. The structures to support the communication will be explained as needed. Audio and video materials will also be used.


Renée Raffini (raffinir@gmail.com) has lived in France and French-speaking West Africa, and taught all levels of French in suburban Maryland public high schools for twenty years. She has also taught French to Peace Corps volunteers. She has an MA in secondary education from George Washington University as well as an MA in economics. Her BA in both French and economics is from the University of Wisconsin-Madison. She has recently retired with her husband to the Asheville area.
A History of Risk and Beyond
CRN # 30024
6 weeks: June 17, 24, July 1, 8, 15, 22
Mondays, 2-4 pm

In this course we will review the concept of risk from its (perhaps) origin with Pascal to modern theory of risk assessment in decision making. You might assume this is a dry topic, but we will challenge what you thought you knew about risk. Consider this: Risk, like love, is understood by everyone and impossible to operationally define by anyone. Take a risk and join in!

Certified public accountant Patrick Chitwood (pat4956@gmail.com) received his PhD in psychology from the University of Alabama. The owner of Chitwood Advisory Group, he is also a chartered financial consultant. He has been published in several financial journals such as The Journal of Accountancy, Psychonomic Science, The Investment Advisor, and The Financial Planner.

France During World War II:
An Analysis of Four Filmmakers’ Essays In the Realm of Historical Story-Telling
CRN # 30025
2 weeks (4 sessions): June 17, 19, 24, 26
Mondays and Wednesdays, 2-4:45 pm

In this course we will examine four films—Au Revoir les Enfants, Sarah’s Key, Weapons of the Spirit, and Lucie Aubrac—which feature two important themes that in recent years have dominated images of France under the German Occupation. The first two films focus on the Jewish experience in France during these years, and the last two highlight aspects of the French Resistance to the Vichy Regime and the German Occupation. Classes will meet twice per week for two weeks. An introductory lecture placing the film in context will precede each screening and will be followed by class discussion.

John Sweets (johnsweets@yahoo.com) is professor emeritus of modern European history at the University of Kansas in Lawrence, where he taught history for thirty-five years. He has also taught European history at the Université de Franche-Comte in Besançon, France and has published three books on France during World War II. He earned his PhD from Duke University.

Food in Film
CRN # 30026
4 weeks: June 17, 24, July 1, 8
Mondays, 2-5 pm

Hungry for life? See how food is used in film to explore identity, relationships, and experiences—emotional, sensory, or hedonistic—and to symbolize our search for the meaning of life. Films shown (subject to change) and discussed may include: Chocolat, Like Water for Chocolate (Spanish with subtitles), Tampopo, (Japanese with subtitles), and Today’s Special. Participants will discuss the films during the final hour. Come join the fun. Yum!

Beth Ellers (slark1@att.net) has an MFA in film studies from Boston University and teaches at Warren Wilson College. She leads a monthly movie discussion group for the American Association of University Women (AAUW). Beth Johnson (johnson1ea@earthlink.net), a lifelong movie buff, leads a second film discussion group for AAUW.

Elementary iPad
CRN # 30027
6 weeks: June 18, 25, July 2, 9, 16, 23
Tuesdays, 9-11 am

Are you a beginning iPad user and find the tablet a little confusing? Come learn the basics in a slow-paced, hands-on course. Each session will begin with some lecture/demonstration material followed by exercises to practice what you have learned. We will navigate screens, increase keyboard skills, connect to the Internet, use the Safari browser, compose mail, use the calendar, contacts, and more. So bring your iPad and join in for an enjoyable learning opportunity. No experience is necessary. **Recommended text:** iPad For Seniors For Dummies, 5th Edition, Nancy Muir, ISBN: 978-1118497081. Cost: $15-$25.

Lenore Baum (Lenore@lenoresnatural.com) has been an educator for the past forty years and has been learning iPad by using it daily for several years. Joe Baum (baumjoe51@gmail.com) has taught a number of Apple courses at the College for Seniors. He also lectures at the Apple Special Interest Group.
**Tuesdays, 9-11 am**

**Literary Asheville**
CRN # 30029
6 weeks: June 18, 25, July 2, 9, 16, 23
Tuesdays, 9-11 am

Many writers have chosen Asheville and the surrounding Appalachian mountains as the setting for fiction and nonfiction. Join us as we examine the works of writers including Thomas Wolfe, Wilma Dykeman, Fred Chappell, Gail Godwin, Charles Frazier, and Ron Rash to see the ways that they have defined and shaped the unique characteristics of the place we call home. The course will consist largely of lecture, but a reading list will be provided on the course website, and discussion and commentary will be invited.

**Catherine Frank** (cfrank@unca.edu) is the executive director for OLLI at UNC Asheville. She holds three degrees in English from UNC Chapel Hill, where she taught writing and literature courses as part of her graduate studies. She taught literature and memoir writing courses for OLLI at Duke University from 2001 through 2010 and was the director of that program from 2007 - 2010.

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**Spiritual Diversity**
CRN # 30030
6 weeks: June 18, 25, July 2, 9, 16, 23
Tuesdays, 9-11 am

This course is an exploration through sharing personal stories and insights to expand our understanding of the diversity of our spiritual lives. We will begin with the question “If we define spirituality as our longing for and experience of being interconnected to something larger than our usual sense of ourselves, then where does that take us?”

**T. S. Pennington** (pennints@gmail.com) is a retired community college teacher, an ordained interspiritual minister, and a member of the Mountain Area Interfaith Forum. He is completing his doctorate of ministry degree from Wisdom University.

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**Tuesdays, 11:30 am-1 pm**

**T’ai Chi Sampler**
CRN # 30036
6 weeks: June 18, 25, July 2, 9, 16, 23
Tuesdays, 11:30 am-1 pm
**Location:** 351 Sherrill Center

Try a little bit of everything! We will be exploring qigong, t’ai chi basics, and t’ai chi fan form (fans provided). Each week we will explore a new qigong exercise and a new t’ai chi movement. This will be a fun, relaxed course without the necessity of trying to remember a set form. Please wear comfortable clothing. **Note: Due to topic popularity, participants may take only one t’ai chi course per term.**

**Elizabeth Ridley** (lizridley@hotmail.com) has taught senior exercise and t’ai chi for twenty years. She has trained in the twenty therapeutic postures with Master Helen Wu and Master Wen-ching Wu.

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**Tuesdays, 11:30 am-1:30 pm**

**American Women and the Paradox of Change: Rosie the Riveter, June Cleaver, and The Feminine Mystique**
CRN # 30031
4 weeks: June 18, 25, July 2, 9
Tuesdays, 11:30 am-1:30 pm

Fifty years after the publication of *The Feminine Mystique*, some historians of women’s history argue that the roots of the feminist movement of the 1960s can be found in the dramatic social changes that took place during World War II when millions of American women entered the workforce for the first time, taking the place of male factory workers who had gone off to war. Were the radical feminists of the modern day movement the daughters of Rosie the Riveter? We will examine women’s changing societal roles during wartime, the postwar period and the 1950s, through the rebirth of feminism in the 1960s, and hear directly from women who struggled to find their own voices, despite the dominant domestic ideology of the 1950s. Guest speakers will include Sallie Hightower, Marjorie Klein, and Ann Snell.

**Renée Melchiore** (reneeclio@yahoo.com) followed a twenty-year career at Ford Motor Company with graduate school at the University of Kansas where she earned an MA in US history for her thesis on women war workers at Ford’s three Detroit-area war production facilities, including the Willow Run Bomber Plant.
Creating and Exploring Mandalas
CRN # 30032
4 weeks: June 18, 25, July 2, 9
Tuesdays, 11:30 am-1:30 pm

“Mandala” is an ancient Sanskrit word that means “circle.” In this course we will examine the ways in which the mandala is manifested in our world, from the varieties in nature to the examples that appear in human culture. The symbol of the circle is powerful and universal. We will use basic art materials to create our own personal mandalas by exploring design motifs and playing with patterns and symbols. No previous art experience or skills are needed, just a desire to experiment and enjoy the process. The instructor will send a materials list to each class member.

Karen Noel (karengillennoel@yahoo.com) first developed a love of watercolor while studying at the Maryland Institute of Art. This passion continued during the many years of teaching at a community college in San Diego. Creative expression has always been a joy and focus for Karen; she has found that many times inspiration comes through a meditative connection with nature. Her work can be seen at Woolworth Walk Gallery and at karennoelart.com.

Fairy Tales Revisited
CRN # 30033
6 weeks: June 18, 25, July 2, 9, 16, 23
Tuesdays, 11:30 am-1:30 pm

This course will focus on twelve fairy tales and folk tales that have stood the test of time. Participants will have access to Internet texts of the readings, and the stories will also be read aloud in class. The intent of this course is for class members to use interpretive thinking and shared inquiry approaches to arrive at possible meanings of these stories, using the Great Books discussion style. Please see the course description for Introduction to Great Books (p. 17) for a description of Great Books discussion style.

Bobbie Rockwell (bobbiemayrockwell@gmail.com) is a teacher with more than forty years’ experience. She is trained in the Great Books interpretive thinking and shared inquiry approaches to the discussion of literature.

“Forgotten” Composers on YouTube
CRN # 30034
6 weeks: June 18, 25, July 2, 9, 16, 23
Tuesdays, 11:30 am-1:30 pm

Many fine classical composers are not household names. Johann Jacob Froberger, Jan Ladislav Dussek, Fanny Hensel, Anton Arensky, Amy Beach, and Viktor Ullman are examples. An explosion of YouTube postings now provides us with high quality performances of their works. We will discuss the careers of more than a dozen such composers, listen to their music on the piano or on YouTube, and discuss why they are “forgotten.”

Ted McIrvine (McIrvine@aol.com) used his PhD in physics to manage industrial research. After fourteen years of piano lessons and two terms as president of a major symphony orchestra, he writes reviews for Classical Voice of North Carolina and studies obscure composers.

Philip Roth’s American Pastoral and the American Dream
CRN # 30035
4 weeks: June 18, 25, July 2, 9
Tuesdays, 11:30 am-1:30 pm

Participants will engage in a close reading and discussion of Philip Roth’s American Pastoral. This book is considered by some to be the great American novel by America’s greatest living novelist. We’ll look at the book in the tradition of the American Dream; as a portrait of the United States in the ’60s, ’70s, and beyond, as well as a classic of post-modernism, and in the context of Roth’s other works. Required text: American Pastoral, Philip Roth, ISBN: 10: 0375701427. Cost: $10.85.

Jay Jacoby (jbjacoby@uncc.edu) has taught writing and literature for over forty years. He retired from UNC Charlotte in 2004, has been an adjunct professor at UNC Asheville, and has offered eight different courses at the College for Seniors.
**Tuesdays, 2-3:30 pm**

**Yoga for You**  
CRN # 30037  
6 weeks: June 18, 25, July 2, 9, 16, 23  
Tuesdays, 2-3:30 pm  
This moderately-paced yoga class focuses on body awareness, breathing, and modifications to suit the individual student. Improve your strength, flexibility, and balance in a non-competitive atmosphere. Learn how to personalize your practice and make yoga a fun, ongoing part of your wellness routine. **Please bring a yoga mat to class. Note: Due to topic popularity, participants may take only one yoga course per term.**  
**Fran Fedor** (franfedor@gmail.com) took her first yoga class at age fifty-five and became certified to teach three years later. She is a certified Kripalu yoga teacher and registered with Yoga Alliance.

**Tuesdays, 2-4 pm**

**Bargello Samplers**  
CRN # 30038  
4 weeks: June 18, 25, July 2, 9  
Tuesdays, 2-4 pm  
Try your hand at a variety of Bargello patterns. Use up your leftover yarns or try new yarns and use leftover pieces of canvas. Try the same pattern in different color combinations; be creative with a little structure. Make pillows, purses, coasters, guitar straps, belts, bell pulls, and more. Participants must have previous experience with needlepoint; this is NOT a beginner’s course. **Materials fee:** $30-50. Contact the instructor for a list of materials and optional pattern designs.  
**Sheila Murphy** (murphysh@frontier.com) has been doing needlepoint for over thirty years and is looking forward to teaching a course on different Bargello needlepoint patterns.

**Beginning Digital Camera**  
CRN # 30039  
5 weeks (9 sessions): June 18, 20, 25, 27,  
July 2, 9, 11, 16, 18  
(no class on July 4)  
Tuesdays and Thursdays, 2-4 pm  
This course is for first time owners of a digital camera who want to use the darn thing! You will learn about the camera’s buttons, dials, icons, and other features and will have an opportunity for a one-on-one session with the instructor to learn the specifics of your camera. Bring your camera and manual to each session; you’ll use the camera during this course.  
**Dennis Murphy** (dwmur@frontier.com) has been involved in photography for several decades and has experienced the culture shock of giving up film and the need to learn a completely new technology just to take a photograph.

**Moving Into Meditation**  
CRN # 30040  
6 weeks: June 18, 25, July 2, 9, 16, 23  
Tuesdays, 2-4 pm  
**Location: 351 Sherrill Center**  
Yoga was originally developed to allow practitioners to develop the stamina for seated meditation. Mindfulness is the common thread in both disciplines. This six-week course will take you from a gentle yoga practice into various forms of mindfulness meditation. No experience with either yoga or meditation is assumed. **Please bring a yoga mat and any yoga props you may have (blocks, straps, blankets, etc.). Note: Due to topic popularity, participants may take only one yoga course per term.**  
**Fran Ross** (franjii@charter.net), a nationally certified yoga teacher and registered expressive arts therapist, has been a yoga and meditation practitioner for many years. She has taught courses in yoga, writing, meditation, and creativity at the College for Seniors, as well as at UNC Asheville and other venues in the Asheville area and in upstate New York, where she lived until 2006.

**One Byte at a Time**  
CRN # 30041  
4 weeks: June 18, 25, July 2, 9  
Tuesdays, 2-4 pm  
This hands-on course is for users with very basic computer skills. Develop the expertise you need to organize your Windows 7 computer files (documents, pictures, music, email, etc.). Navigate your computer with less frustration and more easily locate the information you know is in the computer but can’t be found. Participants must bring and use your own Windows 7 laptop. Participants are requested to bring a flash drive to class. **Minimum requirements:** A PC with Windows 7 and a basic understanding of computer usage.  
**Gracemarie Warren** (grc022412@gmail.com) has been a technology instructor/director in two K-12 schools, one college, and two computer-training businesses. With more than twenty-five years of experience, she enjoys helping people feel more confident with their personal computer use.
Location, Location, Location:
Starring New York City
CRN # 30042
6 weeks: June 18, 25, July 2, 9, 16, 23
Tuesdays, 2-4:30 pm

New York: glamorous, squalid, romantic, soul-killing, dangerous, dull, glittering, irritating, overwhelming, filled with promise and possibility. The city has a personality—or rather multiple personalities—and has been a magnet for writers for centuries and for directors since the movies were born. New York has star quality, and in this course we will spotlight the city’s extraordinary range in movies like Lonesome (1928), The Royal Tenenbaums (2001), and Mean Streets (1973).

Lesley Gaspar (lgaspar@me.com) spent thirty-eight years in New York City—a movie lover’s paradise—where she was afforded countless opportunities to watch, read about, and think way too much about films and film history. She worked at a number of publications, including Variety, Entertainment Weekly, and O, The Oprah Magazine.

Brevard Opera: Live at OLLI
CRN # 30043
6 weeks: June 18, 25, July 2, 9, 16, 23
Tuesdays, 2-5 pm

In collaboration with the Brevard Music Center, we will explore the operas to be performed this summer by the young singers/students of the Janiec Opera Company at the Brevard Music Center. Sessions will include performances and discussions with students, stage directors, and conductors. Students will describe their own personal journeys and the ways in which they are trained for an opera career. Personnel from the artistic staff of the Brevard Music Center will participate in several of the classes.

Patricia Heuermann (patruschka@charter.net), a graduate of the Curtis Institute of Music, has directed opera, musical theatre, and cabaret performances throughout the United States and Europe. She has taught at New York University, the Manhattan School of Music, Hofstra University, and the American Institute of Musical Studies in Graz, Austria. With Bill Heuermann, she has taught The Met at the Movies at the College for Seniors for the past four years. Ms. Heuermann is currently the president of the Asheville Lyric Opera Guild and is past president of the National Opera Association. Bill Heuermann (whitwill@charter.net) filmed, edited, and created DVDs of Patricia Heuermann’s many opera productions from 1996 to 2008, including inserting subtitles in many of the recordings. He has co-taught The Met at the Movies from 2009 to the present. He assisted in planning the materials to be shown in class, and provided technical support. Jason Posnock (jposnock@brevardmusic.org) is the Artistic Administrator for the Brevard Music Center.

The Dead Sea Scrolls in Historical Context
CRN # 30044
6 weeks: June 19, 26, July 3, 10, 17, 24
Wednesdays, 9-11 am

This course will emphasize the relationship of the scrolls to Rabbinic Judaism and the nascent Christian movement. It will concentrate on Qumran’s understanding of Torah, Temple, Messiahship, end of history and the coming reign of God, the meaning of scriptural prophecy, the identity of the true Israel, and the history of the biblical text and canon.

Morgan Phillips (mlphilli@charter.net) received his BA from Ohio Wesleyan University, MDiv from Yale University, and his PhD in biblical studies from Drew University. He did post doctoral study in Germany and Israel, followed by teaching for thirty-seven years at Ohio Wesleyan University.

Ecology of the Southern Appalachian Mountains
CRN # 30045
6 weeks: June 19, 26, July 3, 10, 17, 24
Wednesdays, 9-11 am

Explore the unique characteristics of the southern Appalachian Mountains, the oldest and most bio-diverse mountains in the world. Each week, an instructor will share his or her area of expertise in the classroom and then lead a related field trip the following Saturday. The field trips will be within a thirty-minute drive of Asheville. We will cover the geology, hydrology, climatology, biology, and human ecology of our region.

The Western North Carolina Alliance (rachel@wnca.org), the region’s oldest environmental advocacy group, empowers citizens to be advocates for livable communities and the natural environment of Western North Carolina.
### Wednesday, 11:30 am-1:30 pm

**Mah Jongg**  
CRN # 30046  
5 weeks (9 sessions): June 19, 20, 26, 27, July 3, 10, 11, 17, 18  
(no class on July 4)  
Wednesdays and Thursdays, 11:30 am-1:30 pm  

Mah jongg is a classic game of skill and chance that has become a part of mainstream America. This course is the perfect place to learn the rules, basic playing skills, and etiquette of the game. Learn how to ready the board for play, the rituals of the game (the Charleston!), and familiarize yourself with the area of play/easier hands. The class is taught on the premise of the Wright Patterson rulebook. **Materials fee:** $10 for purchase of the rule book, to be paid to the instructor at the first class.  

Together, Rosemary Walton (rh68@bellsouth.net) and Kenn Haring (kennharing@charter.net) have been playing mah jongg for over forty years. Rosemary has taught the Wright Patterson rules of play for fifteen years, and leads the Tile Clickers, a mah jongg OLLI Special Interest Group.

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**Niebuhr, Niebuhr, and Tillich**  
CRN # 30047  
6 weeks: June 19, 26, July 3, 10, 17, 24  
Wednesdays, 11:30 am-1:30 pm  

As religion responded to American life from World I through the Viet Nam War, liberal Protestant thought was redefined by Reinhold Niebuhr, his brother Richard, and his colleague Paul Tillich. We will look at the issues they addressed, what they shared, and how they differed.  

**Farley Snell** (snellfarleyw@netscape.net) has been teaching courses in religion at the College for Seniors since Winter 2009. His PhD is from Union Theological Seminary in New York City.

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**The Four Rs: Recharging, Reinforcing, Rejuvenating, and Recreating**  
CRN # 30048  
6 weeks: June 19, 26, July 3, 10, 17, 24  
Wednesdays, 11:30 am-1:30 pm  

Join us for six weeks of joy, recharging, and even profound, meaningful inspiration. To paraphrase author Benjamin Hoff, discover, or rediscover, the simple, childlike, and mysterious secret known to some: life is fun! This is a positive, life-affirming course with themes ranging from creativity to reflection for growth. As a bonus, part of each class will include suggestions for a wide variety of interesting and exciting projects participants can do on their own, if they so desire.  

**Dennis DeSimone** (myfrienddennis@att.net) has over forty years of experience as a lifelong learning facilitator. This, combined with his fun, creative personality, assures participants of an entertaining, life enhancing, and fulfilling course, all provided in a totally non-threatening, truly inspiring, and motivating environment.

### Wednesday, 2-4 pm

**How to Play Backgammon**  
CRN # 30049  
6 weeks: June 19, 26, July 3, 10, 17, 24  
Wednesdays, 2-4 pm  

In this course the instructor will explain all the rules of how to play backgammon. Additionally, various strategies will be covered in detail. The use of the doubling cube will also be covered. Finally, considerations for tournament play will be discussed. **Recommended text:** Backgammon for Dummies, Chris Bray, ISBN: 978-0-470-77085-6. Cost: $11 from Amazon.  

**Bruce Jones** (bruce_e_jones@yahoo.com) has been playing backgammon for more than forty years. He has played in many local and regional tournaments and has taught the game to dozens of new players.
Wednesday, 2-4:30 pm

**Crime Fiction: Noir Books and Movies**
CRN # 30050  
6 weeks: June 19, 26, July 3, 10, 17, 24  
Wednesdays, 2-4:30 pm

This will be a discussion course focused on six well-regarded books and movies in the genre known as *film noir*. The instructor will provide a context for each book and movie. Participants will read the book in advance of the class, watch the movie, and then engage in a guided critical discussion of both book and movie. Students should obtain copies of the books that will be read. Many will be available in libraries (the instructor will circulate a list in advance of the class to local libraries). They can also be purchased inexpensively at Amazon, ABEBooks, Alibris (online venues), or used bookstores. The first two books will be James M. Cain’s *Double Indemnity* and Raymond Chandler’s *Farewell, My Lovely*. Please see the course webpage at www.olliasheville.com/courses or contact the instructor for a full list of the books.

**Elizabeth Pou** (elizpou@gmail.com) is a retired lawyer, human resources executive consultant, and Peace Corps volunteer with a lifelong interest in crime fiction and a collection of over 5000 first edition hardback books. She is a big fan of the *noir* genre of books and films. She is a North Carolina native and spent most of her adult life in New York City where, at one point, she was a pay-free intern at The Mysterious Bookshop, the oldest surviving mystery book store in the United States (and probably the world). She volunteers for SCORE, the Literacy Council, and is a foster mom for Boston Terrier Rescue of North Carolina.

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**Living Healthy with Chronic Conditions**
CRN # 30051  
6 weeks: June 19, 26, July 3, 10, 17, 24  
Wednesdays, 2-4:30 pm

*Living Healthy with Chronic Conditions* is an interactive course for people living with health conditions such as arthritis, asthma, diabetes, heart disease, and other illnesses. Loved ones/caregivers are also welcome to register for the course. Participants will learn, actively practice, and reflect on healthy ways to live fully with their conditions as they positively manage physical concerns and a range of feelings. This program, developed at Stanford University, includes group problem solving, individual accountability, and mutual support for participants to take charge of both their health and their lives. **Materials fee:** $30 to be paid to the instructor at the first class for required text and relaxation CD.

**Nancy Bragg** (njbragg1@gmail.com) has had arthritis since age twenty-two. She enjoys yoga, Nia, and learning. As an educator and life coach, Nancy supports people in taking action to enhance their lives. **Tricia Trinité** (ttrinite@gmail.com) was an adult nurse practitioner for over thirty years. She was director of two national programs for the US Public Health Service. In addition to hiking, yoga, and learning, she now enjoys volunteering as a nurse at a free medical clinic. Both instructors were trained in facilitating this *Living Healthy* course by the Land-of-Sky Regional Council Area Agency on Aging.

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**Nordic Walking for Fun and Fitness**
CRN # 30052  
6 weeks: June 20, 27, July 11, 18, 25, Aug. 1  
(no class on July 4)  
Thursdays, 9-10:30 am

Nordic walking originated in Finland and is a healthy, fun activity that has measurable benefits, including increased cardiovascular intake and improved balance and posture. Students will learn the Nordic walking technique through a simple step-by-step process. This movement activity is becoming increasingly popular in the Asheville area. The instructor will provide at no cost Nordic walking poles specifically designed for this activity. Each class will start with a short warm-up followed by a Nordic walk, then a short cool-down. Participants must be able to walk one mile on uneven terrain. Please dress for outdoor weather, and wear walking shoes. **Recommended text:** *Nordic Walking: A Total Body Experience*. Cost: $15, purchased from the instructor.

**Tim Arem** (tbonerun@hotmail.com) wrote the first instructional book on Nordic walking in the United States. He has been a Nordic walking advocate and teacher for eight years.
**Conversational Italian for Travelers**  
CRN # 30053  
6 weeks: June 20, 27, July 11, 18, 25, Aug. 1  
(no class on July 4)  
Thursdays, 9-11 am  

This informal approach to spoken Italian focuses on easy exercises and the basics of speaking Italian. Whether you are a traveler headed to Italy, have an interest in Italian, or wish to refresh your conversational skills, this is the course for you. Handouts will be provided during the course so that students have reference materials to use in future studies. **Required text:** *Italian, A Language Map*, Bilingual Books (publisher), ISBN: 10: 0944502032 or 13: 978-0944502037. Cost: $7.95. The book may be purchased at a discount through the publisher.  

**Mark Smith** (mgordonsmith@hotmail.com) has explored different regions of Italy for over thirty years and is the author of two books about Italy. He is fluent in spoken Italian and has led over thirty-five small groups in explorations of the country.

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**Playing Your Financial Instruments With Both Hands**  
CRN # 30054  
6 weeks: June 20, 27, July 11, 18, 25, Aug. 1  
(no class on July 4)  
Thursdays, 9-11 am  

This course is designed to help participants learn different tools available to assist in making good investment choices. We will focus on two of the most common, which are fundamental analysis and technical analysis. While distinctly different, they are valuable tools for guiding investment decisions and managing risk.  

**Kevin Martin** (Kevin@wofm.us) and **Laura McCue** (laura@wofm.us) are investment advisor representatives with White Oak Financial Management. They have worked together with clients for almost twenty-five years, offering guidance to individuals and small businesses on a wide array of financial matters, including investment management, retirement planning, and retirement income management.

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**Asheville on the Cheap**  
CRN # 30055  
6 weeks: June 20, 27, July 11, 18, 25, Aug. 1  
(no class on July 4)  
Thursdays, 11:30 am-1:30 pm  

Tap into the instructor’s wealth of knowledge of what to do in Asheville and where to find great resources, both websites and print. The emphasis will be on fun things to do that are either free or a good bargain. Discover inexpensive ways to enjoy the arts, outdoors, shopping, and eating. Everyone will have a chance to share recommendations with the group.  

**Linda Orowitz** (ashevilledeals@gmail.com) volunteers at the Asheville Visitors’ Center and is on the board of the River Arts District Artists. She writes an email newsletter about what to do in Asheville, sending it to over 900 people.

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**Beginner Line Dance**  
CRN # 30056  
6 weeks: June 20, 27, July 11, 18, 25, Aug. 1  
(no class on July 4)  
Thursdays, 11:30 am-1:30 pm  
**Location:**  351 Sherrill Center  

Line dancing is a great activity to keep your mind and body sharp. We will learn the fundamental steps for beginner dances and learn many new dances. Line dancing is fun dancing to all genres of music.  

**Denna Yockey** (denna.yockey@yahoo.com) teaches line dance at Givens Estates, Highland Farms Retirement Center, Harvest House Recreation Center, and AB Tech. She has taught line dancing for fifteen years and had her own dance club in Kansas for eight years. Denna hosts a monthly line dance party at the Asheville Ballroom.

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**Every Picture Tells a Story**  
CRN # 30057  
6 weeks: June 20, 27, July 11, 18, 25, Aug. 1  
(no class on July 4)  
Thursdays, 11:30 am-1:30 pm  

Photo albums hold more than pictures: they are storehouses for memories. From faded sepia-tone portraits of nearly-forgotten ancestors to digital shots posted on Facebook, the photographs we treasure the most are precious because of the stories they tell. Inspired by the photos that have meaning for us, we will write about those people, places, and things that have comprised the mosaic of our lives.  

**Marjorie Klein** (magicklein@frontier.com) is a novelist, a freelance writer for several publications, and has taught creative writing at the University of Miami, Florida International University, Warren Wilson College, and UNC Asheville’s Great Smokies Writing Program.
### Introduction to Behavioral Economics

**CRN # 30058**  
4 weeks: June 20, 27, July 11, 18  
(no class on July 4)  
**Thursdays, 11:30 am-1:30 pm**

Behavioral economics is a new form of analysis which provides insight into personal economic behavior and has implications for public policy. The origins of behavioral economics and the influence of psychology will be outlined, followed by presentations and discussion on topics such as money illusion, endowment effect, choice architecture, and cheating. **Strongly recommended text:** *Nudge*, Richard H. Thaler and Cass Sunstein, ISBN: 9780300122237. Cost: $8-30.

**Phil Brown** (pbrown9531@yahoo.com) retired as a securities litigation attorney who worked in the related field of behavioral finance while defending investor class actions and Securities and Exchange Commission investigations.

### Real Housewives on the 1852 Oregon Trail

**CRN # 30059**  
4 weeks: June 20, 27, July 11, 18  
(no class on July 4)  
**Thursdays, 11:30 am-1:30 pm**

Through lecture and illustrations, we will experience life on the road as seen by one woman. To make this happen, diaries and journals (primary documents), history books, and other resources from various pioneer women who traveled from the east to Williamette Valley or California will be compiled and composed into one woman’s “story.” The four weeks will cover about five months on the trail.

**Paula Withrow** (pvwithrow@aol.com) has an MA in history from Colorado State University and an enthusiasm for sharing historical facts and fiction. Western US history and the people who made it are one of her passions.

### Chair Yoga for a Vital Life

**CRN # 30060**  
6 weeks: June 20, 27, July 11, 18, 25, Aug. 1  
(no class on July 4)  
**Thursdays, 2-3 pm**

Want to increase your strength and flexibility? Reduce stress? This six-week chair yoga course can be enjoyed by everyone, no matter the age or physical limitation. Each class is approximately one hour in length and includes both seated and standing postures. Variations of the movements will be suggested according to ability. Students will learn several stress reducing breathing techniques as well as hand and foot reflexology self care. Please wear comfortable clothing to class. **Note:** Due to topic popularity, participants may take only one yoga course per term.

**Paula Hanke** (pshanke@aol.com) is the creator of *Chair Yoga for a Vital Life* DVD and holds a 500-hour national certification in Kripalu Yoga teacher training. She created and conducted a *Chair Yoga for Seniors* program for the Office of the Aging in New York.

### Shakespeare’s *The Merchant of Venice*: Page and Stage

**CRN # 30061**  
2nd 3 weeks: July 18, 25, Aug. 1  
(note late start date)  
**Thursdays, 2-4 pm**

The *Merchant of Venice* is one of Shakespeare’s most difficult plays, partly because it raises the question of anti-Semitism. We will face that question squarely and reach whatever conclusion the text and our discussion of the text lead us to. The play raises profound and difficult questions, and stage interpretations do not always do justice to the complexities of this play. We will read and discuss the play during the fourth and fifth week of the summer session and then go as a group to see the Montford Park Players production in their Shakespeare in the Park series. Following that, we will discuss the production; if possible, we will meet the director and/or actors to discuss their production. **Required text:** Any good edition of Shakespeare.

**Mario DiCesare** (dicesare1@mindspring.com) has been teaching at the College for Seniors every fall and spring term and most summer and winter terms since 1998. His major interests include, but are not limited to, Homer, Greek drama, Vergil, Dante, Shakespeare, George Herbert, Milton, Renaissance poetry, Gerard Manley Hopkins, modern poetry and fiction, and Joyce.
**Thursday, 2-4 pm continued**

*Shakespeare’s The Tempest: Page and Stage*  
CRN # 30062  
1st 3 weeks: June 20, 27, July 11  
(no class on July 4)  
Thursdays, 2-4 pm

*Shakespeare’s The Tempest: Page and Stage* will be a short course, during the first three weeks of the session. We will participate in intensive class discussions and see the play as produced by the Montford Park Players. If possible, we may also meet with the director and members of the cast to discuss their production. **Required text:** Any good edition of Shakespeare.

*Mario DiCesare* (dicesare1@mindspring.com) has been teaching at the College for Seniors every fall and spring term and most summer and winter terms since 1998. His major interests include but are not limited to Homer, Greek drama, Vergil, Dante, Shakespeare, George Herbert, Milton, Renaissance poetry, Gerard Manley Hopkins, modern poetry and fiction, and James Joyce.

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*Vine to Wine 101*  
CRN # 30063  
4 weeks: June 20, 27, July 11, 18  
(no class on July 4)  
Thursdays, 2-4 pm

This course will include focused wine tastings (red, white, and sparkling wines) and information regarding flavor and aroma, the structure of the wine, as well as how climate and region affect the same varietals. With this information and increased appreciation of wines, participants will be able to shop more intelligently for wines as well as make better decisions when ordering wines out. In the final class, we will take a tour of the Biltmore Winery’s production facility. Please be aware that members of the course must be able to walk and stand for two hours in order to take this private tour.

As an owner/operator of multiple retail outlets and his own restaurant, **Les Norman** (81Wolfhall@gmail.com) traveled to most of the wine producing regions in Europe and the West Coast, spending hundreds of hours in tasting rooms and meeting vintners. Currently he works at the Biltmore Winery and offers private food and wine pairing parties. His experience of over forty years and genuine enthusiasm will make this a rewarding, and tasty, learning experience.

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**Thursday, 2-4:30 pm**

*The British New Wave*  
CRN # 30067  
6 weeks: June 20, 27, July 11, 18, 25, Aug. 1  
(no class on July 4)  
Thursdays, 2-4:30 pm

Britain’s postwar film industry experienced a short-lived “new wave” similar to France’s *nouvelle vague*. Independent directors working on modest budgets took to the streets for location filming, often in poor industrial areas in the north of England, producing films of social realism, many with high artistic qualities and historical importance today. They introduced names soon to become renowned in British cinema. We’ll see and discuss six of the best.

**Doug Cooper** (cdoug38@gmail.com) has taught college English courses in his native Michigan as well as in Missouri, Louisiana, Pennsylvania, and overseas. He has taught film and literature courses at the College for Seniors for the last ten years.

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**Thursday, 2-5 pm**

*A Tour of Summer Cuisines*  
CRN # 30064  
4 weeks: June 20, 27, July 11, 18  
(no class on July 4)  
Thursdays, 2-5 pm  
**Location:** Sherrill Center kitchen

This is a twelve-hour, hands-on course where participants will prepare, cook, and eat the foods that are regionally more available during the summer months. Each class will be based on cuisines of different countries using local, seasonal food: a French country picnic, an Italian Sunday dinner, Indian curry with naan, and Asian dim sum. Knife skills, safety, and sanitation will also be covered. **Food fee:** $60, to be paid to the instructor at the first class.

In addition to a lifetime passion for food, **Liz Lesesne** (elesesne@att.net) has an associate degree in culinary science from the Midwest Culinary Institute. She has catered for weddings, art openings, galas and soirées, organized food experiences in France, and taught classes on both the Atlantic and Pacific coast.

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Lawn Bowling
CRN # 30065
6 weeks: June 21, 28, July 5, 12, 19, 26
Fridays, 9-11 am

Lawn bowling is popular in most English-speaking countries. A three-pound bowl with a built-in bias is rolled 80-100 feet on grass to its target. The game is competitive and social and provides physical exercise. You’ll learn the rules of lawn bowling and how to use the equipment, with lots of hands-on practice. Equipment will be provided by the Asheville Lawn Bowling Club. The first class will be at the Reuter Center; subsequent classes will be at Carrier Park (Amboy Road and Michigan Avenue in West Asheville).

Stan Glickman (stanthe1949man@yahoo.com) retired to Asheville after surviving more than thirty years with the postal service. He has been lawn bowling for seven years and has played in state and local tournaments.

Twentieth Century Western Art
CRN # 30066
6 weeks: June 21, 28, July 5, 12, 19, 26
Fridays, 9-11 am

We will discuss major trends in painting, sculpture, photography, and architecture in Western Europe and North America from 1900-2000. While our focus will be on the artworks, we will also touch on relevant political, social, and cultural trends. In addition to sharing his own views, the instructor will invite students to express ideas and opinions based on their own knowledge and experiences.

Walter A-Akert (aakert@charter.net) has taught art at all grade levels (mostly junior and senior high school) and advanced placement art history for the Elmbrook School District in suburban Milwaukee.

Staying in Touch

OLLI at UNC Asheville offers a wide range of programs, classes, lectures, and other opportunities for learning and community. This catalog offers a snapshot of those offerings, but as our schedule changes and we add programs, it’s important to know where to find the latest information.

Weekly Email Newsletter: Almost every Sunday of the year at noon we send an email newsletter which highlights programming for the coming week and lets our members know about important OLLI news. In addition to our own programs, we highlight a selection of UNC Asheville activities open to the public. We include information about volunteer opportunities both within OLLI and in the wider community. We sometimes promote programming for other organizations if we feel it is of particular interest to our members. Members of our marketing committee contribute a story every month highlighting the interesting personalities and groups that keep OLLI running. If you want to add information to this newsletter, please contact Leanna Preston (lpreston@unca.edu) or Catherine Frank (cfrank@unca.edu).

Website: Our website acts as an archive, a member handbook, and a bulletin board for our members. You can read committee meeting minutes, check out an archive of newsletters and stories about our members, find out how to start a SIG, or check the calendar for the most accurate and timely information about programming. At the “Courses and Workshops” tab, for many courses you can find supplemental materials, including readings and lecture notes and other information that can help you determine whether a course is right for you. Check us out at www.olliasheville.com and let Leanna Preston (lpreston@unca.edu) know if you have suggestions for changes and improvements.

Facebook: We are just beginning to use social media, and our latest annual member survey indicates that an increasing number of you are using Facebook. Our Facebook page is www.facebook.com/OLLIAsheville. Like us! If you would like to help us increase our social media presence, please contact Catherine at cfrank@unca.edu.

Up close and personal: While these online tools help us stay in touch as we grow, we still use the kiosks, bulletin boards, and a variety of signs in the Reuter Center for everything from posting daily classroom schedules to letting you know about opportunities for international travel. The staff’s greatest joy is the opportunity to talk to you. We value meeting our members, hearing about their latest concerns and triumphs, and working together to make OLLI at UNC Asheville a place to call home. Come see us in the office on the upper level of the Reuter Center.
Appalachian Studies
Music Series

The Appalachian region is known for embracing musical traditions that have flourished ever since the first settlers introduced them. Join us as we present the finest examples of music that typifies our region: bluegrass, Celtic, and traditional/old time. Performances will be from 3-5 pm in the Manheimer Room at the Reuter Center. These performances are free and open to the public. Tickets will be available in the Reuter Center office beginning July 1; limit two tickets per person. Performers will have CDs for sale on performance days.

July 14—Buncombe Turnpike
Buncombe Turnpike is comprised entirely of western North Carolina natives. The group takes its name from the historic thoroughfare that ran through the mountains of western North Carolina from Greeneville, Tennessee to Greenville, South Carolina, in the 1800s. The band plays a variety of tunes ranging from traditional and contemporary bluegrass to gospel and hand-crafted originals. With their crowd pleasing demeanor, seasoned musicianship, and powerful vocals, the band has made a name for itself among traditional and contemporary listeners alike. They have opened for Marty Stuart, Sam Bush, and Doyle Lawson and Quicksilver. The group has recorded four albums, receiving critical acclaim from Bluegrass Unlimited.

July 21—John Doyle
In 1994 John Doyle brought his brilliant and innovative guitar stylings to the nascent Irish super-group Solas, which soon took the folk and Celtic music worlds by storm. As a member of Solas, John performed internationally to sold-out audiences and appeared on many television and radio programs, including NBC’s The Today Show, A Prairie Home Companion, Mountain Stage, E-Town, and World Café. In the years since going out on his own, John has recorded two solo albums, including Wayward Son, which The Irish Edition hailed as “a contender for Album of the Year.” Doyle has become a highly sought-after accompanist and session player for the likes of Joan Baez, Eileen Ivers, Tim O’Brien, Linda Thompson, Seamus Egan, Alison Brown, and Kate Rusby. More information about John can be found at johndoylemusic.com

July 28—Tom and Alice
Tom Sauber does it all, and you won’t hear anyone do it better. He’s a master musician in a variety of styles, a multi-instrumentalist (banjo, fiddle, guitar, and mandolin) and singer, well grounded in tradition, with a comprehensive grasp of style and an exceptional ability. Tom has devoted thirty-plus years to playing traditional music, and has been associated with a cast of characters that reads like a Who’s Who of old-time, bluegrass, and Cajun music. He hosted a radio show for twelve years in Los Angeles and has played and recorded with the likes of Byron Berline, John Hickman, Skip Gorman, Mark Graham, Weird Al Yankovic, and many others.

Alice Gerrard is a talent of legendary status. In a career spanning some forty years, she has known, learned from, and performed with many of the old-time and bluegrass greats and has in turn earned worldwide respect for her own important contributions to the music. She is particularly known for her groundbreaking collaboration with Appalachian singer Hazel Dickens during the 1960s and ’70s. Their CDs influenced scores of young women singers. Her solo albums have been critically acclaimed in Billboard, Bluegrass Unlimited, New Country, and other publications, and showcase her many talents: her compelling, eclectic songwriting, her powerful vocals, and her instrumental mastery.

Longtime friends, Tom and Alice perform most often with Brad Leftwich, but also enjoy performing as a duo: country duets, fiddle-banjo tunes, original songs—a wide variety from the vast repertoire that is traditional American music of the South.
I would confidently wager that every OLLI in the United States has at some point asked itself the question, “How do we get X, Y, and/or Z to come to our programs?”—XYZ being African Americans, or Asians, or Latinos, or “locals,” or people who did not attend college—whatever groups represent diversity in that particular community.

It’s no wonder that OLLIs are struggling with this issue. The generations of members leading and attending OLLIs today are the same ones who lived through the social upheavals of the 1950s and 1960s, became sensitized to racism and classism, and retired from careers in which they had to grapple with diversity issues in their workplaces. Layered onto that is the personal belief among participants that staying active, engaged and learning new things is good—an idea supported by research that finds social engagement, physical activity, and intellectual stimulation can actually lessen or at least delay some of the decline in old age.

All of that adds up to a bunch of people having a lot of often life-changing fun at OLLI who want to “share the wealth” of experience with as many people as possible across all ethnic and economic spectrums. But that is a challenging task, for several reasons:

- **Just because we think we are friendly and inclusive, doesn’t mean we actually are.** The old saying “birds of a feather flock together” is true, whether intentionally or not. It takes real effort to truly welcome newcomers into a group and help them feel comfortable.

- **It takes a pioneering spirit to be different.** To be the only African American, or Asian, or high school graduate sitting in a classroom with a group of people different from you takes guts, especially if that group has been together before and appear to all know each other. That pioneer may also face some well-entrenched, often unconscious, classism or racism in group discussions or even from individuals.

- **Marketing is not one-size-fits-all.** Outreach that works with members of one socioeconomic/ethnic/racial/cultural group may not work with others an OLLI is trying to target. It’s important to reach people where they are with language and images that look like where they might want to be.

- **The best marketing for OLLI is word of mouth.** Friends bring friends. Diversity initiatives and marketing campaigns raise awareness and create buzz, but most people will be motivated to sign up for OLLI because they know people who have had good experiences, or because they meet people who seem like them and who have good experiences.

- **Not everyone wants to pursue more education.** There are many people in this country who did not like school or had bad experiences in school. I’ve stood at senior fairs handing brochures to people who have said to me, “No thanks, I’ve learned everything I want to know.”

Essentially, I think outreach strategies for lifelong learning institutes need to be based on four main ideas, with the cautionary note that these are four ideas for now. After all, outreach is a work in progress. We will learn from our successes and mistakes and must adapt accordingly.

1. **Look inside before looking outside.** Is the organization truly ready to be inclusive? I recently sat in on a diversity discussion at an OLLI with one African American in the room. At one point someone turned to her and asked, “Have you brought your friends to OLLI?” She had the guts to say, “Frankly, no. I love the classes and will go anywhere to learn, but a lot of my friends would not be comfortable here. You people are not as inclusive as you think. One day I sat down in class and the woman next to me got up and moved.” She also talked about the subtle ways that class discussions could exclude people from backgrounds different from the white, educated, middle-class OLLI majority.

2. **Changing the nature of the classes being offered is not the way to go.** The people you are targeting are going to want the same learning experiences that you enjoy. There may be some things that you will find appealing to more of the group you are trying to target. For example, in Maine an interesting local history course seems to appeal to the locals, so that is something worth capitalizing on. But that local history course is something we would offer anyway because it is a good and popular course among the “people from away,” too.

3. **Know that whatever you do, most outreach will happen one participant at a time.** You will build slowly. Find out what works and do more of it. Do you need to market differently? Where does the target group hang out? What and who will speak to them? How can you encourage friends to bring friends? Some OLLIs print business cards with the office contact information on them so members have something in their pockets or purses to give out to people they meet. Others have organized “bring a friend” events, or offered a free class session to friends who accompany members.

4. **When you run into people who hate school, let them.** Lifelong learning is not going to appeal to everyone and you need to make peace with that so that you don’t give up on outreach entirely. Achieving true diversity in any organization is very difficult but the struggle is worth it for the richness brought to everyone’s lives.
OLLI Thrives on Generosity

Some social scientists and fund raising professionals distinguish the words “philanthropy” (which derives from the Greek and is roughly translated as “love of humanity”) and “charity” (which derives from the Latin caritas and is seen as a general loving kindness to others). Both words refer to private initiatives to achieve public good. Philanthropy is usually described as longer range, bigger in scope, and more strategic in its initiatives, while charity is most often offered to relieve an immediate need. Billionaires make news when they sign “the giving pledge” initiated by Bill Gates and Warren Buffet, an agreement to give away at least half of their wealth to charitable causes. Those of us with fewer billions give to charitable causes to aid victims of disaster or to alleviate hunger; we also want to do something to help. Both philanthropy and charity require generosity, giving without expecting anything in return, and it is through a variety of forms of generosity that OLLI at UNC Asheville survives and thrives. In unique ways, the generosity of our members has a positive benefit for them as well.

OLLI at UNC Asheville has benefited from philanthropy in the traditional sense. A $1.75 million gift to fund construction of our building and a $1 million endowment from the Janirve Foundation allowed us to create a home that represents the solidarity and sustainability of our programs. Irving Reuter and his wife Jeannett retired early in life after Irving built a career and a fortune in the early development of the automobile industry in Michigan. He was an inventor who created a number of patents and an astute manager, charged with retooling the auto industry for war-time production. The Reuters moved from Michigan, first to Florida and then to Asheville, where they saw great need and created the Janirve Foundation to focus their philanthropy on grants to colleges and universities and support for human services, including family services, child welfare, and housing, hospitals, health associations, and projects involving community development. Over its 25-year existence, the foundation contributed over $100 million to improve the lives of people in Western North Carolina. The Janirve Foundation’s gift and the endowment for the NC Center for Creative Retirement (NCCCCR now OLLI) ensure our program’s presence on the UNC Asheville campus and allow us to sustain and grow our offerings to the community.

In 2012, after the award of a $100,000 grant and a $2 million endowment, the NC Center for Creative Retirement became part of the nationwide Osher Lifelong Learning Institute network of 117 unique organizations, a network that has benefited from the philanthropy of Bernard Osher. Mr. Osher made his fortune in the thrift industry and fine art auction houses. The Osher Foundation was organized in 1977 with a goal to improve quality of life through support for higher education and the arts. Around the year 2000, Osher, then in his late 70s, visited Maine and found that many of the people he had grown up with were active and engaged in programs for lifelong learning, while those who were not engaged felt isolated, without direction or purpose. He envisioned a network of lifelong learning programs in all 50 states, and his personal experiences led to a philanthropic effort that will have a long-term impact in shifting our vision of the possibility of positive aging. Bernard Osher and his wife Barbro are among the billionaires who have signed the giving pledge. They take personal pleasure in the goals they are able to achieve through their generosity. Mr. Osher, now well into his 80s, enhances his daily exercise regimen by reading letters from people whose lives have been changed by the lifelong learning programs he funds. While he does not give with the expectation of a return, giving clearly invigorates him.

In the front hallway of the Reuter Center, we have a “wall of honor” that commemorates the more than 125 individuals and couples who made donations of over $5000 to support NCCCCR’s mission “to involve older adults in lifelong learning, personal enrichment, community service, and intergenerational activities.” A group of wonderful volunteers worked with the university’s advancement office to raise funds to give their community a home and ensure the ongoing presence of the program on the UNC Asheville campus. These gifts continue to enable “students of all ages to find meaning in their lives and to take their places as contributing citizens of a changing society” and to foster the ambition to “serve the nation as a laboratory for innovative learning, enrichment, and service programs for mature adults and intergenerational groups.” Every year, we also post a Scroll of Donors with the names of members who contribute to our Annual Fund to sustain the work that earlier generations of members began.

Philanthropy from large foundations and charitable donations from individuals have made the initial dream of programs and a home into reality. We applaud this grand vision and the execution of these plans, at the same time that we know that the philanthropists and donors who contributed to the NC Center for Creative Retirement and OLLI at UNC Asheville see their contributions multiplied by the daily generosity of our members. Hundreds of people volunteer their time and talent to run committees, teach courses, organize special interest groups, provide hospitality, and facilitate workshops. Every dollar invested is matched by priceless contributions of time volunteered and ideas shared.

We recently were part of a study of the university’s economic impact on the region. 60% of our members indicate that the existence of OLLI played an important role in their decision to relocate to the region. Our members eat at local restaurants, drink at local brew pubs, go to concerts, purchase crafts and local produce, buy and renovate houses, and volunteer hundreds of hours to the community. They have a positive economic impact. The greatest impact, however, may be in contributing to an image of the possibility of creative retirement and active aging that keeps Asheville on the various lists of great places to retire and age successfully. Anyone who gathers to play backgammon in the atrium or brings a book for the book swap shelf, anyone who nods in appreciation of a wise comment or laughs at a witty remark, gives to others at the Center probably without realizing the impact they have. Yet in giving generously, everyone helps to create a program that benefits us all by enacting a shared vision of a new way of looking at life after work, as a time not only of leisure and relaxation but of vitality and generosity. Here’s to our next 25 years of dreaming, doing, and giving.
A Call to Action

OLLI at UNC Asheville’s Civic Engagement Committee presents its June program for the Call to Action series

Local Food: The Default, Not the Exception

*With Emily Jackson of the Appalachian Sustainable Agriculture Project (ASAP)*

Friday, June 21, 11:30 am – 1:30 pm in the Manheimer Room at the Reuter Center

This program is free and open to the public

ASAP has a mission “to help local farms thrive, link farmers to markets and supporters, and build healthy communities through connections to local food.” If you have ever consulted the online or print *ASAP Local Food Guide* to discover where to buy shares in a Community Sponsored Agriculture (CSA) program or find the best local tomatoes, if you enjoy going to the Asheville City Market or any of the 22 tailgate markets that are part of the Mountain Tailgate Market Association, if you have participated in one of the Family Farm Tours when Western North Carolina farmers “open their doors and their barns to offer enriching on-farm experiences,” then you have benefited from the work of ASAP’s Local Food Campaign, which has been a national model for increasing awareness and sales of local foods.

Emily Jackson is the director for ASAP’s *Growing Minds Farm to School Program* which takes ASAP’s work to schools, pre-schools, and Head Start Centers to build appreciation for local food among younger children. They provide resources to allow teachers to educate about where food comes from and to develop lifelong healthy eating habits. They match chefs to classrooms for cooking demonstrations that introduce children to the wonders of locally grown foods and are a leader for the Southeast of the National Farm to School Network that promotes policy initiatives related to school food.

Emily has been an engaging speaker for our Leadership Asheville Seniors program, and she will talk to us about opportunities to be involved in ASAP’s work and also the reasons that personal decisions to buy and eat local food can make a meaningful difference for the issues of hunger and food insecurity.

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Adverse Weather Policy

OLLI classes, events, meetings, and other activities will be canceled or delayed when UNC Asheville classes are canceled or delayed for adverse weather. OLLI members should consult the UNC Asheville website at www.unca.edu or the university’s Snow Line at 828-259-3050 to receive the latest information regarding University Adverse Weather and Emergency Bulletins. By 8 am on bad weather days, the OLLI staff will post specific program information on our outgoing messages at 828-251-6140 or 828-251-6188. We will, if at all possible, send an email to OLLI members by 8 am regarding OLLI cancellations, closings, and delays. Please remember that ours is a program of learning for the love of it. If the weather is bad where you are, please use your judgment about whether you can travel safely.
Parking permits are required on all vehicles.
Visitors may register vehicles at the Reuter Center reception desk, room 208.

**Campus Map Key**

**CAMPUS BUILDINGS**
1. Belk Theatre (BEL)
2. Brumit Pisgah House (BPH)
3. Carmichael Hall (CAR)
4. Communication & Marketing (COM)
5. Glasshouse (GLA)
6. Highsmith Union (HIG)
7. Humanities Lecture Hall (HLH)
8. Justice Center (JUS)
9. Karpen Hall (KAR)
10. Lipinsky Hall (LIP)
11. Millar Facilities Complex (MFC)
12. New Hall (NEW)
13. Owen Hall (OWE)
14. Phillips Hall (PHI)
15. Ramsey Library (RAM)
16. Reuter Center (REU)
17. Roades/Robinson Hall (RRO)
18. Sherrill Center (SHE)
19. Student Recreation Center (SRC)
20. University Hall (Dining Hall) (UNI)
21. Vance Hall (VAN)
22. Weizenblatt Hall (Health Center) (WEI)
23. Zageir Hall (ZAG)
24. Zeis Hall (ZEI)

**CAMPUS OUTDOOR SPACES**
25. A.C. Reynolds Green
26. Botanical Gardens
27. Greenwood Fields
28. Mullen Park
29. Ropes Course
30. Reed Plaza
31. Strauss Track
32. University Quadrangle

**RESIDENCE HALLS**
33. Ashe Hall (ASH)*
34. Founders Hall (FOU)
35. Gardner Hall (GAR)*
36. Governors Hall (GOV)
37. Governors Village*
38. Hoey Hall (HOE)*
39. Mills Hall (MIL)
40. Moore Hall (MOO)*
41. Scott Hall (SCO)*
42. South Ridge (SOU)
43. West Ridge (WES)

*Governors Village includes: Ashe, Gardner, Hoey, Moore and Scott Halls.
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Don’t Use Email?
Please call or visit the Center frequently to stay informed.